Table T130-F

Mondays to Fridays

18 May to 11 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

Miles	Miles	Miles	Miles	Miles			AW MX A	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW B	AW	AW C	AW D	AW C	AW E
0	—	—	—	—	**Treherbert**	d											05 40						06 16	06 16	
0½	—	—	—	—	Ynyswen	d											05 42						06 18	06 18	
1¼	—	—	—	—	Treorchy	d											05 45						06 21	06 21	
2¾	—	—	—	—	Ton Pentre	d											05 48						06 24	06 24	
3¼	—	—	—	—	Ystrad Rhondda	a											05 50						06 26	06 26	
—	—	—	—	—		d											05 52						06 28	06 28	
4½	—	—	—	—	Llwynypia	d											05 54						06 30	06 30	
5½	—	—	—	—	Tonypandy	d											05 57						06 33	06 33	
6	—	—	—	—	Dinas Rhondda	d											05 59						06 35	06 35	
7½	—	—	—	—	Porth	a											06 02						06 38	06 38	
—	—	—	—	—		d											06 03						06 39	06 39	
8¾	—	—	—	—	Trehafod	d											06 06						06 42	06 42	
—	—	0	—	—	**Merthyr Tydfil**	d															06 08				
—	—	1½	—	—	Pentre-bach	d															06 12				
—	—	2¾	—	—	Troed Y Rhiw	d															06 15				
—	—	4½	—	—	Merthyr Vale	a															06 18				
—	—	—	—	—		d															06 20				
—	—	6¾	—	—	Quakers Yard	d															06 25				
—	—	—	—	0	**Aberdare**	d													05 51						
—	—	—	—	1½	Cwmbach	d													05 54						
—	—	—	—	2¾	Fernhill	d													06 02						
—	—	—	—	3¾	Mountain Ash	a													06 05						
—	—	—	—	—		d													06 06						
—	—	—	—	5	Penrhiwceiber	d													06 09						
—	—	8¼	—	7¾	Abercynon	d													06 16		06 30				
10¾	—	11½	—	11	**Pontypridd** 3	a											06 11		06 24		06 38		06 48	06 48	
—	—	—	—	—		d					05 18						06 12		06 24		06 38		06 48	06 48	
11½	—	—	—	—	Trefforest	d					05 21						06 15		06 27		06 41		06 51	06 51	
14	—	—	—	—	Trefforest Estate	d					05 25										06 45				
16¼	—	—	—	—	Taffs Well	d					05 29						06 22		06 34		06 49		06 58	06 58	
18¼	—	—	0	—	Radyr 3	a					05 33						06 26		06 38		06 53		07 02	07 02	
—	—	—	—	—		d					05 33						06 26		06 38		06 53		07 02	07 02	07 03
—	—	—	1½	—	Danescourt	d																			07 07
—	—	—	2	—	Fairwater	d																			07 09
—	—	—	2¼	—	Waun-gron Park	d																			07 11
—	—	—	3¾	—	Ninian Park	d																			07 14
19¼	—	—	—	—	Llandaf	d					05 36						06 29		06 41		06 56		07 05	07 05	
21¾	—	—	—	—	Cathays	d					05 40						06 34		06 46		07 01		07 10	07 10	
—	0	—	—	—	**Rhymney** 3	d																06 12			
—	1	—	—	—	Pontlottyn	d																06 15			
—	3½	—	—	—	Tir-phil	d																06 19			
—	4½	—	—	—	Brithdir	d																06 22			
—	6	—	—	—	Bargoed	a																06 26			
—	—	—	—	—		d																06 27			
—	6½	—	—	—	Gilfach Fargoed	d																06 29			
—	7½	—	—	—	Pengam	d																06 32			
—	9¼	—	—	—	Hengoed	d																06 36			
—	10½	—	—	—	Ystrad Mynach	d																06 39			
—	13	—	—	—	Llanbradach	d																06 44			
—	14¼	—	—	—	Energlyn & Churchill Park	d																06 48			
—	15	—	—	—	Aber	d																06 50			
—	15¾	—	—	—	Caerphilly	d									06 11							06 54			
—	18¼	—	—	—	Lisvane & Thornhill	d									06 15							06 58			
—	19¼	—	—	—	Llanishen	d									06 17							07 00			
—	20¼	—	—	—	Heath High Level	d									06 20							07 03			
—	—	0	—	—	**Coryton**	d														06 45					
—	—	0½	—	—	Whitchurch (Cardiff)	d														06 46					
—	—	0¾	—	—	Rhiwbina	d														06 48					
—	—	1¼	—	—	Birchgrove	d														06 50					
—	—	1½	—	—	Ty Glas	d														06 51					
—	—	2¼	—	—	Heath Low Level	d														06 54					
22½	22¾	4¾	—	—	**Cardiff Queen Street** 3	a					05 45				06 26		06 38		06 50	07 00	07 05	07 08	07 14	07 14	
—	—	—	—	—		d	00 01				05 45				06 26		06 38		06 50	07 01	07 05	07 10	07 14	07 15	
23	23¼	—	4¾	—	**Cardiff Central** 7	a	00 05				05 49				06 30		06 42		06 55	07 05	07 09	07 15	07 18	07 19	07 20
—	—	—	—	—		d		05 20	05 42	05 46	05 55	06 16	06 25	06 36	06 40			06 57	07 01		07 10	07 19	07 19		
24	24¼	—	—	—	Grangetown	d		05 24	05 46	05 50	05 59	06 20	06 29	06 40	06 44			07 01	07 05		07 14	07 23	07 23		
—	26¾	—	—	—	Dingle Road	d				05 54		06 24		06 44					07 11			07 27	07 27		
—	27	—	—	—	**Penarth**	a				05 59		06 29		06 49					07 16			07 31	07 31		
25¾	—	—	—	—	Cogan	d		05 28	05 49		06 03		06 33		06 48			07 04			07 18				
26½	—	—	—	—	Eastbrook	d		05 30	05 52		06 05		06 35		06 51			07 07			07 20				
27½	—	—	—	—	Dinas Powys	d		05 32	05 54		06 07		06 37		06 53			07 09			07 22				
29½	—	—	—	—	Cadoxton	d		05 36	05 58		06 11		06 41		06 57			07 13			07 26				
30¼	—	—	—	—	Barry Docks	d		05 39	06 01		06 14		06 44		07 00			07 15			07 29				
31½	—	0	—	—	**Barry** 3	d		05 43	06 05		06 18		06 48		07 05			07 19			07 33				
32¼	—	—	—	—	**Barry Island**	a		05 48			06 24		06 54					07 25			07 39				
—	—	3¼	—	—	Rhoose Cardiff Int Airport ✈	d			06 12						07 12										
—	—	9¾	—	—	Llantwit Major	d			06 23						07 22										
—	—	19	—	—	**Bridgend**	a			06 39						07 39										

A From Cardiff Bay
B To Radyr
C from 3 August
D until 31 July
E To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

18 May to 11 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

			AW	AW	AW A	AW	AW	AW B	AW	AW	AW		AW	AW A	AW	AW	AW B	AW	AW	AW	AW		AW A	AW	AW B
Treherbert	d									06 46								07 16							
Ynyswen	d									06 48								07 18							
Treorchy	d									06 51								07 21							
Ton Pentre	d									06 54								07 24							
Ystrad Rhondda	a									06 56								07 26							
	d									06 58								07 28							
Llwynypia	d									07 00								07 30							
Tonypandy	d									07 03								07 33							
Dinas Rhondda	d									07 05								07 36							
Porth	a									07 08								07 39							
	d									07 09								07 40							
Trehafod	d									07 12								07 43							
Merthyr Tydfil	d					06 38									07 08									07 38	
Pentre-bach	d					06 42									07 12									07 42	
Troed Y Rhiw	d					06 45									07 15									07 45	
Merthyr Vale	a					06 48									07 18									07 48	
	d					06 50									07 20									07 50	
Quakers Yard	d					06 55									07 25									07 55	
Aberdare	d		06 21								06 51								07 21						
Cwmbach	d		06 24								06 54								07 24						
Fernhill	d		06 28								06 58								07 28						
Mountain Ash	a		06 32								07 02								07 32						
	d		06 34								07 04								07 34						
Penrhiwceiber	d		06 38								07 08								07 38						
Abercynon	d		06 45			07 00					07 15				07 30				07 45					08 00	
Pontypridd 3	a		06 54			07 07				07 19	07 24				07 38			07 49	07 55					08 08	
	d		06 54			07 08				07 19	07 24				07 38			07 49	07 55					08 08	
Trefforest	d		06 57			07 11				07 22	07 27				07 41			07 52	07 58					08 11	
Trefforest Estate	d					07 15									07 45									08 15	
Taffs Well	d		07 04			07 19				07 29	07 34				07 49			07 59	08 05					08 19	
Radyr 3	a		07 08			07 23				07 33	07 38				07 53			08 03	08 09					08 23	
	d		07 08			07 23		07 33		07 33	07 38				07 53		08 03	08 03	08 09	08 13				08 23	08 33
Danescourt	d							07 37									08 07								08 37
Fairwater	d							07 39									08 09								08 39
Waun-gron Park	d							07 41									08 11								08 41
Ninian Park	d							07 44									08 14								08 44
Llandaf	d		07 11			07 26				07 36	07 41				07 56			08 06		08 16				08 26	
Cathays	d		07 16			07 31				07 40	07 46				08 01			08 11	08 15	08 20				08 31	
Rhymney 3	d			06 32									07 00								07 24				
Pontlottyn	d			06 35									07 03								07 27				
Tir-phil	d			06 40									07 08								07 31				
Brithdir	d			06 42									07 10								07 34				
Bargoed	a			06 46									07 15								07 39				
	d			06 46			07 02						07 15			07 32					07 43				
Gilfach Fargoed	d						07 04						07 18								07 46				
Pengam	d			06 51			07 07						07 20			07 37					07 49				
Hengoed	d			06 54			07 10						07 24			07 40					07 53				
Ystrad Mynach	d			06 57			07 13						07 27			07 43					07 56				
Llanbradach	d			07 01			07 18						07 31			07 48					08 01				
Energlyn & Churchill Park	d			07 05									07 35								08 05				
Aber	d			07 07			07 22						07 38			07 52					08 08				
Caerphilly	d			07 10			07 25						07 40			07 55					08 11				
Lisvane & Thornhill	d			07 14			07 29						07 45			07 59					08 16				
Llanishen	d			07 16			07 31						07 47			08 01					08 18				
Heath High Level	d			07 19			07 34						07 50			08 04					08 21				
Coryton	d				07 15									07 45									08 15		
Whitchurch (Cardiff)	d				07 16									07 46									08 16		
Rhiwbina	d				07 18									07 48									08 18		
Birchgrove	d				07 20									07 50									08 20		
Ty Glas	d				07 21									07 51									08 21		
Heath Low Level	d				07 24									07 54									08 24		
Cardiff Queen Street 3	a		07 20	07 25	07 31	07 35	07 40			07 45	07 50		07 56	08 00	08 05	08 10		08 15	08 20	08 25	08 28		08 31	08 35	
	d		07 21	07 26	07 31	07 36	07 41			07 46	07 51		07 56	08 01	08 06	08 11		08 15	08 20	08 25	08 28		08 32	08 36	
Cardiff Central 7	a		07 25	07 30	07 35	07 40	07 45	07 50		07 51	07 55		08 00	08 05	08 10	08 15	08 20	08 21	08 24	08 29	08 32		08 36	08 40	08 50
	d		07 25	07 32		07 42	07 46		07 51		07 55		08 01		08 10	08 18			08 25		08 33			08 41	
Grangetown	d		07 29	07 36		07 46	07 50				07 59		08 06		08 14	08 22			08 29		08 37			08 45	
Dingle Road	d			07 42			07 56						08 11			08 27					08 41				
Penarth	a			07 46			08 01						08 15			08 30					08 46				
Cogan	d		07 33			07 49					08 03				08 18				08 33					08 48	
Eastbrook	d		07 35			07 52					08 05				08 20				08 35					08 51	
Dinas Powys	d		07 37			07 54					08 07				08 22				08 37					08 53	
Cadoxton	d		07 41			07 58					08 11				08 26				08 41					08 57	
Barry Docks	d		07 44			08 01					08 14				08 29				08 44					09 00	
Barry 3	d		07 48			08 05			08a11		08 18				08 33				08 48					09 05	
Barry Island	a		07 54								08 24				08 39				08 53						
Rhoose Cardiff Int Airport ✈	d					08 12																		09 12	
Llantwit Major	d					08 22																		09 22	
Bridgend	a					08 39																		09 39	

A To Radyr **B** To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

18 May to 11 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW	AW	AW A	AW	AW		AW B	AW	AW	AW	AW A	AW	AW	AW B	AW		AW	AW C	AW D	AW A	AW	AW D	AW C
Treherbert	d	07 45								08 16							08 46								
Ynyswen	d	07 47								08 18							08 48								
Treorchy	d	07 51								08 21							08 51								
Ton Pentre	d	07 54								08 24							08 54								
Ystrad Rhondda	a	07 56								08 26							08 56								
	d	07 58								08 28							08 58								
Llwynypia	d	08 00								08 30							09 00								
Tonypandy	d	08 03								08 33							09 03								
Dinas Rhondda	d	08 05								08 35							09 05								
Porth	a	08 08								08 38							09 08								
	d	08 09								08 39							09 09								
Trehafod	d	08 12								08 42							09 12								
Merthyr Tydfil	d					08 08								08 38									09 08		
Pentre-bach	d					08 12								08 42									09 12		
Troed Y Rhiw	d					08 15								08 45									09 15		
Merthyr Vale	a					08 18								08 48									09 18		
	d					08 20								08 50									09 20		
Quakers Yard	d					08 25								08 55									09 25		
Aberdare	d		07 51								08 21								08 51						
Cwmbach	d		07 54								08 24								08 54						
Fernhill	d		07 58								08 28								08 58						
Mountain Ash	a		08 02								08 32								09 02						
	d		08 04								08 34								09 04						
Penrhiwceiber	d		08 08								08 38								09 08						
Abercynon	d		08 15			08 30					08 45			09 00					09 15				09 30		
Pontypridd 3	a	08 19	08 24			08 38				08 49	08 54			09 08			09 19		09 24				09 38		
	d	08 19	08 24			08 38				08 49	08 54			09 08			09 19		09 24				09 38		
Trefforest	d	08 22	08 27			08 41				08 52	08 57			09 11			09 22		09 27				09 41		
Trefforest Estate	d					08 45								09 15									09 45		
Taffs Well	d	08 29	08 34			08 49				08 59	09 04			09 19			09 29		09 34				09 49		
Radyr 3	a	08 33	08 38			08 53				09 03	09 08			09 23			09 33		09 38				09 53		
	d	08 33	08 38			08 53			09 03	09 03	09 08			09 23		09 33	09 33		09 38				09 53		
Danescourt	d								09 07							09 37									
Fairwater	d								09 09							09 39									
Waun-gron Park	d								09 11							09 41									
Ninian Park	d								09 14							09 44									
Llandaf	d	08 36	08 41			08 56				09 06	09 11			09 26			09 36		09 41				09 56		
Cathays	d	08 41	08 46			09 01				09 11	09 16			09 31			09 40		09 46				10 01		
Rhymney 3	d											08 33													
Pontlottyn	d											08 36													
Tir-phil	d											08 40													
Brithdir	d											08 43													
Bargoed	a											08 47													
	d			08 14			08 32					08 47			09 00					09 17				09 25	09 32
Gilfach Fargoed	d			08 17																09 19					
Pengam	d			08 19			08 37					08 52			09 04					09 22				09 30	09 37
Hengoed	d			08 23			08 40					08 55			09 08					09 25				09 34	09 40
Ystrad Mynach	d			08 26			08 43					08 58			09 11					09 28	09 28			09 39	09 43
Llanbradach	d			08 30			08 48					09 03			09 15					09 33	09 33			09 44	09 48
Energlyn & Churchill Park	d			08 34											09 19										
Aber	d			08 36			08 52					09 07			09 21					09 37	09 37			09 49	09 52
Caerphilly	d			08 40			08 55					09 10			09 25					09 40	09 40			09 54	09 55
Lisvane & Thornhill	d			08 44			08 59					09 14			09 29					09 44	09 44			09 59	09 59
Llanishen	d			08 46			09 01					09 16			09 31					09 46	09 46			10 01	10 01
Heath High Level	d			08 49			09 04					09 19			09 34					09 49	09 49			10 04	10 04
Coryton	d				08 45								09 15									09 45			
Whitchurch (Cardiff)	d				08 46								09 16									09 46			
Rhiwbina	d				08 48								09 18									09 48			
Birchgrove	d				08 50								09 20									09 50			
Ty Glas	d				08 51								09 21									09 51			
Heath Low Level	d				08 54								09 24									09 54			
Cardiff Queen Street 3	a	08 45	08 50	08 55	09 00	09 05	09 10			09 15	09 20	09 25	09 30	09 35	09 40		09 45		09 50	09 55	09 55	10 00	10 05	10 10	10 10
	d	08 46	08 51	08 56	09 01	09 06	09 11			09 16	09 21	09 26	09 31	09 36	09 41		09 46		09 51	09 56	09 56	10 01	10 06	10 11	10 11
Cardiff Central 7	a	08 50	08 55	09 00	09 05	09 10	09 15		09 20	09 21	09 25	09 30	09 35	09 40	09 45	09 50	09 51		09 55	10 00	10 00	10 05	10 10	10 15	10 15
	d		08 55	09 01		09 10	09 16				09 25	09 31		09 41	09 48				09 55	10 01	10 01		10 10	10 16	10 16
Grangetown	d		08 59	09 05		09 14	09 22				09 29	09 37		09 45	09 52				09 59	10 07	10 07		10 14	10 22	10 22
Dingle Road	d			09 11			09 26					09 41			09 56					10 11	10 11			10 26	10 26
Penarth	a			09 16			09 31					09 46			10 01					10 16	10 16			10 31	10 31
Cogan	d		09 03			09 18					09 33			09 48					10 03				10 18	
Eastbrook	d		09 05			09 20					09 35			09 51					10 05				10 20	
Dinas Powys	d		09 07			09 22					09 37			09 53					10 07				10 22	
Cadoxton	d		09 11			09 26					09 41			09 57					10 11				10 26	
Barry Docks	d		09 14			09 29					09 44			10 00					10 14				10 29	
Barry 3	d		09 18			09 33					09 48			10 05					10 18				10 33	
Barry Island	a		09 24			09 39					09 54								10 24				10 39		
Rhoose Cardiff Int Airport ✈	d													10 12											
Llantwit Major	d													10 22											
Bridgend	a													10 39											

A To Radyr
B To Coryton
C until 11 September
D from 14 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

18 May to 11 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW A	AW		AW	AW	AW B	AW	AW	AW A	AW	AW	AW		AW C	AW D	AW B	AW	AW D	AW C	AW A	AW	AW		AW
Treherbert	d		09 16								09 46														10 16
Ynyswen	d		09 18								09 48														10 18
Treorchy	d		09 21								09 51														10 21
Ton Pentre	d		09 24								09 54														10 24
Ystrad Rhondda	a		09 26								09 56														10 26
	d		09 28								09 58														10 28
Llwynypia	d		09 30								10 00														10 30
Tonypandy	d		09 33								10 03														10 33
Dinas Rhondda	d		09 35								10 05														10 35
Porth	a		09 38								10 08														10 38
	d		09 39								10 09														10 52
Trehafod	d		09 42								10 12														10 55
Merthyr Tydfil	d							09 38					10 04												
Pentre-bach	d							09 42					10 08												
Troed Y Rhiw	d							09 45					10 11												
Merthyr Vale	a							09 48					10 14												
	d							09 50					10 15												
Quakers Yard	d							09 55					10 21												
Aberdare	d				09 21							09 51										10 21			
Cwmbach	d				09 24							09 54										10 24			
Fernhill	d				09 28							09 58										10 28			
Mountain Ash	a				09 32							10 02										10 32			
	d				09 34							10 04										10 34			
Penrhiwceiber	d				09 38							10 08										10 38			
Abercynon	d				09 45			10 00				10 15	10 25									10 45			
Pontypridd 3	a		09 49		09 54			10 08			10 19	10 24	10 33									10 54			11 01
	d		09 49		09 54			10 08			10 19	10 24						10 39				10 54			11 04
Trefforest	d		09 52		09 57			10 11			10 22	10 27						10 42				10 57			11 07
Trefforest Estate	d							10 15																	
Taffs Well	d		09 59		10 04			10 19			10 29	10 34						10 49				11 04			11 14
Radyr 3	a		10 03		10 08			10 23			10 33	10 38						10 53				11 08			11 19
	d	10 03	10 03		10 08			10 23		10 33	10 33	10 38						10 53			11 03	11 08			11 21
Danescourt	d	10 07								10 37											11 07				
Fairwater	d	10 09								10 39											11 09				
Waun-gron Park	d	10 11								10 41											11 11				
Ninian Park	d	10 14								10 44											11 14				
Llandaf	d		10 06		10 11			10 26			10 36	10 41						10 56				11 11			
Cathays	d		10 10		10 16			10 31			10 40	10 46						11 01				11 16			
Rhymney 3	d					09 27																	10 27		
Pontlottyn	d					09 30																	10 30		
Tir-phil	d					09 35																	10 35		
Brithdir	d					09 37																	10 37		
Bargoed	a					09 43																	10 43		
	d					09 44			10 00						10 17				10 25	10 32			10 44		
Gilfach Fargoed	d														10 19										
Pengam	d					09 49			10 04						10 22				10 30	10 37			10 49		
Hengoed	d					09 53			10 08						10 25				10 34	10 40			10 53		
Ystrad Mynach	d					09 56			10 11						10 28	10 28			10 39	10 43			10 56		
Llanbradach	d					10 00			10 15						10 33	10 33			10 44	10 48			11 00		
Energlyn & Churchill Park	d					10 04			10 19														11 04		
Aber	d					10 06			10 21						10 37	10 37			10 49	10 52			11 06		
Caerphilly	d					10 10			10 25						10 40	10 40			10 54	10 55			11 10		
Lisvane & Thornhill	d					10 14			10 29						10 44	10 44			10 59	10 59			11 14		
Llanishen	d					10 16			10 31						10 46	10 46			11 01	11 01			11 16		
Heath High Level	d					10 19			10 34						10 49	10 49			11 04	11 04			11 19		
Coryton	d						10 15										10 45								
Whitchurch (Cardiff)	d						10 16										10 46								
Rhiwbina	d						10 18										10 48								
Birchgrove	d						10 20										10 50								
Ty Glas	d						10 21										10 51								
Heath Low Level	d						10 24										10 54								
Cardiff Queen Street 3	a		10 15		10 20	10 25	10 30	10 35	10 40		10 45	10 50			10 55	10 55	11 00	11 05	11 10	11 10		11 20	11 25		
	d		10 16		10 21	10 26	10 31	10 36	10 41		10 46	10 51			10 56	10 56	11 01	11 06	11 11	11 11		11 21	11 26		
Cardiff Central 7	a	10 20	10 21		10 25	10 30	10 35	10 40	10 45	10 50	10 51	10 55			11 00	11 00	11 05	11 10	11 15	11 15	11 20	11 25	11 30		11 33
	d				10 25	10 31		10 41	10 46			10 55			11 01	11 01		11 10	11 16	11 16		11 25	11 31		
Grangetown	d				10 29	10 37		10 45	10 50			10 59			11 05	11 05		11 14	11 22	11 22		11 29	11 37		
Dingle Road	d					10 41			10 56						11 11	11 11			11 26	11 26			11 41		
Penarth	a					10 46			11 01						11 16	11 16			11 31	11 31			11 46		
Cogan	d				10 33			10 48				11 03						11 18				11 33			
Eastbrook	d				10 35			10 51				11 05						11 20				11 35			
Dinas Powys	d				10 37			10 53				11 07						11 22				11 37			
Cadoxton	d				10 41			10 57				11 11						11 26				11 41			
Barry Docks	d				10 44			11 00				11 14						11 29				11 44			
Barry 3	d				10 48			11 05				11 18						11 33				11 48			
Barry Island	a				10 54							11 24						11 39				11 54			
Rhoose Cardiff Int Airport ✈	d							11 12																	
Llantwit Major	d							11 22																	
Bridgend	a							11 39																	

A To Coryton
B To Radyr
C until 11 September
D from 14 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

18 May to 11 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW A	AW	AW B	AW C	AW D	AW	AW	AW B		AW C	AW A	AW	AW C	AW B	AW D	AW B	AW	AW		AW A	AW C	AW	AW	AW D
Treherbert	d						10 46										11 16					11 16			
Ynyswen	d						10 48										11 18					11 18			
Treorchy	d						10 51										11 21					11 21			
Ton Pentre	d						10 54										11 24					11 24			
Ystrad Rhondda	a						10 56										11 26					11 26			
	d						10 58										11 28					11 28			
Llwynypia	d						11 00										11 30					11 30			
Tonypandy	d						11 03										11 33					11 33			
Dinas Rhondda	d						11 05										11 35					11 35			
Porth	a						11 08										11 38					11 38			
	d						11 09										11 39					11 52			
Trehafod	d						11 12										11 42					11 55			
Merthyr Tydfil	d		10 38										11 08										11 38		
Pentre-bach	d		10 42										11 12										11 42		
Troed Y Rhiw	d		10 45										11 15										11 45		
Merthyr Vale	a		10 48										11 18										11 48		
	d		10 52										11 20										11 50		
Quakers Yard	d		10 57										11 25										11 55		
Aberdare	d							10 51										11 21							
Cwmbach	d							10 54										11 24							
Fernhill	d							10 58										11 28							
Mountain Ash	a							11 02										11 32							
	d							11 04										11 34							
Penrhiwceiber	d							11 08										11 38							
Abercynon	d		11 01					11 15					11 30					11 45					12 00		
Pontypridd ■	a		11 08				11 19	11 23					11 38				11 49	11 54				12 02	12 08		
	d		11 08				11 19	11 24					11 38				11 49	11 54				12 04	12 08		
Trefforest	d		11 11				11 22	11 27					11 41				11 52	11 57				12 07	12 11		
Trefforest Estate	d		11 15										11 45										12 15		
Taffs Well	d		11 19				11 29	11 34					11 49				11 59	12 04				12 14	12 19		
Radyr ■	a		11 23				11 33	11 38					11 53				12 03	12 08				12 18	12 23		
	d		11 23			11 33	11 33	11 38					11 53			12 03	12 03	12 08				12 21	12 23		12 33
Danescourt	d					11 37										12 07									12 37
Fairwater	d					11 39										12 09									12 39
Waun-gron Park	d					11 41										12 11									12 41
Ninian Park	d					11 44										12 14									12 44
Llandaf	d		11 26				11 36	11 41					11 56				12 06	12 11					12 26		
Cathays	d		11 31				11 40	11 46					12 01				12 10	12 16					12 31		
Rhymney ■	d																		11 27						
Pontlottyn	d																		11 30						
Tir-phil	d																		11 35						
Brithdir	d																		11 37						
Bargoed	a																		11 43						
	d			11 00					11 17					11 25	11 32				11 44					12 00	
Gilfach Fargoed	d								11 19																
Pengam	d			11 04					11 22					11 30	11 37				11 49					12 04	
Hengoed	d			11 08					11 25					11 34	11 40				11 53					12 08	
Ystrad Mynach	d			11 11					11 28		11 28			11 39	11 43				11 56					12 11	
Llanbradach	d			11 15					11 33		11 33			11 44	11 48				12 00					12 15	
Energlyn & Churchill Park	d			11 19															12 04					12 19	
Aber	d			11 21					11 37		11 37			11 49	11 52				12 06					12 21	
Caerphilly	d			11 25					11 40		11 40			11 54	11 55				12 10					12 25	
Lisvane & Thornhill	d			11 29					11 44		11 44			11 59	11 59				12 14					12 29	
Llanishen	d			11 31					11 46		11 46			12 01	12 01				12 16					12 31	
Heath High Level	d			11 34					11 49		11 49			12 04	12 04				12 19					12 34	
Coryton	d	11 15										11 45									12 15				
Whitchurch (Cardiff)	d	11 16										11 46									12 16				
Rhiwbina	d	11 18										11 48									12 18				
Birchgrove	d	11 20										11 50									12 20				
Ty Glas	d	11 21										11 51									12 21				
Heath Low Level	d	11 24										11 54									12 24				
Cardiff Queen Street ■	a	11 30	11 35	11 40			11 45	11 50	11 55		11 55	12 00	12 05	12 10	12 10		12 15	12 20	12 25		12 30		12 35	12 40	
	d	11 31	11 36	11 41			11 46	11 51	11 56		11 56	12 01	12 06	12 11	12 11		12 16	12 20	12 26		12 31		12 36	12 41	
Cardiff Central ■	a	11 35	11 40	11 45		11 50	11 51	11 55	12 00		12 00	12 05	12 10	12 15	12 15	12 20	12 21	12 24	12 30		12 35	12 39	12 40	12 45	12 50
	d		11 41	11 47	11 47			11 55	12 01		12 01		12 10	12 16	12 16		12 27	12 27	12 31				12 41	12 46	
Grangetown	d		11 45	11 52	11 52			11 59	12 07		12 07		12 14	12 22	12 22				12 37				12 45	12 52	
Dingle Road	d			11 56	11 56				12 11		12 11			12 26	12 26				12 41					12 56	
Penarth	a			12 01	12 01				12 16		12 16			12 31	12 31				12 46					13 01	
Cogan	d		11 48					12 03					12 18				12 33	12 33					12 48		
Eastbrook	d		11 51					12 05					12 20				12 36	12 36					12 51		
Dinas Powys	d		11 53					12 07					12 22				12 38	12 38					12 53		
Cadoxton	d		11 57					12 11					12 26				12 42	12 42					12 57		
Barry Docks	d		12 00					12 14					12 29				12 44	12 44					13 00		
Barry ■	d		12 05					12 18					12 33				12 48	12 48					13 05		
Barry Island	a							12 24					12 39				12 54	12 54							
Rhoose Cardiff Int Airport ✈	d		12 12																				13 12		
Llantwit Major	d		12 22																				13 22		
Bridgend	a		12 39																				13 39		

A To Radyr
B until 11 September
C from 14 September
D To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

18 May to 11 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW	AW A	AW B		AW C	AW	AW B	AW A	AW D	AW	AW	AW	AW C		AW	AW	AW D	AW	AW	AW A	AW B	AW C	AW
Treherbert	d	11 46										12 16								12 46					
Ynyswen	d	11 48										12 18								12 48					
Treorchy	d	11 51										12 21								12 51					
Ton Pentre	d	11 54										12 24								12 54					
Ystrad Rhondda	a	11 56										12 26								12 56					
	d	11 58										12 28								12 58					
Llwynypia	d	12 00										12 30								13 00					
Tonypandy	d	12 03										12 33								13 03					
Dinas Rhondda	d	12 05										12 35								13 05					
Porth	a	12 08										12 38								13 08					
	d	12 09										12 39								13 09					
Trehafod	d	12 12										12 42								13 12					
Merthyr Tydfil	d							12 08									12 38								
Pentre-bach	d							12 12									12 42								
Troed Y Rhiw	d							12 15									12 45								
Merthyr Vale	a							12 18									12 48								
	d							12 20									12 50								
Quakers Yard	d							12 25									12 55								
Aberdare	d												12 21								12 51				
Cwmbach	d												12 24								12 54				
Fernhill	d												12 28								12 58				
Mountain Ash	a												12 32								13 02				
	d												12 34								13 04				
Penrhiwceiber	d												12 38								13 08				
Abercynon	d							12 30					12 45				13 00				13 15				
Pontypridd 3	a	12 19						12 38				12 49	12 54				13 08			13 19	13 24				
	d	12 19						12 38				12 49	12 54				13 08			13 19	13 24				
Trefforest	d	12 22						12 41				12 52	12 57				13 11			13 22	13 27				
Trefforest Estate	d							12 45									13 15								
Taffs Well	d	12 29						12 49				12 59	13 04				13 19			13 29	13 34				
Radyr 3	a	12 33						12 53				13 03	13 08				13 23			13 33	13 38				
	d	12 33						12 53			13 03	13 03	13 08				13 23		13 33	13 33	13 38				
Danescourt	d										13 07								13 37						
Fairwater	d										13 09								13 39						
Waun-gron Park	d										13 11								13 41						
Ninian Park	d										13 14								13 44						
Llandaf	d	12 36						12 56				13 06	13 11				13 26			13 36	13 41				
Cathays	d	12 40						13 01				13 10	13 16				13 31			13 40	13 46				
Rhymney 3	d													12 27											
Pontlottyn	d													12 30											
Tir-phil	d													12 35											
Brithdir	d													12 37											
Bargoed	a													12 43											
	d			12 17					12 25	12 32				12 44				13 00				13 17			
Gilfach Fargoed	d			12 19																		13 19			
Pengam	d			12 22					12 30	12 37				12 49				13 04				13 22			
Hengoed	d			12 25					12 34	12 40				12 53				13 08				13 25			
Ystrad Mynach	d			12 28	12 28				12 39	12 43				12 56				13 11				13 28	13 28		
Llanbradach	d			12 33	12 33				12 44	12 48				13 00				13 15				13 33	13 33		
Energlyn & Churchill Park	d													13 04				13 19							
Aber	d			12 37	12 37				12 49	12 52				13 06				13 21				13 37	13 37		
Caerphilly	d			12 40	12 40				12 54	12 55				13 10				13 25				13 40	13 40		
Lisvane & Thornhill	d			12 44	12 44				12 59	12 59				13 14				13 29				13 44	13 44		
Llanishen	d			12 46	12 46				13 01	13 01				13 16				13 31				13 46	13 46		
Heath High Level	d			12 49	12 49				13 04	13 04				13 19				13 34				13 49	13 49		
Coryton	d						12 45								13 15									13 45	
Whitchurch (Cardiff)	d						12 46								13 16									13 46	
Rhiwbina	d						12 48								13 18									13 48	
Birchgrove	d						12 50								13 20									13 50	
Ty Glas	d						12 51								13 21									13 51	
Heath Low Level	d						12 54								13 24									13 54	
Cardiff Queen Street 3	a	12 45		12 55	12 55		13 00	13 05	13 10	13 10		13 15	13 20	13 25	13 30		13 35	13 40		13 45	13 50	13 55	13 55	14 00	
	d	12 46		12 56	12 56		13 01	13 06	13 11	13 11		13 16	13 21	13 26	13 31		13 36	13 41		13 46	13 51	13 56	13 56	14 01	
Cardiff Central 7	a	12 51		13 00	13 00		13 05	13 11	13 15	13 15	13 20	13 21	13 25	13 30	13 35		13 40	13 45	13 50	13 51	13 55	14 00	14 00	14 05	
	d		12 55	13 01	13 01				13 16	13 16			13 25	13 31			13 41	13 46			13 55	14 01	14 01		14 10
Grangetown	d		12 59	13 07	13 07				13 22	13 22			13 29	13 35			13 45	13 50			13 59	14 05	14 05		14 14
Dingle Road	d			13 11	13 11				13 26	13 26				13 41				13 56				14 11	14 11		
Penarth	a			13 16	13 16				13 31	13 31				13 46				14 01				14 16	14 16		
Cogan	d		13 03										13 33				13 48				14 03				14 18
Eastbrook	d		13 05										13 35				13 51				14 05				14 20
Dinas Powys	d		13 07										13 37				13 53				14 07				14 22
Cadoxton	d		13 11										13 41				13 57				14 11				14 26
Barry Docks	d		13 14										13 44				14 00				14 14				14 29
Barry 3	d		13 18										13 48				14 05				14 18				14 33
Barry Island	a		13 24										13 54								14 24				14 39
Rhoose Cardiff Int Airport ✈	d																14 12								
Llantwit Major	d																14 22								
Bridgend	a																14 39								

A until 11 September
B from 14 September
C To Radyr
D To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

18 May to 11 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

			AW	AW A	AW B	AW C	AW	AW	AW D	AW	AW		AW C	AW	AW	AW B	AW A	AW D	AW	AW A	AW B		AW C	AW	AW
Treherbert	d						13 16							13 44											
Ynyswen	d						13 18							13 46											
Treorchy	d						13 21							13 51											
Ton Pentre	d						13 24							13 54											
Ystrad Rhondda	a						13 26							13 56											
	d						13 28							13 58											
Llwynypia	d						13 30							14 00											
Tonypandy	d						13 33							14 03											
Dinas Rhondda	d						13 35							14 05											
Porth	a						13 38							14 08											
	d						13 39							14 09											
Trehafod	d						13 42							14 12											
Merthyr Tydfil	d		13 08							13 38									14 08						
Pentre-bach	d		13 12							13 42									14 12						
Troed Y Rhiw	d		13 15							13 45									14 15						
Merthyr Vale	a		13 18							13 48									14 18						
	d		13 20							13 50									14 20						
Quakers Yard	d		13 25							13 55									14 25						
Aberdare	d														13 51									14 21	
Cwmbach	d														13 54									14 24	
Fernhill	d														13 58									14 28	
Mountain Ash	a														14 02									14 32	
	d														14 04									14 34	
Penrhiwceiber	d														14 08									14 38	
Abercynon	d		13 30					13 45		14 00					14 15				14 30					14 45	
Pontypridd 3	a		13 38				13 49	13 54		14 08				14 19	14 24				14 38					14 54	
	d		13 38				13 49	13 54		14 08				14 19	14 24				14 38					14 54	
Trefforest	d		13 41				13 52	13 57		14 11				14 22	14 27				14 41					14 57	
Trefforest Estate	d		13 45							14 15									14 45						
Taffs Well	d		13 49				13 59	14 04		14 19				14 29	14 34				14 49					15 04	
Radyr 3	a		13 53				14 03	14 08		14 23				14 33	14 38				14 53					15 08	
	d		13 53			14 03	14 03	14 08		14 23			14 33	14 33	14 38				14 53				15 01	15 08	
Danescourt	d					14 07							14 37										15 05		
Fairwater	d					14 09							14 39										15 09		
Waun-gron Park	d					14 11							14 41										15 11		
Ninian Park	d					14 14							14 44										15 14		
Llandaf	d		13 56				14 06	14 11		14 26				14 36	14 41				14 56					15 11	
Cathays	d		14 01				14 10	14 16		14 31				14 40	14 46				15 01					15 16	
Rhymney 3	d																								14 27
Pontlottyn	d																								14 30
Tir-phil	d																								14 35
Brithdir	d																								14 37
Bargoed	a																								14 43
	d			13 25	13 32						14 00					14 17				14 25	14 32				14 44
Gilfach Fargoed	d															14 19									
Pengam	d			13 30	13 37						14 04					14 22				14 30	14 37				14 49
Hengoed	d			13 34	13 40						14 08					14 25				14 34	14 40				14 53
Ystrad Mynach	d			13 39	13 43						14 11					14 28	14 28			14 39	14 43				14 56
Llanbradach	d			13 44	13 48						14 15					14 33	14 33			14 44	14 48				15 00
Energlyn & Churchill Park	d										14 19														15 04
Aber	d			13 49	13 52						14 21					14 37	14 37			14 49	14 52				15 06
Caerphilly	d			13 54	13 55						14 25					14 40	14 40			14 54	14 55				15 10
Lisvane & Thornhill	d			13 59	13 59						14 29					14 44	14 44			14 59	14 59				15 14
Llanishen	d			14 01	14 01						14 31					14 46	14 46			15 01	15 01				15 16
Heath High Level	d			14 04	14 04						14 34					14 49	14 49			15 04	15 04				15 19
Coryton	d								14 15									14 45							
Whitchurch (Cardiff)	d								14 16									14 46							
Rhiwbina	d								14 18									14 48							
Birchgrove	d								14 20									14 50							
Ty Glas	d								14 21									14 51							
Heath Low Level	d								14 24									14 54							
Cardiff Queen Street 3	a		14 05	14 10	14 10		14 15	14 20	14 30	14 35	14 40			14 45	14 50	14 55	14 55	15 00	15 05	15 10	15 10			15 20	15 25
	d		14 06	14 11	14 11		14 16	14 21	14 31	14 36	14 41			14 46	14 51	14 56	14 56	15 01	15 06	15 11	15 11			15 21	15 26
Cardiff Central 7	a		14 11	14 15	14 15	14 20	14 21	14 25	14 35	14 40	14 45		14 50	14 51	14 55	15 00	15 00	15 06	15 10	15 15	15 15		15 20	15 25	15 30
	d			14 16	14 16			14 25		14 41	14 46				14 55	15 01	15 01		15 10	15 16	15 16			15 25	15 31
Grangetown	d			14 20	14 20			14 29		14 45	14 50				14 59	15 05	15 05		15 14	15 20	15 20			15 29	15 35
Dingle Road	d			14 26	14 26						14 56					15 11	15 11			15 26	15 26				15 41
Penarth	a			14 31	14 31						15 01					15 16	15 16			15 31	15 31				15 46
Cogan	d							14 33		14 48					15 03				15 18					15 33	
Eastbrook	d							14 35		14 51					15 05				15 20					15 35	
Dinas Powys	d							14 37		14 53					15 07				15 22					15 37	
Cadoxton	d							14 41		14 57					15 11				15 26					15 41	
Barry Docks	d							14 44		15 00					15 14				15 29					15 44	
Barry 3	d							14 48		15 05					15 18				15 33					15 48	
Barry Island	a							14 54							15 24				15 39					15 54	
Rhoose Cardiff Int Airport ✈	d									15 12															
Llantwit Major	d									15 22															
Bridgend	a									15 39															

A from 14 September
B until 11 September
C To Coryton
D To Radyr

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

18 May to 11 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW A	AW	AW	AW B	AW		AW	AW C	AW D	AW A	AW	AW D	AW C	AW B	AW		AW	AW A	AW	AW	AW B	AW	AW
Treherbert	d	14 16					14 46										15 16							15 44	
Ynyswen	d	14 18					14 48										15 18							15 46	
Treorchy	d	14 21					14 51										15 21							15 51	
Ton Pentre	d	14 24					14 54										15 24							15 54	
Ystrad Rhondda	a	14 26					14 56										15 26							15 56	
	d	14 28					14 58										15 28							15 58	
Llwynypia	d	14 30					15 00										15 30							16 00	
Tonypandy	d	14 33					15 03										15 33							16 03	
Dinas Rhondda	d	14 35					15 05										15 35							16 05	
Porth	a	14 38					15 08										15 38							16 08	
	d	14 52					15 09										15 39							16 09	
Trehafod	d	14 55					15 12										15 42							16 12	
Merthyr Tydfil	d			14 38									15 08								15 38				
Pentre-bach	d			14 42									15 12								15 42				
Troed Y Rhiw	d			14 45									15 15								15 45				
Merthyr Vale	a			14 48									15 18								15 48				
	d			14 50									15 20								15 50				
Quakers Yard	d			14 55									15 25								15 55				
Aberdare	d								14 51										15 21						15 51
Cwmbach	d								14 54										15 24						15 54
Fernhill	d								14 58										15 28						15 58
Mountain Ash	a								15 02										15 32						16 02
	d								15 04										15 34						16 04
Penrhiwceiber	d								15 08										15 38						16 08
Abercynon	d			15 00					15 15				15 30						15 45		16 00				16 15
Pontypridd 3	a	15 02		15 08			15 19		15 24				15 38				15 49		15 54		16 08			16 19	16 24
	d	15 04		15 08			15 19		15 24				15 38				15 49		15 54		16 08			16 19	16 24
Trefforest	d	15 07		15 11			15 22		15 27				15 41				15 52		15 57		16 11			16 22	16 27
Trefforest Estate	d			15 15									15 45								16 15				
Taffs Well	d	15 14		15 19			15 29		15 34				15 49				15 59		16 04		16 19			16 29	16 34
Radyr 3	a	15 19		15 23			15 33		15 38				15 53				16 03		16 08		16 23			16 33	16 38
	d	15 21		15 23		15 33	15 33		15 38				15 53			16 03	16 03		16 08		16 23		16 33	16 33	16 38
Danescourt	d					15 37										16 07							16 37		
Fairwater	d					15 39										16 09							16 39		
Waun-gron Park	d					15 41										16 11							16 41		
Ninian Park	d					15 44										16 14							16 44		
Llandaf	d			15 26			15 36		15 41				15 56				16 06		16 11		16 26			16 36	16 41
Cathays	d			15 31			15 40		15 46				16 01				16 10		16 16		16 31			16 40	16 46
Rhymney 3	d																								
Pontlottyn	d																								
Tir-phil	d																								
Brithdir	d																								
Bargoed	a																								
	d				15 00					15 17				15 25	15 32							16 00			
Gilfach Fargoed	d									15 19															
Pengam	d				15 04					15 22				15 30	15 37							16 04			
Hengoed	d				15 08					15 25				15 34	15 40							16 08			
Ystrad Mynach	d				15 11					15 28	15 28			15 39	15 43							16 11			
Llanbradach	d				15 15					15 33	15 33			15 44	15 48							16 15			
Energlyn & Churchill Park	d				15 19																	16 19			
Aber	d				15 21					15 37	15 37			15 49	15 52							16 21			
Caerphilly	d				15 25					15 40	15 40			15 54	15 55							16 25			
Lisvane & Thornhill	d				15 29					15 44	15 44			15 59	15 59							16 29			
Llanishen	d				15 31					15 46	15 46			16 01	16 01							16 31			
Heath High Level	d				15 34					15 49	15 49			16 04	16 04							16 34			
Coryton	d		15 15									15 45								16 15					
Whitchurch (Cardiff)	d		15 16									15 46								16 16					
Rhiwbina	d		15 18									15 48								16 18					
Birchgrove	d		15 20									15 50								16 20					
Ty Glas	d		15 21									15 51								16 21					
Heath Low Level	d		15 24									15 54								16 24					
Cardiff Queen Street 3	a		15 30	15 35	15 40		15 45		15 50	15 55	15 55	16 00	16 05	16 10	16 10		16 15		16 20	16 30	16 35	16 40		16 45	16 50
	d		15 31	15 36	15 41		15 46		15 51	15 56	15 56	16 01	16 06	16 11	16 11		16 16		16 21	16 31	16 36	16 41		16 46	16 51
Cardiff Central 7	a	15 33	15 35	15 40	15 45	15 50	15 51		15 55	16 00	16 00	16 06	16 10	16 15	16 15	16 20	16 21		16 25	16 35	16 40	16 45	16 50	16 51	16 55
	d			15 41	15 46				15 55	16 01	16 01		16 10	16 16	16 16				16 25		16 41	16 46			16 55
Grangetown	d			15 45	15 50				15 59	16 05	16 05		16 14	16 20	16 20				16 29		16 45	16 50			16 59
Dingle Road	d				15 56					16 11	16 11			16 26	16 26							16 56			
Penarth	a				16 01					16 16	16 16			16 31	16 31							17 01			
Cogan	d			15 48					16 03				16 18						16 33		16 48				17 03
Eastbrook	d			15 51					16 05				16 20						16 35		16 51				17 05
Dinas Powys	d			15 53					16 07				16 22						16 37		16 53				17 07
Cadoxton	d			15 57					16 11				16 26						16 41		16 57				17 11
Barry Docks	d			16 00					16 14				16 29						16 44		17 00				17 14
Barry 3	d			16 05					16 18				16 33						16 48		17 05				17 18
Barry Island	a								16 24				16 39						16 54						17 24
Rhoose Cardiff Int Airport ✈	d			16 12																	17 12				
Llantwit Major	d			16 22																	17 22				
Bridgend	a			16 39																	17 39				

A To Radyr
B To Coryton
C until 11 September
D from 14 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

18 May to 11 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW A		AW	AW	AW B	AW	AW	AW	AW A	AW	AW		AW B	AW	AW	AW	AW A	AW	AW	AW B	AW		AW
Treherbert	d							16 16								16 46							17 16		
Ynyswen	d							16 18								16 48							17 18		
Treorchy	d							16 21								16 51							17 21		
Ton Pentre	d							16 24								16 54							17 24		
Ystrad Rhondda	a							16 26								16 56							17 26		
	d							16 28								16 58							17 28		
Llwynypia	d							16 30								17 00							17 30		
Tonypandy	d							16 33								17 03							17 33		
Dinas Rhondda	d							16 35								17 05							17 35		
Porth	a							16 38								17 08							17 38		
	d							16 39								17 09							17 39		
Trehafod	d							16 42								17 12							17 42		
Merthyr Tydfil	d				16 08							16 38								17 08					
Pentre-bach	d				16 12							16 42								17 12					
Troed Y Rhiw	d				16 15							16 45								17 15					
Merthyr Vale	a				16 18							16 48								17 18					
	d				16 20							16 50								17 20					
Quakers Yard	d				16 25							16 55								17 25					
Aberdare	d								16 21								16 51								17 21
Cwmbach	d								16 24								16 54								17 24
Fernhill	d								16 28								16 58								17 28
Mountain Ash	a								16 32								17 02								17 32
	d								16 34								17 04								17 34
Penrhiwceiber	d								16 38								17 08								17 38
Abercynon	d				16 30				16 45			17 00					17 15			17 30					17 45
Pontypridd 3	a				16 38			16 49	16 54			17 08				17 19	17 24			17 38			17 49		17 54
	d				16 38			16 49	16 54			17 08				17 19	17 24			17 38			17 49		17 54
Trefforest	d				16 41			16 52	16 57			17 11				17 22	17 27			17 41			17 52		17 57
Trefforest Estate	d				16 45							17 15								17 45					
Taffs Well	d				16 49			16 59	17 04			17 19				17 29	17 34			17 49			17 59		18 04
Radyr 3	a				16 53			17 03	17 08			17 23				17 33	17 38			17 53			18 03		18 08
	d				16 53		17 03	17 03	17 08			17 23			17 33	17 33	17 38			17 53		18 03	18 03		18 08
Danescourt	d						17 07								17 37							18 07			
Fairwater	d						17 09								17 39							18 09			
Waun-gron Park	d						17 11								17 41							18 11			
Ninian Park	d						17 14								17 44							18 14			
Llandaf	d				16 56			17 06	17 11			17 26				17 36	17 41			17 56			18 06		18 11
Cathays	d				17 01			17 10	17 16			17 31				17 40	17 46			18 01			18 10		18 16
Rhymney 3	d									16 27															
Pontlottyn	d									16 30															
Tir-phil	d									16 35															
Brithdir	d									16 37															
Bargoed	a									16 43															
	d	16 17				16 32				16 44			17 00					17 17			17 32				
Gilfach Fargoed	d	16 19																17 19							
Pengam	d	16 22				16 37				16 49			17 04					17 22			17 37				
Hengoed	d	16 25				16 40				16 53			17 08					17 25			17 40				
Ystrad Mynach	d	16 28				16 43				16 56			17 11					17 28			17 43				
Llanbradach	d	16 33				16 48				17 00			17 15					17 33			17 48				
Energlyn & Churchill Park	d									17 04			17 19												
Aber	d	16 37				16 52				17 06			17 21					17 37			17 52				
Caerphilly	d	16 40				16 55				17 10			17 25					17 40			17 55				
Lisvane & Thornhill	d	16 44				16 59				17 14			17 29					17 44			17 59				
Llanishen	d	16 46				17 01				17 16			17 31					17 46			18 01				
Heath High Level	d	16 49				17 04				17 19			17 34					17 49			18 04				
Coryton	d		16 45								17 15								17 45						
Whitchurch (Cardiff)	d		16 46								17 16								17 46						
Rhiwbina	d		16 48								17 18								17 48						
Birchgrove	d		16 50								17 20								17 50						
Ty Glas	d		16 51								17 21								17 51						
Heath Low Level	d		16 54								17 24								17 54						
Cardiff Queen Street 3	a	16 55	17 00		17 05	17 10		17 15	17 20	17 25	17 30	17 35	17 40			17 45	17 50	17 55	18 00	18 05	18 10		18 15		18 20
	d	16 56	17 01		17 06	17 11		17 16	17 21	17 26	17 31	17 36	17 41			17 46	17 51	17 56	18 01	18 06	18 11		18 16		18 21
Cardiff Central 7	a	17 00	17 05		17 10	17 15	17 20	17 21	17 25	17 30	17 35	17 40	17 45		17 50	17 51	17 55	18 00	18 05	18 10	18 15	18 20	18 21		18 25
	d	17 01			17 10	17 16			17 25	17 31		17 41	17 46				17 55	18 01		18 10	18 16				18 25
Grangetown	d	17 05			17 14	17 20			17 29	17 35		17 45	17 50				17 59	18 05		18 14	18 20				18 29
Dingle Road	d	17 11				17 26				17 41			17 56					18 11			18 26				
Penarth	a	17 14				17 31				17 46			18 01					18 16			18 31				
Cogan	d				17 18				17 33			17 48					18 03			18 18					18 33
Eastbrook	d				17 20				17 35			17 51					18 05			18 20					18 35
Dinas Powys	d				17 22				17 37			17 53					18 07			18 22					18 37
Cadoxton	d				17 26				17 41			17 57					18 11			18 26					18 41
Barry Docks	d				17 29				17 44			18 00					18 14			18 29					18 44
Barry 3	d				17 33				17 48			18 05					18 18			18 33					18 48
Barry Island	a				17 39				17 54								18 24			18 39					18 54
Rhoose Cardiff Int Airport ✈	d											18 12													
Llantwit Major	d											18 22													
Bridgend	a											18 39													

A To Radyr **B** To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

18 May to 11 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW A	AW	AW B	AW	AW	AW	AW		AW	AW	AW C	AW D	AW	AW E	AW C	AW A	AW		AW	AW	AW	AW	AW
Treherbert	d					17 46							18 16	18 16							18 46				19 16
Ynyswen	d					17 48							18 18	18 18							18 48				19 18
Treorchy	d					17 51							18 21	18 21							18 51				19 21
Ton Pentre	d					17 54							18 24	18 24							18 54				19 24
Ystrad Rhondda	a					17 56							18 26	18 26							18 56				19 26
	d					17 58							18 28	18 28							18 58				19 28
Llwynypia	d					18 00							18 30	18 30							19 00				19 30
Tonypandy	d					18 03							18 33	18 33							19 03				19 33
Dinas Rhondda	d					18 05							18 35	18 35							19 05				19 35
Porth	a					18 08							18 38	18 38							19 08				19 38
	d					18 09							18 39	18 39							19 09				19 39
Trehafod	d					18 12							18 42	18 42							19 12				19 42
Merthyr Tydfil	d			17 38							18 08								18 38					19 08	
Pentre-bach	d			17 42							18 12								18 42					19 12	
Troed Y Rhiw	d			17 45							18 15								18 45					19 15	
Merthyr Vale	a			17 48							18 18								18 48					19 18	
	d			17 50							18 20								18 50					19 20	
Quakers Yard	d			17 55							18 25								18 55					19 25	
Aberdare	d						17 51								18 21							18 51			
Cwmbach	d						17 54								18 24							18 54			
Fernhill	d						17 58								18 28							18 58			
Mountain Ash	a						18 02								18 32							19 02			
	d						18 04								18 34							19 04			
Penrhiwceiber	d						18 08								18 38							19 08			
Abercynon	d			18 00			18 15				18 30				18 45				19 00			19 15		19 30	
Pontypridd 3	a			18 08		18 19	18 24				18 38		18 49	18 49	18 54				19 08		19 19	19 24		19 38	19 49
	d			18 08		18 19	18 24				18 38		18 49	18 49	18 54				19 08		19 19	19 24		19 38	19 49
Trefforest	d			18 11		18 22	18 27				18 41		18 52	18 52	18 57				19 11		19 22	19 27		19 41	19 52
Trefforest Estate	d			18 15							18 45								19 15					19 45	
Taffs Well	d			18 19		18 29	18 34				18 49		18 59	18 59	19 04				19 19		19 29	19 34		19 49	19 59
Radyr 3	a			18 23		18 33	18 38				18 53		19 03	19 03	19 08				19 23		19 33	19 38		19 53	20 03
	d			18 23	18 33	18 33	18 38				18 53	19 03	19 03	19 03	19 08				19 23		19 33	19 38		19 53	20 03
Danescourt	d				18 37							19 07													
Fairwater	d				18 39							19 09													
Waun-gron Park	d				18 41							19 11													
Ninian Park	d				18 44							19 14													
Llandaf	d			18 26		18 36	18 41				18 56		19 06	19 06	19 11				19 26		19 36	19 41		19 56	20 06
Cathays	d			18 31		18 40	18 46				19 01		19 10	19 10	19 16				19 31		19 40	19 46		20 01	20 10
Rhymney 3	d	17 27																							
Pontlottyn	d	17 30																							
Tir-phil	d	17 35																							
Brithdir	d	17 37																							
Bargoed	a	17 43																							
	d	17 44						18 15									18 49								
Gilfach Fargoed	d							18 18									18 51								
Pengam	d	17 49						18 20									18 54								
Hengoed	d	17 53						18 24									18 57								
Ystrad Mynach	d	17 56						18 27									19 00								
Llanbradach	d	18 00						18 31									19 05								
Energlyn & Churchill Park	d	18 04						18 35																	
Aber	d	18 06						18 37									19 09								
Caerphilly	d	18 10						18 40									19 12						19 40		
Lisvane & Thornhill	d	18 14						18 44									19 16						19 44		
Llanishen	d	18 16						18 46									19 18						19 46		
Heath High Level	d	18 19						18 49									19 21						19 49		
Coryton	d		18 15						18 45									19 15							
Whitchurch (Cardiff)	d		18 16						18 46									19 16							
Rhiwbina	d		18 18						18 48									19 18							
Birchgrove	d		18 20						18 50									19 20							
Ty Glas	d		18 21						18 51									19 21							
Heath Low Level	d		18 24						18 54							←		19 24							
Cardiff Queen Street 3	a	18 25	18 30	18 35		18 45	18 50	18 55	19 00		19 05		19 15	19 15	19 20	19 15	19 27	19 31	19 36		19 45	19 50	19 55	20 05	20 15
	d	18 26	18 31	18 36		18 45	18 51	18 56	19 01		19 06		19 15	19 24	19 21	19 24	19 27	19 32	19 37		19 45	19 51	19 56	20 06	20 15
Cardiff Central 7	a	18 30	18 35	18 40	18 50	18 51	18 55	19 00	19 05		19 11	19 21	19 21	→	19 25	19 31	19 31	19 36	19 41		19 51	19 56	20 00	20 10	20 20
	d	18 31		18 41			18 55	19 01							19 25	19 33	19 33		19 41			20 03		20 10	20 31
Grangetown	d	18 35		18 45			18 59	19 05							19 29	19 37	19 37		19 45			20 07		20 14	20 37
Dingle Road	d	18 41						19 11								19 41	19 41					20 11			20 41
Penarth	a	18 46						19 16								19 46	19 46					20 16			20 46
Cogan	d			18 48			19 03								19 33				19 49					20 18	
Eastbrook	d			18 51			19 05								19 35				19 51					20 20	
Dinas Powys	d			18 53			19 07								19 37				19 53					20 22	
Cadoxton	d			18 57			19 11								19 41				19 58					20 26	
Barry Docks	d			19 00			19 14								19 44				20 00					20 29	
Barry 3	d			19 05			19 18								19 48				20 05					20 33	
Barry Island	a						19 24								19 54									20 39	
Rhoose Cardiff Int Airport ✈	d			19 12															20 12						
Llantwit Major	d			19 22															20 22						
Bridgend	a			19 39															20 39						

A To Radyr
B To Coryton
C until 31 July
D from 3 August. To Penarth
E from 3 August. From Treherbert

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

18 May to 11 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW	AW A	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW A	AW	AW	AW	AW B	AW	AW	AW	AW
Treherbert	d							19 46					20 16									21 16			
Ynyswen	d							19 48					20 18									21 18			
Treorchy	d							19 51					20 21									21 21			
Ton Pentre	d							19 54					20 24									21 24			
Ystrad Rhondda	a							19 56					20 26									21 26			
	d							19 58					20 28									21 28			
Llwynypia	d							20 00					20 30									21 30			
Tonypandy	d							20 03					20 33									21 33			
Dinas Rhondda	d							20 05					20 35									21 35			
Porth	a							20 08					20 38									21 38			
	d							20 09					20 39									21 39			
Trehafod	d							20 12					20 42									21 42			
Merthyr Tydfil	d				19 38													20 38						21 38	
Pentre-bach	d				19 42													20 42						21 42	
Troed Y Rhiw	d				19 45													20 45						21 45	
Merthyr Vale	a				19 48													20 48						21 48	
	d				19 50													20 50						21 50	
Quakers Yard	d				19 55													20 55						21 55	
Aberdare	d								19 51					20 21					20 51						
Cwmbach	d								19 54					20 24					20 54						
Fernhill	d								19 58					20 28					20 58						
Mountain Ash	a								20 03					20 32					21 02						
	d								20 06					20 34					21 04						
Penrhiwceiber	d								20 10					20 38					21 08						
Abercynon	d		19 45		20 00				20 16					20 45				21 00	21 15					22 00	
Pontypridd 3	a		19 53		20 08			20 19	20 24				20 49	20 54				21 08	21 24			21 49		22 08	
	d		19 54		20 08			20 19	20 24				20 49	20 54				21 08	21 24			21 49		22 08	
Trefforest	d		19 57		20 11			20 22	20 27				20 52	20 57				21 11	21 27			21 52		22 11	
Trefforest Estate	d				20 15													21 15						22 15	
Taffs Well	d		20 04		20 19			20 29	20 34				20 59	21 04				21 19	21 34			21 59		22 19	
Radyr 3	a		20 08		20 23			20 33	20 38				21 03	21 08				21 23	21 38			22 03		22 23	
	d	20 04	20 08		20 23			20 33	20 38			21 03	21 03	21 08				21 23	21 38		22 03	22 03		22 23	
Danescourt	d	20 08										21 07									22 07				
Fairwater	d	20 10										21 09									22 09				
Waun-gron Park	d	20 12										21 11									22 11				
Ninian Park	d	20 15										21 14									22 14				
Llandaf	d		20 11		20 26			20 36	20 41				21 06	21 11				21 26	21 41			22 06		22 26	
Cathays	d		20 16		20 31			20 40	20 46				21 10	21 16				21 31	21 46			22 10		22 31	
Rhymney 3	d																						21 36		
Pontlottyn	d																						21 39		
Tir-phil	d																						21 44		
Brithdir	d																						21 46		
Bargoed	a																						21 50		
	d																						21 50		
Gilfach Fargoed	d																						21 53		
Pengam	d																						21 55		
Hengoed	d																						21 59		
Ystrad Mynach	d																			21 39			22 02		
Llanbradach	d																			21 43			22 06		
Energlyn & Churchill Park	d																						22 10		
Aber	d																			21 48			22 12		
Caerphilly	d						20 26													21 51			22 15		22 29
Lisvane & Thornhill	d						20 30													21 55			22 19		
Llanishen	d						20 32													21 57			22 21		
Heath High Level	d						20 35													22 00			22 24		
Coryton	d			20 15													21 15								
Whitchurch (Cardiff)	d			20 16													21 16								
Rhiwbina	d			20 18													21 18								
Birchgrove	d			20 20													21 20								
Ty Glas	d			20 21													21 21								
Heath Low Level	d			20 24													21 24								
Cardiff Queen Street 3	a		20 20	20 30	20 35		20 41	20 46	20 50				21 15	21 20			21 30	21 35	21 50	22 06		22 15	22 30	22 35	22 40
	d		20 21	20 31	20 36		20 42	20 46	20 51				21 16	21 21			21 31	21 36	21 51	22 06		22 16	22 31	22 36	22 41
Cardiff Central 7	a	20 24	20 26	20 35	20 40		20 46	20 51	20 55			21 20	21 21	21 26			21 35	21 40	21 55	22 10	22 20	22 21	22 35	22 40	22 46
	d				20 41					21 06	21 10							21 41	21 56	22 10			22 36	22 43	
Grangetown	d				20 45					21 10	21 14				21 36			21 45	22 00	22 14			22 40	22 47	
Dingle Road	d									21 14					21 41				22 04				22 44		
Penarth	a									21 19					21 46				22 09				22 49		
Cogan	d				20 48						21 18							21 48		22 18				22 50	
Eastbrook	d				20 51						21 20							21 51		22 20				22 53	
Dinas Powys	d				20 53						21 22							21 53		22 22				22 55	
Cadoxton	d				20 57						21 26							21 57		22 26				22 59	
Barry Docks	d				21 00						21 29							22 00		22 29				23 02	
Barry 3	d				21 07						21 33							22 05		22 33				23 06	
Barry Island	a										21 39									22 40					
Rhoose Cardiff Int Airport ✈	d				21 14													22 12						23 13	
Llantwit Major	d				21 24													22 22						23 23	
Bridgend	a				21 39													22 39						23 39	

A To Radyr **B** To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

18 May to 11 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

			AW	AW	AW	AW	AW
Treherbert	d						
Ynyswen	d						
Treorchy	d						
Ton Pentre	d						
Ystrad Rhondda	a						
	d						
Llwynypia	d						
Tonypandy	d						
Dinas Rhondda	d						
Porth	a						
	d						
Trehafod	d						
Merthyr Tydfil	d					22 38	
Pentre-bach	d					22 42	
Troed Y Rhiw	d					22 45	
Merthyr Vale	a					22 48	
	d					22 50	
Quakers Yard	d					22 55	
Aberdare	d		21 51				22 51
Cwmbach	d		21 54				22 54
Fernhill	d		21 58				22 58
Mountain Ash	a		22 02				23 02
	d		22 04				23 04
Penrhiwceiber	d		22 08				23 08
Abercynon	d		22 15			23 00	23 14
Pontypridd 3	a		22 24			23 08	23 24
	d		22 24			23 08	
Trefforest	d		22 27			23 11	
Trefforest Estate	d					23 15	
Taffs Well	d		22 34			23 19	
Radyr 3	a		22 38			23 23	
	d		22 38		23 14	23 23	
Danescourt	d						
Fairwater	d						
Waun-gron Park	d						
Ninian Park	d						
Llandaf	d		22 41		23 16	23 26	
Cathays	d		22 46		23 20	23 31	
Rhymney 3	d						
Pontlottyn	d						
Tir-phil	d						
Brithdir	d						
Bargoed	a						
	d						
Gilfach Fargoed	d						
Pengam	d						
Hengoed	d						
Ystrad Mynach	d						
Llanbradach	d						
Energlyn & Churchill Park	d						
Aber	d						
Caerphilly	d						
Lisvane & Thornhill	d						
Llanishen	d						
Heath High Level	d						
Coryton	d			22 45			
Whitchurch (Cardiff)	d			22 46			
Rhiwbina	d			22 48			
Birchgrove	d			22 50			
Ty Glas	d			22 51			
Heath Low Level	d			22 54			
Cardiff Queen Street 3	a		22 51	23 00	23 25	23 35	
	d		22 54	23 01	23 25	23 36	
Cardiff Central 7	a		23 04	23 05	23 29	23 41	
	d		23 11		23 30		
Grangetown	d		23 15		23 34		
Dingle Road	d		23 19				
Penarth	a		23 24				
Cogan	d				23 37		
Eastbrook	d				23 40		
Dinas Powys	d				23 42		
Cadoxton	d				23 46		
Barry Docks	d				23 49		
Barry 3	d				23 53		
Barry Island	a				23 59		
Rhoose Cardiff Int Airport ✈	d						
Llantwit Major	d						
Bridgend	a						

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

23 May to 12 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW A	AW	AW	AW	AW	AW	AW	AW	AW		AW B	AW	AW C	AW	AW D	AW E	AW F	AW G	AW E		AW	AW	AW C	AW
Treherbert	d												05 47				06 16	06 16							
Ynyswen	d												05 49				06 18	06 18							
Treorchy	d												05 51				06 21	06 21							
Ton Pentre	d												05 54				06 24	06 24							
Ystrad Rhondda	a												05 56				06 26	06 26							
	d												05 58				06 28	06 28							
Llwynypia	d												06 00				06 30	06 30							
Tonypandy	d												06 03				06 33	06 33							
Dinas Rhondda	d												06 05				06 35	06 35							
Porth	a												06 08				06 38	06 38							
	d												06 09				06 39	06 39							
Trehafod	d												06 12				06 42	06 42							
Merthyr Tydfil	d																								06 38
Pentre-bach	d																								06 42
Troed Y Rhiw	d																								06 45
Merthyr Vale	a																								06 48
	d																								06 50
Quakers Yard	d																								06 55
Aberdare	d																					06 21			
Cwmbach	d																					06 24			
Fernhill	d																					06 28			
Mountain Ash	a																					06 32			
	d																					06 34			
Penrhiwceiber	d																					06 38			
Abercynon	d																					06 45			07 00
Pontypridd ■	a												06 19				06 47	06 48				06 54			07 07
	d					05 18							06 19				06 48	06 48				06 54			07 08
Trefforest	d					05 21							06 22				06 51	06 51				06 57			07 11
Trefforest Estate	d					05 25																			07 15
Taffs Well	d					05 29							06 29			06 53	06 58	06 58	←			07 04			07 19
Radyr ■	a					05 33							06 33			06 58	07 01	07 02	06 58			07 08			07 23
	d					05 33							06 33			07 03	07 02	07 02	07 03			07 08			07 23
Danescourt	d															↳			07 07						
Fairwater	d																		07 09						
Waun-gron Park	d																		07 11						
Ninian Park	d																		07 14						
Llandaf	d					05 36							06 36				07 05	07 05				07 11			07 26
Cathays	d					05 40							06 40				07 09	07 09				07 16			07 31
Rhymney ■	d														06 08								06 32		
Pontlottyn	d														06 11								06 35		
Tir-phil	d														06 16								06 40		
Brithdir	d														06 18								06 42		
Bargoed	a														06 24								06 46		
	d														06 25								06 46		
Gilfach Fargoed	d														06 28										
Pengam	d														06 30								06 51		
Hengoed	d														06 34								06 54		
Ystrad Mynach	d														06 37								06 57		
Llanbradach	d														06 41								07 01		
Energlyn & Churchill Park	d														06 45								07 05		
Aber	d														06 47								07 07		
Caerphilly	d									06 11					06 50								07 10		
Lisvane & Thornhill	d									06 15					06 54								07 14		
Llanishen	d									06 17					06 56								07 16		
Heath High Level	d									06 20					06 59								07 19		
Coryton	d													06 45										07 15	
Whitchurch (Cardiff)	d													06 46										07 16	
Rhiwbina	d													06 48										07 18	
Birchgrove	d													06 50										07 20	
Ty Glas	d													06 51										07 21	
Heath Low Level	d													06 54										07 24	
Cardiff Queen Street ■	a					05 45				06 26			06 45	07 00	07 05		07 13	07 14				07 20	07 25	07 30	07 35
	d	00 01				05 45				06 26			06 45	07 01	07 06		07 14	07 14				07 21	07 25	07 31	07 36
Cardiff Central ■	a	00 05				05 49				06 30			06 49	07 05	07 10		07 17	07 18	07 20			07 25	07 29	07 35	07 40
	d		05 20	05 43	05 46	05 55	06 16	06 24	06 36	06 41		06 55	07 01		07 10			07 19		07 20		07 25	07 32		07 41
Grangetown	d		05 24	05 47	05 50	06 00	06 20	06 28	06 40	06 45		06 59	07 05		07 14			07 23		07 24		07 29	07 37		07 45
Dingle Road	d				05 54		06 24		06 44				07 11					07 27		07 28			07 42		
Penarth	a				05 58		06 29		06 49				07 15					07 30		07 31			07 46		
Cogan	d		05 28	05 50		06 03		06 32		06 48		07 03			07 18							07 33			07 48
Eastbrook	d		05 30	05 53		06 06		06 34		06 51		07 05			07 20							07 35			07 51
Dinas Powys	d		05 32	05 55		06 08		06 36		06 53		07 07			07 22							07 37			07 53
Cadoxton	d		05 36	05 59		06 12		06 40		06 57		07 11			07 26							07 41			07 57
Barry Docks	d		05 39	06 02		06 14		06 43		07 00		07 14			07 29							07 44			08 00
Barry ■	d		05 43	06 07		06 19		06 47		07 05		07 18			07 33							07 48			08 05
Barry Island	a		05 48			06 25		06 51				07 24			07 39							07 54			
Rhoose Cardiff Int Airport ✈	d			06 14						07 12															08 12
Llantwit Major	d			06 24						07 22															08 22
Bridgend	a			06 40						07 39															08 39

A From Cardiff Bay
B From Hereford
C To Radyr
D To Coryton
E from 8 August
F until 1 August
G From Taffs Well to Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

23 May to 12 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW A	AW	AW	AW		AW B	AW	AW	AW A	AW	AW	AW	AW B	AW		AW A	AW	AW	AW	AW B	AW	AW	AW A
Treherbert	d			06 46								07 16							07 46						
Ynyswen	d			06 48								07 18							07 48						
Treorchy	d			06 51								07 21							07 51						
Ton Pentre	d			06 54								07 24							07 54						
Ystrad Rhondda	a			06 56								07 26							07 56						
	d			06 58								07 28							07 58						
Llwynypia	d			07 00								07 30							08 00						
Tonypandy	d			07 03								07 33							08 03						
Dinas Rhondda	d			07 05								07 35							08 05						
Porth	a			07 08								07 38							08 08						
	d			07 09								07 39							08 09						
Trehafod	d			07 12								07 42							08 12						
Merthyr Tydfil	d								07 08							07 38							08 08		
Pentre-bach	d								07 12							07 42							08 12		
Troed Y Rhiw	d								07 15							07 45							08 15		
Merthyr Vale	a								07 18							07 48							08 18		
	d								07 20							07 50							08 20		
Quakers Yard	d								07 25							07 55							08 25		
Aberdare	d				06 51								07 21							07 51					
Cwmbach	d				06 54								07 24							07 54					
Fernhill	d				06 58								07 28							07 58					
Mountain Ash	a				07 02								07 32							08 02					
	d				07 04								07 34							08 04					
Penrhiwceiber	d				07 08								07 38							08 08					
Abercynon	d				07 15				07 30				07 45			08 00				08 15			08 30		
Pontypridd ■	a			07 19	07 24				07 38			07 49	07 54			08 08			08 19	08 24			08 38		
	d			07 19	07 24				07 38			07 49	07 54			08 08			08 19	08 24			08 38		
Trefforest	d			07 22	07 27				07 41			07 52	07 57			08 11			08 22	08 27			08 41		
Trefforest Estate	d								07 45							08 15							08 45		
Taffs Well	d			07 29	07 34				07 49			07 59	08 04			08 19			08 29	08 34			08 49		
Radyr ■	a			07 33	07 38				07 53			08 03	08 08			08 23			08 33	08 38			08 53		
	d		07 33	07 33	07 38				07 53		08 03	08 03	08 08			08 23		08 33	08 33	08 38			08 53		09 03
Danescourt	d		07 37								08 07							08 37							09 07
Fairwater	d		07 39								08 09							08 39							09 09
Waun-gron Park	d		07 41								08 11							08 41							09 11
Ninian Park	d		07 44								08 14							08 44							09 14
Llandaf	d			07 36	07 41				07 56			08 06	08 11			08 26			08 36	08 41			08 56		
Cathays	d			07 40	07 46				08 01			08 10	08 16			08 31			08 40	08 46			09 01		
Rhymney ■	d					07 00								07 24											
Pontlottyn	d					07 03								07 27											
Tir-phil	d					07 08								07 32											
Brithdir	d					07 10								07 34											
Bargoed	a					07 15								07 40											
	d	07 02				07 15				07 32				07 43							08 14			08 32	
Gilfach Fargoed	d	07 04				07 18								07 45							08 17				
Pengam	d	07 07				07 20				07 37				07 48							08 19			08 37	
Hengoed	d	07 10				07 24				07 40				07 52							08 23			08 40	
Ystrad Mynach	d	07 13				07 27				07 43				07 55							08 26			08 43	
Llanbradach	d	07 18				07 31				07 48				08 00							08 30			08 48	
Energlyn & Churchill Park	d					07 35								08 03							08 34				
Aber	d	07 22				07 37				07 52				08 06							08 36			08 52	
Caerphilly	d	07 25				07 40				07 55				08 10							08 40			08 55	
Lisvane & Thornhill	d	07 29				07 44				07 59				08 14							08 44			08 59	
Llanishen	d	07 31				07 46				08 01				08 16							08 46			09 01	
Heath High Level	d	07 34				07 49				08 04				08 19							08 49			09 04	
Coryton	d							07 45							08 15							08 45			
Whitchurch (Cardiff)	d							07 46							08 16							08 46			
Rhiwbina	d							07 48							08 18							08 48			
Birchgrove	d							07 50							08 20							08 50			
Ty Glas	d							07 51							08 21							08 51			
Heath Low Level	d							07 54							08 24							08 54			
Cardiff Queen Street ■	a	07 40		07 45	07 50	07 55		08 00	08 05	08 10		08 15	08 20	08 25	08 30	08 35			08 45	08 50	08 55	09 00	09 05	09 10	
	d	07 41		07 46	07 51	07 56		08 01	08 06	08 11		08 16	08 21	08 26	08 31	08 36			08 46	08 51	08 56	09 01	09 06	09 11	
Cardiff Central ■	a	07 45	07 50	07 51	07 55	08 00		08 05	08 10	08 15	08 19	08 21	08 25	08 30	08 35	08 40		08 50	08 50	08 55	09 00	09 05	09 10	09 15	09 20
	d	07 46			07 55	08 01			08 10	08 18			08 25	08 31		08 41				08 55	09 01		09 10	09 16	
Grangetown	d	07 50			07 59	08 05			08 14	08 22			08 29	08 35		08 45				08 59	09 05		09 14	09 20	
Dingle Road	d	07 56				08 11				08 27				08 41							09 11			09 26	
Penarth	a	08 01				08 16				08 30				08 45							09 16			09 31	
Cogan	d				08 03				08 18				08 33			08 48				09 03			09 18		
Eastbrook	d				08 05				08 20				08 35			08 51				09 05			09 20		
Dinas Powys	d				08 07				08 22				08 37			08 53				09 07			09 22		
Cadoxton	d				08 11				08 26				08 41			08 57				09 11			09 26		
Barry Docks	d				08 14				08 29				08 44			09 00				09 14			09 29		
Barry ■	d				08 18				08 33				08 48			09 05				09 18			09 33		
Barry Island	a				08 24				08 39				08 54							09 24			09 39		
Rhoose Cardiff Int Airport ✈	d															09 12									
Llantwit Major	d															09 22									
Bridgend	a															09 39									

A To Coryton **B** To Radyr

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

23 May to 12 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW		AW	AW	AW A	AW	AW	AW B	AW	AW	AW C		AW D	AW A	AW	AW D	AW C	AW B	AW	AW	AW		AW A	AW
Treherbert	d	08 16								08 46										09 16					
Ynyswen	d	08 18								08 48										09 18					
Treorchy	d	08 21								08 51										09 21					
Ton Pentre	d	08 24								08 54										09 24					
Ystrad Rhondda	a	08 26								08 56										09 26					
	d	08 28								08 58										09 28					
Llwynypia	d	08 30								09 00										09 30					
Tonypandy	d	08 33								09 03										09 33					
Dinas Rhondda	d	08 35								09 05										09 35					
Porth	a	08 38								09 08										09 38					
	d	08 39								09 09										09 39					
Trehafod	d	08 42								09 12										09 42					
Merthyr Tydfil	d						08 38									09 08									09 38
Pentre-bach	d						08 42									09 12									09 42
Troed Y Rhiw	d						08 45									09 15									09 45
Merthyr Vale	a						08 48									09 18									09 48
	d						08 50									09 20									09 50
Quakers Yard	d						08 55									09 25									09 55
Aberdare	d			08 21							08 51										09 21				
Cwmbach	d			08 24							08 54										09 24				
Fernhill	d			08 28							08 58										09 28				
Mountain Ash	a			08 32							09 02										09 32				
	d			08 34							09 04										09 34				
Penrhiwceiber	d			08 38							09 08										09 38				
Abercynon	d			08 45			09 00				09 15					09 30					09 45				10 00
Pontypridd 3	a	08 49		08 54			09 08			09 19	09 24					09 38				09 49	09 54				10 08
	d	08 49		08 54			09 08			09 19	09 24					09 38				09 49	09 54				10 08
Trefforest	d	08 52		08 57			09 11			09 22	09 27					09 41				09 52	09 57				10 11
Trefforest Estate	d						09 15									09 45									10 15
Taffs Well	d	08 59		09 04			09 19			09 29	09 34					09 49				09 59	10 04				10 19
Radyr 3	a	09 03		09 08			09 23			09 33	09 38					09 53				10 03	10 08				10 23
	d	09 03		09 08			09 23		09 33	09 33	09 38					09 53			10 03	10 03	10 08				10 23
Danescourt	d								09 37										10 07						
Fairwater	d								09 39										10 09						
Waun-gron Park	d								09 41										10 11						
Ninian Park	d								09 44										10 14						
Llandaf	d	09 06		09 11			09 26			09 36	09 41					09 56				10 06	10 11				10 26
Cathays	d	09 10		09 16			09 31			09 40	09 46					10 01				10 10	10 16				10 31
Rhymney 3	d				08 33																	09 27			
Pontlottyn	d				08 36																	09 30			
Tir-phil	d				08 40																	09 35			
Brithdir	d				08 43																	09 37			
Bargoed	a				08 47																	09 43			
	d				08 47			09 00				09 17					09 25	09 32				09 44			
Gilfach Fargoed	d											09 19													
Pengam	d				08 52			09 04				09 22					09 30	09 37				09 49			
Hengoed	d				08 55			09 09				09 25					09 34	09 40				09 53			
Ystrad Mynach	d				08 58			09 12				09 28		09 28			09 39	09 43				09 56			
Llanbradach	d				09 03			09 16				09 33		09 33			09 44	09 48				10 00			
Energlyn & Churchill Park	d							09 20														10 04			
Aber	d				09 07			09 22				09 37		09 37			09 49	09 52				10 06			
Caerphilly	d				09 10			09 26				09 40		09 40			09 54	09 55				10 10			
Lisvane & Thornhill	d				09 14			09 30				09 44		09 44			09 59	09 59				10 14			
Llanishen	d				09 16			09 32				09 46		09 46			10 01	10 01				10 16			
Heath High Level	d				09 19			09 35				09 49		09 49			10 04	10 04				10 19			
Coryton	d					09 15									09 45									10 15	
Whitchurch (Cardiff)	d					09 16									09 46									10 16	
Rhiwbina	d					09 18									09 48									10 18	
Birchgrove	d					09 20									09 50									10 20	
Ty Glas	d					09 21									09 51									10 21	
Heath Low Level	d					09 24									09 54									10 24	
Cardiff Queen Street 3	a	09 15		09 20	09 25	09 30	09 35	09 42		09 45	09 50	09 55		09 55	10 00	10 05	10 10	10 10		10 15	10 20	10 25		10 30	10 35
	d	09 16		09 21	09 26	09 31	09 36	09 43		09 46	09 51	09 56		09 56	10 01	10 06	10 11	10 11		10 16	10 21	10 26		10 31	10 36
Cardiff Central 7	a	09 21		09 25	09 30	09 35	09 40	09 47	09 50	09 51	09 55	10 00		10 00	10 05	10 10	10 15	10 15	10 20	10 21	10 25	10 30		10 35	10 40
	d			09 25	09 31		09 40	09 48			09 55	10 01		10 01		10 10	10 16	10 16			10 25	10 31			10 41
Grangetown	d			09 29	09 35		09 44	09 52			09 59	10 05		10 05		10 14	10 20	10 20			10 29	10 35			10 45
Dingle Road	d				09 41			09 56				10 11		10 11			10 26	10 26				10 41			
Penarth	a				09 46			10 01				10 16		10 16			10 31	10 31				10 46			
Cogan	d			09 33			09 47				10 03					10 18					10 33				10 48
Eastbrook	d			09 35			09 50				10 05					10 20					10 35				10 51
Dinas Powys	d			09 37			09 52				10 07					10 22					10 37				10 53
Cadoxton	d			09 41			09 56				10 11					10 26					10 41				10 57
Barry Docks	d			09 44			09 59				10 14					10 29					10 44				11 00
Barry 3	d			09 48			10 05				10 18					10 33					10 48				11 05
Barry Island	a			09 54							10 24					10 39					10 54				
Rhoose Cardiff Int Airport ✈	d						10 12																		11 12
Llantwit Major	d						10 22																		11 22
Bridgend	a						10 39																		11 39

A To Radyr
B To Coryton
C until 12 September
D from 19 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

23 May to 12 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW A	AW	AW	AW	AW B	AW C		AW D	AW	AW C	AW B	AW A	AW	AW	AW	AW D		AW	AW	AW A	AW	AW	AW B
Treherbert	d			09 46													10 16						10 46		
Ynyswen	d			09 48													10 18						10 48		
Treorchy	d			09 51													10 21						10 51		
Ton Pentre	d			09 54													10 24						10 54		
Ystrad Rhondda	a			09 56													10 26						10 56		
	d			09 58													10 28						10 58		
Llwynypia	d			10 00													10 30						11 00		
Tonypandy	d			10 03													10 33						11 03		
Dinas Rhondda	d			10 05													10 35						11 05		
Porth	a			10 08													10 38						11 08		
	d			10 09													10 52						11 09		
Trehafod	d			10 12													10 55						11 12		
Merthyr Tydfil	d					10 04														10 38					
Pentre-bach	d					10 08														10 42					
Troed Y Rhiw	d					10 11														10 45					
Merthyr Vale	a					10 14														10 48					
	d					10 15														10 53					
Quakers Yard	d					10 21														10 58					
Aberdare	d				09 51										10 21									10 51	
Cwmbach	d				09 54										10 24									10 54	
Fernhill	d				09 58										10 28									10 58	
Mountain Ash	a				10 02										10 32									11 02	
	d				10 04										10 34									11 04	
Penrhiwceiber	d				10 08										10 38									11 08	
Abercynon	d				10 15	10 25									10 45					11 02				11 15	
Pontypridd ■	a			10 19	10 24	10 33									10 54		11 01			11 09			11 19	11 23	
	d			10 19	10 24						10 39				10 54		11 04			11 09			11 19	11 24	
Trefforest	d			10 22	10 27						10 42				10 57		11 07			11 12			11 22	11 27	
Trefforest Estate	d																			11 16					
Taffs Well	d			10 29	10 34						10 49				11 04		11 14			11 20			11 29	11 34	
Radyr ■	a			10 33	10 38						10 53				11 08		11 19			11 23			11 33	11 38	
	d		10 33	10 33	10 38						10 53			11 03	11 08		11 21			11 23		11 33	11 33	11 38	
Danescourt	d		10 37											11 07								11 37			
Fairwater	d		10 39											11 09								11 39			
Waun-gron Park	d		10 41											11 11								11 41			
Ninian Park	d		10 44											11 14								11 44			
Llandaf	d			10 36	10 41						10 56				11 11					11 26			11 36	11 41	
Cathays	d			10 40	10 46						11 01				11 16					11 31			11 40	11 46	
Rhymney ■	d															10 27									
Pontlottyn	d															10 30									
Tir-phil	d															10 35									
Brithdir	d															10 37									
Bargoed	a															10 43									
	d	10 00					10 17					10 25	10 32			10 44					11 00				11 17
Gilfach Fargoed	d						10 19																		11 19
Pengam	d	10 04					10 22					10 30	10 37			10 49					11 04				11 22
Hengoed	d	10 08					10 25					10 34	10 40			10 53					11 08				11 25
Ystrad Mynach	d	10 11					10 28	10 28				10 39	10 43			10 56					11 11				11 28
Llanbradach	d	10 15					10 33	10 33				10 44	10 48			11 00					11 15				11 33
Energlyn & Churchill Park	d	10 19														11 04					11 19				
Aber	d	10 21					10 37	10 37				10 49	10 52			11 06					11 21				11 37
Caerphilly	d	10 25					10 40	10 40				10 54	10 55			11 10					11 25				11 40
Lisvane & Thornhill	d	10 29					10 44	10 44				10 59	10 59			11 14					11 29				11 44
Llanishen	d	10 31					10 46	10 46				11 01	11 01			11 16					11 31				11 46
Heath High Level	d	10 34					10 49	10 49				11 04	11 04			11 19					11 34				11 49
Coryton	d									10 45								11 15							
Whitchurch (Cardiff)	d									10 46								11 16							
Rhiwbina	d									10 48								11 18							
Birchgrove	d									10 50								11 20							
Ty Glas	d									10 51								11 21							
Heath Low Level	d									10 54								11 24							
Cardiff Queen Street ■	a	10 40		10 45	10 50		10 55	10 55		11 00	11 05	11 10	11 10		11 20	11 25		11 30		11 35	11 40		11 45	11 50	11 55
	d	10 41		10 46	10 51		10 56	10 56		11 01	11 06	11 11	11 11		11 21	11 26		11 31		11 36	11 41		11 46	11 51	11 56
Cardiff Central ■	a	10 45	10 50	10 51	10 55		11 00	11 00		11 05	11 10	11 15	11 15	11 20	11 25	11 30	11 33	11 35		11 40	11 45	11 50	11 51	11 55	12 00
	d	10 48			10 55		11 01	11 01			11 10	11 16	11 16		11 25	11 31				11 41	11 46			11 55	12 01
Grangetown	d	10 54			10 59		11 05	11 05			11 14	11 20	11 20		11 29	11 35				11 45	11 50			11 59	12 05
Dingle Road	d	10 58					11 11	11 11				11 26	11 26			11 41					11 56				12 11
Penarth	a	11 01					11 16	11 16				11 31	11 31			11 46					12 01				12 16
Cogan	d				11 03						11 18				11 33					11 48				12 03	
Eastbrook	d				11 05						11 20				11 35					11 51				12 05	
Dinas Powys	d				11 07						11 22				11 37					11 53				12 07	
Cadoxton	d				11 11						11 26				11 41					11 57				12 11	
Barry Docks	d				11 14						11 29				11 44					12 00				12 14	
Barry ■	d				11 18						11 33				11 48					12 05				12 18	
Barry Island	a				11 24						11 39				11 54									12 24	
Rhoose Cardiff Int Airport ✈	d																			12 12					
Llantwit Major	d																			12 22					
Bridgend	a																			12 39					

A To Coryton
B until 12 September
C from 19 September
D To Radyr

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

23 May to 12 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW A	AW B	AW		AW A	AW C	AW D	AW	AW	AW	AW B	AW	AW		AW D	AW	AW C	AW A	AW B	AW	AW A	AW C	AW D	
Treherbert	d								11 16								11 46								
Ynyswen	d								11 18								11 48								
Treorchy	d								11 21								11 51								
Ton Pentre	d								11 24								11 54								
Ystrad Rhondda	a								11 26								11 56								
	d								11 28								11 58								
Llwynypia	d								11 30								12 00								
Tonypandy	d								11 33								12 03								
Dinas Rhondda	d								11 35								12 05								
Porth	a								11 38								12 08								
	d								11 39								12 09								
Trehafod	d								11 42								12 12								
Merthyr Tydfil	d			11 08									11 38								12 08				
Pentre-bach	d			11 12									11 42								12 12				
Troed Y Rhiw	d			11 15									11 45								12 15				
Merthyr Vale	a			11 18									11 48								12 18				
	d			11 20									11 50								12 20				
Quakers Yard	d			11 25									11 55								12 25				
Aberdare	d									11 21															
Cwmbach	d									11 24															
Fernhill	d									11 28															
Mountain Ash	a									11 32															
	d									11 34															
Penrhiwceiber	d									11 38															
Abercynon	d			11 30						11 45			12 00								12 30				
Pontypridd 3	a			11 38					11 49	11 54			12 08				12 19				12 38				
	d			11 38					11 49	11 54			12 08				12 19				12 38				
Trefforest	d			11 41					11 52	11 57			12 11				12 22				12 41				
Trefforest Estate	d			11 45									12 15								12 45				
Taffs Well	d			11 49					11 59	12 04			12 19				12 29				12 49				
Radyr 3	a			11 53					12 03	12 08			12 23				12 33				12 53				
	d			11 53				12 03	12 03	12 08			12 23			12 33	12 33				12 53			13 03	
Danescourt	d							12 07								12 37								13 07	
Fairwater	d							12 09								12 39								13 09	
Waun-gron Park	d							12 11								12 41								13 11	
Ninian Park	d							12 14								12 44								13 14	
Llandaf	d			11 56					12 06	12 11			12 26				12 36				12 56				
Cathays	d			12 01					12 10	12 16			12 31				12 40				13 01				
Rhymney 3	d										11 27														
Pontlottyn	d										11 30														
Tir-phil	d										11 35														
Brithdir	d										11 37														
Bargoed	a										11 43														
	d					11 25	11 32				11 44			12 00				12 17				12 25	12 32		
Gilfach Fargoed	d																	12 19							
Pengam	d					11 30	11 37				11 49			12 04				12 22				12 30	12 37		
Hengoed	d					11 34	11 40				11 53			12 08				12 25				12 34	12 40		
Ystrad Mynach	d	11 28				11 39	11 43				11 56			12 11				12 28	12 28			12 39	12 43		
Llanbradach	d	11 33				11 44	11 48				12 00			12 15				12 33	12 33			12 44	12 48		
Energlyn & Churchill Park	d										12 04			12 19											
Aber	d	11 37				11 49	11 52				12 06			12 21				12 37	12 37			12 49	12 52		
Caerphilly	d	11 40				11 54	11 55				12 10			12 25				12 40	12 40			12 54	12 55		
Lisvane & Thornhill	d	11 44				11 59	11 59				12 14			12 29				12 44	12 44			12 59	12 59		
Llanishen	d	11 46				12 01	12 01				12 16			12 31				12 46	12 46			13 01	13 01		
Heath High Level	d	11 49				12 04	12 04				12 19			12 34				12 49	12 49			13 04	13 04		
Coryton	d		11 45									12 15								12 45					
Whitchurch (Cardiff)	d		11 46									12 16								12 46					
Rhiwbina	d		11 48									12 18								12 48					
Birchgrove	d		11 50									12 20								12 50					
Ty Glas	d		11 51									12 21								12 51					
Heath Low Level	d		11 54									12 24								12 54					
Cardiff Queen Street 3	a	11 55	12 00	12 05		12 10	12 10		12 15	12 20	12 25	12 30	12 35	12 40			12 45	12 55	12 55	13 00	13 05	13 10	13 10		
	d	11 56	12 01	12 06		12 11	12 11		12 16	12 21	12 26	12 31	12 36	12 41			12 46	12 56	12 56	13 01	13 06	13 11	13 11		
Cardiff Central 7	a	12 00	12 05	12 10		12 15	12 15	12 20	12 21	12 25	12 30	12 35	12 40	12 45		12 50	12 51	13 00	13 00	13 05	13 10	13 15	13 15	13 20	
	d	12 01		12 10		12 16	12 16			12 25	12 31		12 41	12 46			12 55	13 01	13 01		13 10	13 16	13 16		
Grangetown	d	12 05		12 14		12 20	12 20			12 29	12 35		12 45	12 50			12 59	13 05	13 05		13 14	13 20	13 20		
Dingle Road	d	12 11				12 26	12 26				12 41			12 56				13 11	13 11			13 26	13 26		
Penarth	a	12 16				12 31	12 31				12 46			13 01				13 16	13 16			13 31	13 31		
Cogan	d			12 18						12 33			12 48				13 03				13 18				
Eastbrook	d			12 20						12 35			12 51				13 05				13 20				
Dinas Powys	d			12 22						12 37			12 53				13 07				13 22				
Cadoxton	d			12 26						12 41			12 57				13 11				13 26				
Barry Docks	d			12 29						12 44			13 00				13 14				13 29				
Barry 3	d			12 33						12 48			13 05				13 18				13 33				
Barry Island	a			12 39						12 54							13 24				13 39				
Rhoose Cardiff Int Airport ✈	d												13 12												
Llantwit Major	d												13 22												
Bridgend	a												13 39												

A from 19 September
B To Radyr
C until 12 September
D To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

23 May to 12 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW	AW	AW A	AW	AW	AW B	AW	AW		AW C	AW D	AW A	AW	AW	AW B	AW C	AW	AW		AW D	AW A	AW	AW
Treherbert	d	12 16							12 46									13 16				13 16			
Ynyswen	d	12 18							12 48									13 18				13 18			
Treorchy	d	12 21							12 51									13 21				13 21			
Ton Pentre	d	12 24							12 54									13 24				13 24			
Ystrad Rhondda	a	12 26							12 56									13 26				13 26			
	d	12 28							12 58									13 28				13 28			
Llwynypia	d	12 30							13 00									13 30				13 30			
Tonypandy	d	12 33							13 03									13 33				13 33			
Dinas Rhondda	d	12 35							13 05									13 35				13 35			
Porth	a	12 38							13 08									13 38				13 38			
	d	12 39							13 09									13 39				13 52			
Trehafod	d	12 42							13 12									13 42				13 55			
Merthyr Tydfil	d					12 38									13 08									13 38	
Pentre-bach	d					12 42									13 12									13 42	
Troed Y Rhiw	d					12 45									13 15									13 45	
Merthyr Vale	a					12 48									13 18									13 48	
	d					12 50									13 20									13 50	
Quakers Yard	d					12 55									13 25									13 55	
Aberdare	d		12 21							12 51															
Cwmbach	d		12 24							12 54															
Fernhill	d		12 28							12 58															
Mountain Ash	a		12 32							13 02															
	d		12 34							13 04															
Penrhiwceiber	d		12 38							13 08															
Abercynon	d		12 45			13 00				13 15					13 30				13 45					14 00	
Pontypridd 3	a	12 49	12 54			13 08			13 19	13 24					13 38			13 49	13 54			14 02		14 08	
	d	12 49	12 54			13 08			13 19	13 24					13 38			13 49	13 54			14 03		14 08	
Trefforest	d	12 52	12 57			13 11			13 22	13 27					13 41			13 52	13 57			14 06		14 11	
Trefforest Estate	d					13 15									13 45									14 15	
Taffs Well	d	12 59	13 04			13 19			13 29	13 34					13 49			13 59	14 04			14 13		14 19	
Radyr 3	a	13 03	13 08			13 23			13 33	13 38					13 53			14 03	14 08			14 17		14 23	
	d	13 03	13 08			13 23		13 33	13 33	13 38					13 53		14 03	14 03	14 08			14 21		14 23	
Danescourt	d							13 37									14 07								
Fairwater	d							13 39									14 09								
Waun-gron Park	d							13 41									14 11								
Ninian Park	d							13 44									14 14								
Llandaf	d	13 06	13 11			13 26			13 36	13 41					13 56			14 06	14 11					14 26	
Cathays	d	13 10	13 16			13 31			13 40	13 46					14 01			14 10	14 16					14 31	
Rhymney 3	d			12 27																13 27					
Pontlottyn	d			12 30																13 30					
Tir-phil	d			12 35																13 35					
Brithdir	d			12 37																13 37					
Bargoed	a			12 43																13 43					
	d			12 44			13 00					13 17				13 32				13 44					14 00
Gilfach Fargoed	d											13 19													
Pengam	d			12 49			13 04					13 22				13 37				13 49					14 04
Hengoed	d			12 53			13 08					13 25				13 40				13 53					14 08
Ystrad Mynach	d			12 56			13 11					13 28	13 28			13 43				13 56					14 11
Llanbradach	d			13 00			13 15					13 33	13 33			13 48				14 00					14 15
Energlyn & Churchill Park	d			13 04			13 19													14 04					14 19
Aber	d			13 06			13 21					13 37	13 37			13 52				14 06					14 21
Caerphilly	d			13 10			13 25					13 40	13 40			13 55				14 10					14 25
Lisvane & Thornhill	d			13 14			13 29					13 44	13 44			13 59				14 14					14 29
Llanishen	d			13 16			13 31					13 46	13 46			14 01				14 16					14 31
Heath High Level	d			13 19			13 34					13 49	13 49			14 04				14 19					14 34
Coryton	d				13 15									13 45									14 15		
Whitchurch (Cardiff)	d				13 16									13 46									14 16		
Rhiwbina	d				13 18									13 48									14 18		
Birchgrove	d				13 20									13 50									14 20		
Ty Glas	d				13 21									13 51									14 21		
Heath Low Level	d				13 24									13 54									14 24		
Cardiff Queen Street 3	a	13 15	13 20	13 25	13 30	13 35	13 40		13 45	13 50		13 55	13 55	14 00	14 05	14 10		14 15	14 20	14 25			14 30	14 35	14 40
	d	13 16	13 21	13 26	13 31	13 36	13 41		13 46	13 51		13 56	13 56	14 01	14 06	14 11		14 16	14 21	14 26			14 31	14 36	14 41
Cardiff Central 7	a	13 21	13 25	13 30	13 35	13 40	13 45	13 50	13 51	13 55		14 00	14 00	14 05	14 10	14 15	14 20	14 21	14 25	14 30		14 34	14 35	14 40	14 45
	d		13 25	13 31		13 41	13 46			13 55		14 01	14 01		14 10	14 16			14 25	14 31				14 41	14 46
Grangetown	d		13 29	13 35		13 45	13 50			13 59		14 05	14 05		14 14	14 20			14 29	14 35				14 45	14 50
Dingle Road	d			13 41			13 56					14 11	14 11			14 26				14 41					14 56
Penarth	a			13 46			14 01					14 16	14 16			14 31				14 46					15 01
Cogan	d		13 33			13 48				14 03					14 18				14 33					14 48	
Eastbrook	d		13 35			13 51				14 05					14 20				14 35					14 51	
Dinas Powys	d		13 37			13 53				14 07					14 22				14 37					14 53	
Cadoxton	d		13 41			13 57				14 11					14 26				14 41					14 57	
Barry Docks	d		13 44			14 00				14 14					14 29				14 44					15 00	
Barry 3	d		13 48			14 05				14 18					14 33				14 48					15 05	
Barry Island	a		13 54							14 24					14 39				14 54						
Rhoose Cardiff Int Airport ✈	d					14 12																		15 12	
Llantwit Major	d					14 22																		15 22	
Bridgend	a					14 39																		15 39	

A To Radyr
B To Coryton
C until 12 September
D from 19 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

23 May to 12 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW A	AW	AW	AW B	AW C		AW D	AW	AW C	AW B	AW A	AW	AW	AW	AW D		AW	AW	AW A	AW	AW	AW B	AW C	AW D
Treherbert	d		13 46												14 16						14 46				
Ynyswen	d		13 48												14 18						14 48				
Treorchy	d		13 51												14 21						14 51				
Ton Pentre	d		13 54												14 24						14 54				
Ystrad Rhondda	a		13 56												14 26						14 56				
	d		13 58												14 28						14 58				
Llwynypia	d		14 00												14 30						15 00				
Tonypandy	d		14 03												14 33						15 03				
Dinas Rhondda	d		14 05												14 35						15 05				
Porth	a		14 08												14 38						15 08				
	d		14 09												14 52						15 09				
Trehafod	d		14 12												14 55						15 12				
Merthyr Tydfil	d								14 08									14 38							
Pentre-bach	d								14 12									14 42							
Troed Y Rhiw	d								14 15									14 45							
Merthyr Vale	a								14 18									14 48							
	d								14 20									14 50							
Quakers Yard	d								14 25									14 55							
Aberdare	d			13 51									14 21									14 51			
Cwmbach	d			13 54									14 24									14 54			
Fernhill	d			13 58									14 28									14 58			
Mountain Ash	a			14 02									14 32									15 02			
	d			14 04									14 34									15 04			
Penrhiwceiber	d			14 08									14 38									15 08			
Abercynon	d			14 15					14 30				14 45					15 00				15 15			
Pontypridd 3	a		14 19	14 24					14 38				14 54		15 01			15 08			15 19	15 24			
	d		14 19	14 24					14 38				14 54		15 04			15 08			15 19	15 24			
Trefforest	d		14 22	14 27					14 41				14 57		15 07			15 11			15 22	15 27			
Trefforest Estate	d								14 45									15 15							
Taffs Well	d		14 29	14 34					14 49				15 04		15 14			15 19			15 29	15 34			
Radyr 3	a		14 33	14 38					14 53				15 08		15 19			15 23			15 33	15 38			
	d	14 33	14 33	14 38					14 53			15 03	15 08		15 21			15 23		15 33	15 33	15 38			
Danescourt	d	14 37										15 07								15 37					
Fairwater	d	14 39										15 09								15 39					
Waun-gron Park	d	14 41										15 11								15 41					
Ninian Park	d	14 44										15 14								15 44					
Llandaf	d		14 36	14 41					14 56				15 11					15 26			15 36	15 41			
Cathays	d		14 40	14 46					15 01				15 16					15 31			15 40	15 46			
Rhymney 3	d													14 27											
Pontlottyn	d													14 30											
Tir-phil	d													14 35											
Brithdir	d													14 37											
Bargoed	a													14 43											
	d				14 17					14 25	14 32			14 44					15 00				15 17		
Gilfach Fargoed	d				14 19																		15 19		
Pengam	d				14 22					14 30	14 37			14 49					15 04				15 22		
Hengoed	d				14 25					14 34	14 40			14 53					15 08				15 25		
Ystrad Mynach	d				14 28	14 28				14 39	14 43			14 56					15 11				15 28	15 28	
Llanbradach	d				14 33	14 33				14 44	14 48			15 00					15 15				15 33	15 33	
Energlyn & Churchill Park	d													15 04					15 19						
Aber	d				14 37	14 37				14 49	14 52			15 06					15 21				15 37	15 37	
Caerphilly	d				14 40	14 40				14 54	14 55			15 10					15 25				15 40	15 40	
Lisvane & Thornhill	d				14 44	14 44				14 59	14 59			15 14					15 29				15 44	15 44	
Llanishen	d				14 46	14 46				15 01	15 01			15 16					15 31				15 46	15 46	
Heath High Level	d				14 49	14 49				15 04	15 04			15 19					15 34				15 49	15 49	
Coryton	d							14 45								15 15									15 45
Whitchurch (Cardiff)	d							14 46								15 16									15 46
Rhiwbina	d							14 48								15 18									15 48
Birchgrove	d							14 50								15 20									15 50
Ty Glas	d							14 51								15 21									15 51
Heath Low Level	d							14 54								15 24									15 54
Cardiff Queen Street 3	a		14 45	14 50	14 55	14 55		15 00	15 05	15 10	15 10		15 20	15 25		15 30		15 35	15 40		15 45	15 50	15 55	15 55	16 00
	d		14 46	14 51	14 56	14 56		15 01	15 06	15 11	15 11		15 21	15 26		15 31		15 36	15 41		15 46	15 51	15 56	15 56	16 01
Cardiff Central 7	a	14 50	14 51	14 55	15 00	15 00		15 05	15 10	15 15	15 15	15 20	15 25	15 30	15 33	15 35		15 40	15 45	15 50	15 51	15 55	16 00	16 00	16 06
	d			14 55	15 01	15 01			15 10	15 16	15 16		15 25	15 31				15 41	15 46			15 55	16 03	16 03	
Grangetown	d			14 59	15 05	15 05			15 14	15 20	15 20		15 29	15 35				15 45	15 50			15 59	16 07	16 07	
Dingle Road	d				15 11	15 11				15 26	15 26			15 41					15 56				16 11	16 11	
Penarth	a				15 16	15 16				15 31	15 31			15 46					16 01				16 14	16 14	
Cogan	d			15 03					15 18				15 33					15 48				16 03			
Eastbrook	d			15 05					15 20				15 35					15 51				16 05			
Dinas Powys	d			15 07					15 22				15 37					15 53				16 07			
Cadoxton	d			15 11					15 26				15 41					15 57				16 11			
Barry Docks	d			15 14					15 29				15 44					16 00				16 14			
Barry 3	d			15 18					15 33				15 48					16 05				16 18			
Barry Island	a			15 24					15 39				15 54									16 24			
Rhoose Cardiff Int Airport ✈	d																	16 12							
Llantwit Major	d																	16 22							
Bridgend	a																	16 39							

A To Coryton
B until 12 September
C from 19 September
D To Radyr

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

23 May to 12 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW		AW A	AW B	AW C	AW	AW	AW D	AW	AW	AW C		AW	AW	AW	AW D	AW	AW	AW C	AW	AW		AW	AW D
Treherbert	d						15 16							15 46							16 16				
Ynyswen	d						15 18							15 48							16 18				
Treorchy	d						15 21							15 51							16 21				
Ton Pentre	d						15 24							15 54							16 24				
Ystrad Rhondda	a						15 26							15 56							16 26				
	d						15 28							15 58							16 28				
Llwynypia	d						15 30							16 00							16 30				
Tonypandy	d						15 33							16 03							16 33				
Dinas Rhondda	d						15 35							16 05							16 35				
Porth	a						15 38							16 08							16 38				
	d						15 39							16 09							16 39				
Trehafod	d						15 42							16 12							16 42				
Merthyr Tydfil	d	15 08								15 38								16 08							
Pentre-bach	d	15 12								15 42								16 12							
Troed Y Rhiw	d	15 15								15 45								16 15							
Merthyr Vale	a	15 18								15 48								16 18							
	d	15 20								15 50								16 20							
Quakers Yard	d	15 25								15 55								16 25							
Aberdare	d							15 21							15 51							16 21			
Cwmbach	d							15 24							15 54							16 24			
Fernhill	d							15 28							15 58							16 28			
Mountain Ash	a							15 32							16 02							16 32			
	d							15 34							16 04							16 34			
Penrhiwceiber	d							15 38							16 08							16 38			
Abercynon	d	15 30						15 45		16 00					16 15			16 30				16 45			
Pontypridd 3	a	15 38					15 49	15 54		16 08				16 19	16 24			16 38			16 49	16 54			
	d	15 38					15 49	15 54		16 08				16 19	16 24			16 38			16 49	16 54			
Trefforest	d	15 41					15 52	15 57		16 11				16 22	16 27			16 41			16 52	16 57			
Trefforest Estate	d	15 45								16 15								16 45							
Taffs Well	d	15 49					15 59	16 04		16 19				16 29	16 34			16 49			16 59	17 04			
Radyr 3	a	15 53					16 03	16 08		16 23				16 33	16 38			16 53			17 03	17 08			
	d	15 53				16 03	16 03	16 08		16 23		16 33		16 33	16 38			16 53		17 03	17 03	17 08			
Danescourt	d					16 07						16 37								17 07					
Fairwater	d					16 09						16 39								17 09					
Waun-gron Park	d					16 11						16 41								17 11					
Ninian Park	d					16 14						16 44								17 14					
Llandaf	d	15 56					16 06	16 11		16 26				16 36	16 41			16 56			17 06	17 11			
Cathays	d	16 01					16 10	16 16		16 31				16 40	16 46			17 01			17 10	17 16			
Rhymney 3	d																							16 27	
Pontlottyn	d																							16 30	
Tir-phil	d																							16 35	
Brithdir	d																							16 37	
Bargoed	a																							16 43	
	d			15 25	15 32						16 00					16 17			16 32					16 44	
Gilfach Fargoed	d															16 19									
Pengam	d			15 30	15 37						16 04					16 22			16 37					16 49	
Hengoed	d			15 34	15 40						16 08					16 25			16 40					16 53	
Ystrad Mynach	d			15 39	15 43						16 11					16 28			16 43					16 56	
Llanbradach	d			15 44	15 48						16 15					16 33			16 48					17 00	
Energlyn & Churchill Park	d										16 19													17 04	
Aber	d			15 49	15 52						16 21					16 37			16 52					17 06	
Caerphilly	d			15 54	15 55						16 25					16 40			16 55					17 10	
Lisvane & Thornhill	d			15 59	15 59						16 29					16 44			16 59					17 14	
Llanishen	d			16 01	16 01						16 31					16 46			17 01					17 16	
Heath High Level	d			16 04	16 04						16 34					16 49			17 04					17 19	
Coryton	d								16 15								16 45								17 15
Whitchurch (Cardiff)	d								16 16								16 46								17 16
Rhiwbina	d								16 18								16 48								17 18
Birchgrove	d								16 20								16 50								17 20
Ty Glas	d								16 21								16 51								17 21
Heath Low Level	d								16 24								16 54								17 24
Cardiff Queen Street 3	a	16 05		16 10	16 10		16 15	16 20	16 30	16 35	16 40			16 45	16 50	16 55	17 00	17 05	17 10		17 15	17 20		17 25	17 30
	d	16 06		16 11	16 11		16 16	16 21	16 31	16 36	16 41			16 46	16 51	16 56	17 01	17 06	17 11		17 16	17 21		17 26	17 31
Cardiff Central 7	a	16 10		16 15	16 15	16 20	16 21	16 25	16 35	16 40	16 45	16 50		16 51	16 55	17 00	17 05	17 10	17 15	17 20	17 21	17 25		17 30	17 35
	d	16 10		16 16	16 16			16 25		16 41	16 46				16 55	17 01		17 10	17 16			17 25		17 31	
Grangetown	d	16 14		16 20	16 20			16 29		16 45	16 50				16 59	17 05		17 14	17 20			17 29		17 35	
Dingle Road	d			16 26	16 26						16 56					17 11			17 26					17 41	
Penarth	a			16 31	16 31						17 01					17 16			17 31					17 46	
Cogan	d	16 18						16 33		16 48					17 03			17 18				17 33			
Eastbrook	d	16 20						16 35		16 51					17 05			17 20				17 35			
Dinas Powys	d	16 22						16 37		16 53					17 07			17 22				17 37			
Cadoxton	d	16 26						16 41		16 57					17 11			17 26				17 41			
Barry Docks	d	16 29						16 44		17 00					17 14			17 29				17 44			
Barry 3	d	16 33						16 48		17 05					17 18			17 33				17 48			
Barry Island	a	16 39						16 54							17 24			17 39				17 54			
Rhoose Cardiff Int Airport ✈	d									17 12															
Llantwit Major	d									17 22															
Bridgend	a									17 39															

A from 19 September
B until 12 September
C To Coryton
D To Radyr

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

23 May to 12 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW	AW A	AW	AW	AW	AW B		AW	AW	AW A	AW	AW	AW	AW B	AW	AW A		AW	AW	AW	AW	AW	AW
Treherbert	d				16 46								17 16							17 46					
Ynyswen	d				16 48								17 18							17 48					
Treorchy	d				16 51								17 21							17 51					
Ton Pentre	d				16 54								17 24							17 54					
Ystrad Rhondda	a				16 56								17 26							17 56					
	d				16 58								17 28							17 58					
Llwynypia	d				17 00								17 30							18 00					
Tonypandy	d				17 03								17 33							18 03					
Dinas Rhondda	d				17 05								17 35							18 05					
Porth	a				17 08								17 38							18 08					
	d				17 09								17 39							18 09					
Trehafod	d				17 12								17 42							18 12					
Merthyr Tydfil	d	16 38								17 08							17 38							18 08	
Pentre-bach	d	16 42								17 12							17 42							18 12	
Troed Y Rhiw	d	16 45								17 15							17 45							18 15	
Merthyr Vale	a	16 48								17 18							17 48							18 18	
	d	16 50								17 20							17 50							18 20	
Quakers Yard	d	16 55								17 25							17 55							18 25	
Aberdare	d					16 51								17 21							17 51				
Cwmbach	d					16 54								17 24							17 54				
Fernhill	d					16 58								17 28							17 58				
Mountain Ash	a					17 02								17 32							18 02				
	d					17 04								17 34							18 04				
Penrhiwceiber	d					17 08								17 38							18 08				
Abercynon	d	17 00				17 15				17 30				17 45			18 00				18 15			18 30	
Pontypridd 3	a	17 08			17 19	17 24				17 38			17 49	17 54			18 08			18 19	18 24			18 38	
	d	17 08			17 19	17 24				17 38			17 49	17 54			18 08			18 19	18 24			18 38	
Trefforest	d	17 11			17 22	17 27				17 41			17 52	17 57			18 11			18 22	18 27			18 41	
Trefforest Estate	d	17 15								17 45							18 15							18 45	
Taffs Well	d	17 19			17 29	17 34				17 49			17 59	18 04			18 19			18 29	18 34			18 49	
Radyr 3	a	17 23			17 33	17 38				17 53			18 03	18 08			18 23			18 33	18 38			18 53	
	d	17 23		17 33	17 33	17 38				17 53		18 03	18 03	18 08			18 23	18 33		18 33	18 38			18 53	19 03
Danescourt	d			17 37								18 07						18 37							19 07
Fairwater	d			17 39								18 09						18 39							19 09
Waun-gron Park	d			17 41								18 11						18 41							19 11
Ninian Park	d			17 44								18 14						18 44							19 14
Llandaf	d	17 26			17 36	17 41				17 56			18 06	18 11			18 26			18 36	18 41			18 56	
Cathays	d	17 31			17 40	17 46				18 01			18 10	18 16			18 31			18 40	18 46			19 01	
Rhymney 3	d														17 27										
Pontlottyn	d														17 30										
Tir-phil	d														17 35										
Brithdir	d														17 37										
Bargoed	a														17 43										
	d		17 00				17 17				17 32				17 44							18 15			
Gilfach Fargoed	d						17 19															18 18			
Pengam	d		17 04				17 22				17 37				17 49							18 20			
Hengoed	d		17 08				17 25				17 40				17 53							18 24			
Ystrad Mynach	d		17 11				17 28				17 43				17 56							18 27			
Llanbradach	d		17 15				17 33				17 48				18 00							18 31			
Energlyn & Churchill Park	d		17 19												18 04							18 35			
Aber	d		17 21				17 37				17 52				18 06							18 37			
Caerphilly	d		17 25				17 40				17 55				18 10							18 40			
Lisvane & Thornhill	d		17 29				17 44				17 59				18 14							18 44			
Llanishen	d		17 31				17 46				18 01				18 16							18 46			
Heath High Level	d		17 34				17 49				18 04				18 19							18 49			
Coryton	d							17 45								18 15							18 45		
Whitchurch (Cardiff)	d							17 46								18 16							18 46		
Rhiwbina	d							17 48								18 18							18 48		
Birchgrove	d							17 50								18 20							18 50		
Ty Glas	d							17 51								18 21							18 51		
Heath Low Level	d							17 54								18 24							18 54		
Cardiff Queen Street 3	a	17 35	17 40		17 45	17 50	17 55	18 00		18 05	18 10		18 15	18 20	18 25	18 30	18 35			18 45	18 50	18 55	19 00	19 05	
	d	17 36	17 41		17 46	17 51	17 56	18 01		18 06	18 11		18 16	18 21	18 26	18 31	18 36			18 46	18 51	18 56	19 01	19 06	
Cardiff Central 7	a	17 40	17 45	17 50	17 51	17 55	18 00	18 06		18 10	18 15	18 20	18 21	18 25	18 30	18 35	18 40	18 50		18 51	18 55	19 00	19 05	19 11	19 21
	d	17 41	17 46			17 55	18 01			18 10	18 16			18 25	18 31		18 41				18 55	19 01			
Grangetown	d	17 45	17 50			17 59	18 05			18 14	18 20			18 29	18 35		18 45				18 59	19 05			
Dingle Road	d		17 56				18 11				18 26				18 41							19 11			
Penarth	a		18 01				18 16				18 31				18 46							19 16			
Cogan	d	17 48				18 03				18 18				18 33			18 48				19 03				
Eastbrook	d	17 51				18 05				18 20				18 35			18 51				19 05				
Dinas Powys	d	17 53				18 07				18 22				18 37			18 53				19 07				
Cadoxton	d	17 57				18 11				18 26				18 41			18 57				19 11				
Barry Docks	d	18 00				18 14				18 29				18 44			19 00				19 14				
Barry 3	d	18 05				18 18				18 33				18 48			19 05				19 18				
Barry Island	a					18 24				18 39				18 54							19 24				
Rhoose Cardiff Int Airport ✈	d	18 12															19 12								
Llantwit Major	d	18 22															19 22								
Bridgend	a	18 39															19 39								

A To Coryton **B** To Radyr

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

23 May to 12 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW	AW		AW A	AW	AW	AW B	AW C	AW	AW B	AW	AW		AW	AW	AW A	AW	AW	AW	AW	AW	AW	
Treherbert	d	18 16						18 46						19 16							19 46				
Ynyswen	d	18 18						18 48						19 18							19 48				
Treorchy	d	18 21						18 51						19 21							19 51				
Ton Pentre	d	18 24						18 54						19 24							19 54				
Ystrad Rhondda	a	18 26						18 56						19 26							19 56				
	d	18 28						18 58						19 28							19 58				
Llwynypia	d	18 30						19 00						19 30							20 00				
Tonypandy	d	18 33						19 03						19 33							20 03				
Dinas Rhondda	d	18 35						19 05						19 35							20 05				
Porth	a	18 38						19 08						19 38							20 08				
	d	18 39						19 09						19 39							20 09				
Trehafod	d	18 42						19 12						19 42							20 12				
Merthyr Tydfil	d						18 38						19 08						19 38						
Pentre-bach	d						18 42						19 12						19 42						
Troed Y Rhiw	d						18 45						19 15						19 45						
Merthyr Vale	a						18 48						19 18						19 48						
	d						18 50						19 20						19 50						
Quakers Yard	d						18 55						19 25						19 55						
Aberdare	d		18 21						18 51	18 51												19 51			
Cwmbach	d		18 24						18 54	18 54												19 54			
Fernhill	d		18 28						18 58	18 58												19 58			
Mountain Ash	a		18 32						19 01	19 02												20 02			
	d		18 34						19 04	19 04												20 04			
Penrhiwceiber	d		18 38						19 08	19 08												20 08			
Abercynon	d		18 45				19 00		19 15	19 15			19 30				19 45		20 00			20 15			
Pontypridd 3	a	18 49	18 54				19 08	19 19	19 23	19 24			19 38	19 49			19 54		20 08		20 19	20 24			
	d	18 49	18 54				19 08	19 19	19 24	19 24			19 38	19 49			19 54		20 08		20 19	20 24			
Trefforest	d	18 52	18 57				19 11	19 22	19 27	19 27			19 41	19 52			19 57		20 11		20 22	20 27			
Trefforest Estate	d						19 15						19 45						20 15						
Taffs Well	d	18 59	19 04				19 19	19 29	19 34	19 34			19 49	19 59			20 04		20 19		20 29	20 34			
Radyr 3	a	19 03	19 08				19 23	19 33	19 38	19 38			19 53	20 03			20 08		20 23		20 33	20 38			
	d	19 03	19 08				19 23	19 33	19 38	19 38			19 53	20 03		20 04	20 08		20 23		20 33	20 38		21 03	
Danescourt	d															20 08								21 07	
Fairwater	d															20 10								21 09	
Waun-gron Park	d															20 12								21 11	
Ninian Park	d															20 15								21 14	
Llandaf	d	19 06	19 11				19 26	19 36	19 41	19 41			19 56	20 06			20 11		20 26		20 36	20 41			
Cathays	d	19 10	19 16				19 31	19 40	19 46	19 46			20 01	20 10			20 16		20 31		20 40	20 46			
Rhymney 3	d																						20 00		
Pontlottyn	d																						20 03		
Tir-phil	d																						20 08		
Brithdir	d																						20 10		
Bargoed	a																						20 15		
	d			18 49																			20 15		
Gilfach Fargoed	d			18 51																			20 17		
Pengam	d			18 54																			20 20		
Hengoed	d			18 57																			20 23		
Ystrad Mynach	d			19 00																			20 27		
Llanbradach	d			19 05																			20 31		
Energlyn & Churchill Park	d																						20 35		
Aber	d			19 09																			20 37		
Caerphilly	d			19 12							19 40									20 26			20 40		
Lisvane & Thornhill	d			19 16							19 44									20 30			20 45		
Llanishen	d			19 18							19 46									20 32			20 47		
Heath High Level	d			19 21							19 49									20 35			20 50		
Coryton	d					19 15												20 15							
Whitchurch (Cardiff)	d					19 16												20 16							
Rhiwbina	d					19 18												20 18							
Birchgrove	d					19 20												20 20							
Ty Glas	d					19 21												20 21							
Heath Low Level	d					19 24												20 24							
Cardiff Queen Street 3	a	19 15	19 20	19 27		19 31	19 36	19 45	19 49	19 50	19 55		20 05	20 15			20 20	20 30	20 35	20 41	20 46	20 50	20 56		
	d	19 16	19 21	19 27		19 32	19 37	19 46	19 51	19 51	19 56		20 06	20 16			20 21	20 31	20 36	20 42	20 46	20 51	20 56		
Cardiff Central 7	a	19 21	19 25	19 31		19 36	19 41	19 51	19 56	19 56	20 00		20 10	20 21		20 24	20 26	20 35	20 40	20 46	20 51	20 56	21 00	21 20	
	d		19 25	19 33			19 41			20 03		20 03	20 10				20 31		20 41			21 06	21 10		
Grangetown	d		19 29	19 37			19 45			20 07		20 07	20 14				20 35		20 45			21 10	21 14		
Dingle Road	d			19 41						20 11		20 11					20 41					21 14			
Penarth	a			19 46						20 16		20 16					20 46					21 19			
Cogan	d		19 33				19 49						20 18						20 48				21 18		
Eastbrook	d		19 35				19 51						20 20						20 51				21 20		
Dinas Powys	d		19 37				19 53						20 22						20 53				21 22		
Cadoxton	d		19 41				19 58						20 26						20 57				21 26		
Barry Docks	d		19 44				20 00						20 29						21 00				21 29		
Barry 3	d		19 48				20 05						20 33						21 07				21 33		
Barry Island	a		19 54										20 39										21 39		
Rhoose Cardiff Int Airport ✈	d						20 12												21 14						
Llantwit Major	d						20 22												21 24						
Bridgend	a						20 39												21 39						

A To Radyr **B** from 8 August **C** until 1 August

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

23 May to 12 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW	AW	AW A	AW	AW	AW	AW B	AW		AW	AW	AW	AW	AW	AW	AW	AW						
Treherbert	d	20 16								21 16															
Ynyswen	d	20 18								21 18															
Treorchy	d	20 21								21 21															
Ton Pentre	d	20 24								21 24															
Ystrad Rhondda	a	20 26								21 26															
	d	20 28								21 28															
Llwynypia	d	20 30								21 30															
Tonypandy	d	20 33								21 33															
Dinas Rhondda	d	20 35								21 35															
Porth	a	20 38								21 38															
	d	20 39								21 39															
Trehafod	d	20 42								21 42															
Merthyr Tydfil	d					20 38							21 38					22 38							
Pentre-bach	d					20 42							21 42					22 42							
Troed Y Rhiw	d					20 45							21 45					22 45							
Merthyr Vale	a					20 48							21 48					22 48							
	d					20 50							21 50					22 50							
Quakers Yard	d					20 55							21 55					22 55							
Aberdare	d		20 22				20 51								21 51				22 51						
Cwmbach	d		20 25				20 54								21 54				22 54						
Fernhill	d		20 28				20 58								21 58				22 58						
Mountain Ash	a		20 32				21 02								22 02				23 02						
	d		20 34				21 04								22 04				23 04						
Penrhiwceiber	d		20 37				21 08								22 08				23 08						
Abercynon	d		20 45			21 00	21 15						22 00		22 15			23 00	23 14						
Pontypridd 3	a	20 49	20 54			21 08	21 24			21 49			22 08		22 24			23 08	23 24						
	d	20 49	20 54			21 08	21 24			21 49			22 08		22 24			23 08							
Trefforest	d	20 52	20 57			21 11	21 27			21 52			22 11		22 27			23 11							
Trefforest Estate	d					21 15							22 15					23 15							
Taffs Well	d	20 59	21 04			21 19	21 34			21 59			22 19		22 34			23 19							
Radyr 3	a	21 03	21 08			21 23	21 38			22 03			22 23		22 38			23 23							
	d	21 03	21 08			21 23	21 38		22 03	22 03			22 23		22 38		23 14	23 23							
Danescourt	d								22 07																
Fairwater	d								22 09																
Waun-gron Park	d								22 11																
Ninian Park	d								22 14																
Llandaf	d	21 06	21 11			21 26	21 41			22 06			22 26		22 41		23 16	23 26							
Cathays	d	21 10	21 16			21 31	21 46			22 10			22 31		22 46		23 20	23 31							
Rhymney 3	d											21 36													
Pontlottyn	d											21 39													
Tir-phil	d											21 44													
Brithdir	d											21 46													
Bargoed	a											21 50													
	d											21 50													
Gilfach Fargoed	d											21 53													
Pengam	d											21 55													
Hengoed	d											21 59													
Ystrad Mynach	d							21 39				22 02													
Llanbradach	d							21 43				22 06													
Energlyn & Churchill Park	d											22 10													
Aber	d							21 48				22 12													
Caerphilly	d							21 51				22 15		22 29											
Lisvane & Thornhill	d							21 55				22 19													
Llanishen	d							21 57				22 21													
Heath High Level	d							22 00				22 24													
Coryton	d				21 15											22 45									
Whitchurch (Cardiff)	d				21 16											22 46									
Rhiwbina	d				21 18											22 48									
Birchgrove	d				21 20											22 50									
Ty Glas	d				21 21											22 51									
Heath Low Level	d				21 24											22 54									
Cardiff Queen Street 3	a	21 15	21 20		21 30	21 35	21 50	22 06		22 15		22 30	22 35	22 40	22 51	23 00	23 25	23 35							
	d	21 16	21 21		21 31	21 36	21 51	22 06		22 16		22 31	22 36	22 40	22 54	23 01	23 25	23 36							
Cardiff Central 7	a	21 21	21 26		21 35	21 40	21 56	22 10	22 20	22 21		22 35	22 40	22 44	22 59	23 05	23 29	23 41							
	d			21 32		21 41	22 05	22 10				22 36			23 11		23 31								
Grangetown	d			21 36		21 45	22 09	22 14				22 40			23 15		23 35								
Dingle Road	d			21 41			22 13					22 44			23 19										
Penarth	a			21 46			22 18					22 49			23 24										
Cogan	d					21 48		22 18									23 38								
Eastbrook	d					21 51		22 20									23 41								
Dinas Powys	d					21 53		22 22									23 43								
Cadoxton	d					21 57		22 26									23 47								
Barry Docks	d					22 00		22 29									23 50								
Barry 3	d					22 05		22 33									23 54								
Barry Island	a							22 40									00 01								
Rhoose Cardiff Int Airport ✈	d					22 12																			
Llantwit Major	d					22 22																			
Bridgend	a					22 39																			

A To Radyr **B** To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Sundays

17 May to 6 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW A	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW
Treherbert	d						08 17	08 47	09 16							10 17			11 17						12 17
Ynyswen	d						08 19	08 49	09 18							10 19			11 19						12 19
Treorchy	d						08 21	08 51	09 21							10 21			11 21						12 21
Ton Pentre	d						08 23	08 53	09 24							10 23			11 23						12 23
Ystrad Rhondda	a						08 26	08 56	09 26							10 26			11 26						12 26
	d						08 28	08 58	09 28							10 28			11 28						12 28
Llwynypia	d						08 30	09 00	09 30							10 30			11 30						12 30
Tonypandy	d						08 33	09 03	09 33							10 33			11 33						12 33
Dinas Rhondda	d						08 35	09 05	09 35							10 35			11 35						12 35
Porth	a						08 38	09 08	09 38							10 38			11 38						12 38
	d						08 39	09 09	09 39							10 39			11 39						12 39
Trehafod	d						08 42	09 12	09 42							10 42			11 42						12 42
Merthyr Tydfil	d												09 38									11 38			
Pentre-bach	d												09 42									11 42			
Troed Y Rhiw	d												09 45									11 45			
Merthyr Vale	a												09 48									11 48			
	d												09 50									11 50			
Quakers Yard	d												09 55									11 55			
Aberdare	d													09 53				10 53					11 53		
Cwmbach	d													09 56				10 56					11 56		
Fernhill	d													10 00				11 00					12 00		
Mountain Ash	a													10 04				11 04					12 04		
	d													10 04				11 04					12 04		
Penrhiwceiber	d													10 08				11 08					12 08		
Abercynon	d												10 00	10 15				11 14				12 00	12 15		
Pontypridd 3	a						08 49	09 19	09 49				10 08	10 24		10 49		11 24	11 49			12 08	12 24		12 49
	d						08 50	09 19	09 49				10 09	10 24		10 49		11 24	11 49			12 09	12 24		12 49
Trefforest	d						08 53	09 22	09 52				10 12	10 27		10 52		11 27	11 52			12 12	12 27		12 52
Trefforest Estate	d																								
Taffs Well	d						09 00	09 29	09 59				10 20	10 34		10 59		11 34	11 59			12 20	12 34		12 59
Radyr 3	a						09 04	09 33	10 03				10 23	10 38		11 03		11 38	12 03			12 23	12 38		13 03
	d						09 04	09 33	10 03				10 23	10 38		11 03		11 38	12 03			12 23	12 38		13 03
Danescourt	d																								
Fairwater	d																								
Waun-gron Park	d																								
Ninian Park	d																								
Llandaf	d						09 07	09 36	10 06				10 26	10 41		11 06		11 41	12 06			12 26	12 41		13 06
Cathays	d						09 11	09 40	10 10				10 31	10 46		11 10		11 46	12 11			12 31	12 46		13 11
Rhymney 3	d														10 10									12 11	
Pontlottyn	d														10 13									12 14	
Tir-phil	d														10 17									12 19	
Brithdir	d														10 20									12 21	
Bargoed	a														10 25									12 26	
	d														10 25									12 26	
Gilfach Fargoed	d														10 27									12 29	
Pengam	d														10 30									12 31	
Hengoed	d														10 33									12 35	
Ystrad Mynach	d														10 36									12 38	
Llanbradach	d														10 41									12 42	
Energlyn & Churchill Park	d														10 44									12 46	
Aber	d														10 47									12 48	
Caerphilly	d											10 10			10 50		11 10			12 10				12 52	
Lisvane & Thornhill	d											10 14			10 55		11 14			12 14				12 56	
Llanishen	d											10 16			10 57		11 16			12 16				12 58	
Heath High Level	d											10 19			11 00		11 19			12 19				13 01	
Coryton	d																								
Whitchurch (Cardiff)	d																								
Rhiwbina	d																								
Birchgrove	d																								
Ty Glas	d																								
Heath Low Level	d																								
Cardiff Queen Street 3	a						09 16	09 45	10 15			10 25	10 35	10 50	11 06	11 15	11 25	11 50	12 15	12 25		12 35	12 50	13 07	13 16
	d	00 01					09 16	09 45	10 16			10 26	10 36	10 51	11 06	11 15	11 26	11 51	12 16	12 26		12 36	12 51	13 08	13 16
Cardiff Central 7	a	00 05					09 21	09 48	10 20			10 30	10 40	10 55	11 10	11 20	11 30	11 55	12 20	12 30		12 40	12 55	13 12	13 20
	d		08 25	08 41	08 55	09 16	09 25	09 55		10 25			10 41	10 55	11 16	11 25		11 55	12 25			12 41	12 55	13 18	13 25
Grangetown	d		08 29	08 45	08 59	09 20	09 29	09 59		10 29			10 45	10 59	11 20	11 29		11 59	12 29			12 45	12 59	13 22	13 29
Dingle Road	d					09 26									11 24									13 26	
Penarth	a					09 31									11 29									13 31	
Cogan	d		08 33	08 48	09 03		09 33	10 03		10 33			10 48	11 03		11 33		12 03	12 33			12 48	13 03		13 33
Eastbrook	d		08 35	08 51	09 05		09 35	10 05		10 35			10 51	11 05		11 35		12 05	12 35			12 51	13 05		13 35
Dinas Powys	d		08 37	08 53	09 07		09 37	10 07		10 37			10 53	11 07		11 37		12 07	12 37			12 53	13 07		13 37
Cadoxton	d		08 41	08 57	09 11		09 41	10 11		10 41			10 57	11 11		11 41		12 11	12 41			12 57	13 11		13 41
Barry Docks	d		08 44	09 00	09 14		09 44	10 14		10 44			11 00	11 14		11 44		12 14	12 44			13 00	13 14		13 44
Barry 3	d		08 48	09 05	09 18		09 48	10 18		10 48			11 05	11 18		11 48		12 18	12 48			13 05	13 18		13 48
Barry Island	a		08 53		09 23		09 54	10 24		10 54				11 24		11 54		12 24	12 54				13 24		13 54
Rhoose Cardiff Int Airport ✈	d			09 12									11 12									13 12			
Llantwit Major	d			09 22									11 22									13 22			
Bridgend	a			09 39									11 39									13 39			

A not 17 May. From Cardiff Bay

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Sundays

17 May to 6 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW
Treherbert	d			13 17						14 17				15 17						16 17				17 17	
Ynyswen	d			13 19						14 19				15 19						16 19				17 19	
Treorchy	d			13 21						14 21				15 21						16 21				17 21	
Ton Pentre	d			13 23						14 23				15 23						16 23				17 23	
Ystrad Rhondda	a			13 26						14 26				15 26						16 26				17 26	
	d			13 28						14 28				15 28						16 28				17 28	
Llwynypia	d			13 30						14 30				15 30						16 30				17 30	
Tonypandy	d			13 33						14 33				15 33						16 33				17 33	
Dinas Rhondda	d			13 35						14 35				15 35						16 35				17 35	
Porth	a			13 38						14 38				15 38						16 38				17 38	
	d			13 39						14 39				15 39						16 39				17 39	
Trehafod	d			13 42						14 42				15 42						16 42				17 42	
Merthyr Tydfil	d					13 38										15 38						16 38			
Pentre-bach	d					13 42										15 42						16 42			
Troed Y Rhiw	d					13 45										15 45						16 45			
Merthyr Vale	a					13 48										15 48						16 48			
	d					13 50										15 50						16 50			
Quakers Yard	d					13 55										15 55						16 55			
Aberdare	d		12 53									14 53											16 53		
Cwmbach	d		12 56									14 56											16 56		
Fernhill	d		13 00									15 00											17 00		
Mountain Ash	a		13 04									15 04											17 04		
	d		13 04									15 04											17 04		
Penrhiwceiber	d		13 08									15 08											17 08		
Abercynon	d		13 14			14 00						15 14				16 00						17 00	17 14		
Pontypridd 3	a		13 24	13 49		14 08				14 49		15 24		15 49		16 08				16 49		17 08	17 24	17 49	
	d		13 24	13 49		14 09				14 49		15 24		15 49		16 09				16 49		17 09	17 24	17 49	
Trefforest	d		13 27	13 52		14 12				14 52		15 27		15 52		16 12				16 52		17 12	17 27	17 52	
Trefforest Estate	d																								
Taffs Well	d		13 34	13 59		14 20				14 59		15 34		15 59		16 20				16 59		17 20	17 34	17 59	
Radyr 3	a		13 38	14 03		14 23				15 03		15 38		16 03		16 23				17 03		17 23	17 38	18 03	
	d		13 38	14 03		14 23				15 03		15 38		16 03		16 23				17 03		17 23	17 38	18 03	
Danescourt	d																								
Fairwater	d																								
Waun-gron Park	d																								
Ninian Park	d																								
Llandaf	d		13 41	14 06		14 26				15 06		15 41		16 06		16 26				17 06		17 26	17 41	18 06	
Cathays	d		13 46	14 10		14 31				15 10		15 46		16 10		16 31				17 10		17 31	17 46	18 10	
Rhymney 3	d								14 11				15 10						16 11						
Pontlottyn	d								14 14				15 13						16 14						
Tir-phil	d								14 19				15 18						16 19						
Brithdir	d								14 21				15 20						16 21						
Bargoed	a								14 26				15 25						16 26						
	d								14 26				15 25						16 26						
Gilfach Fargoed	d								14 29				15 28						16 29						
Pengam	d								14 31				15 30						16 31						
Hengoed	d								14 35				15 34						16 35						
Ystrad Mynach	d								14 38				15 37						16 38						
Llanbradach	d								14 42				15 41						16 42						
Energlyn & Churchill Park	d								14 46				15 45						16 46						
Aber	d								14 48				15 47						16 48						
Caerphilly	d	13 10			14 10				14 52		15 10		15 51		16 10				16 52		17 10				18 10
Lisvane & Thornhill	d	13 14			14 14				14 56		15 14		15 55		16 14				16 56		17 14				18 14
Llanishen	d	13 16			14 16				14 58		15 16		15 57		16 16				16 58		17 16				18 16
Heath High Level	d	13 19			14 19				15 01		15 19		16 00		16 19				17 01		17 19				18 19
Coryton	d																								
Whitchurch (Cardiff)	d																								
Rhiwbina	d																								
Birchgrove	d																								
Ty Glas	d																								
Heath Low Level	d																								
Cardiff Queen Street 3	a	13 25	13 50	14 15	14 25	14 35			15 07	15 15	15 25	15 50	16 06	16 15	16 25	16 35			17 07	17 15	17 25	17 35	17 50	18 15	18 25
	d	13 26	13 51	14 16	14 26	14 36			15 08	15 16	15 26	15 51	16 07	16 16	16 26	16 36			17 08	17 16	17 26	17 36	17 51	18 16	18 26
Cardiff Central 7	a	13 30	13 55	14 20	14 30	14 40			15 12	15 20	15 30	15 55	16 11	16 20	16 30	16 40			17 12	17 20	17 30	17 41	17 55	18 20	18 30
	d		13 55	14 25		14 41		14 55	15 16	15 25		15 55	16 16	16 25		16 41		16 55	17 16	17 25		17 41	17 55	18 25	
Grangetown	d		13 59	14 29		14 45		14 59	15 20	15 29		15 59	16 20	16 29		16 45		16 59	17 20	17 29		17 45	17 59	18 29	
Dingle Road	d								15 24				16 24						17 24						
Penarth	a								15 29				16 29						17 29						
Cogan	d		14 03	14 33		14 48		15 03		15 33		16 03		16 33		16 48		17 03		17 33		17 48	18 03	18 33	
Eastbrook	d		14 05	14 35		14 51		15 05		15 35		16 05		16 35		16 51		17 05		17 35		17 51	18 05	18 35	
Dinas Powys	d		14 07	14 37		14 53		15 07		15 37		16 07		16 37		16 53		17 07		17 37		17 53	18 07	18 37	
Cadoxton	d		14 11	14 41		14 57		15 11		15 41		16 11		16 41		16 57		17 11		17 41		17 57	18 11	18 41	
Barry Docks	d		14 14	14 44		15 00		15 14		15 44		16 14		16 44		17 00		17 14		17 44		18 00	18 14	18 44	
Barry 3	d		14 18	14 48		15 05		15 18		15 48		16 18		16 48		17 05		17 18		17 48		18 05	18 18	18 48	
Barry Island	a		14 24	14 54				15 24		15 54		16 24		16 54				17 24		17 54			18 24	18 54	
Rhoose Cardiff Int Airport ✈	d					15 12										17 12						18 12			
Llantwit Major	d					15 22										17 22						18 22			
Bridgend	a					15 39										17 39						18 39			

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Sundays

17 May to 6 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW					
Treherbert	d					18 17			19 16							20 17			21 17						
Ynyswen	d					18 19			19 18							20 19			21 19						
Treorchy	d					18 21			19 21							20 21			21 21						
Ton Pentre	d					18 23			19 24							20 23			21 23						
Ystrad Rhondda	a					18 26			19 26							20 26			21 26						
	d					18 28			19 28							20 28			21 28						
Llwynypia	d					18 30			19 30							20 30			21 30						
Tonypandy	d					18 33			19 33							20 33			21 33						
Dinas Rhondda	d					18 35			19 35							20 35			21 35						
Porth	a					18 38			19 38							20 38			21 38						
	d					18 39			19 39							20 39			21 39						
Trehafod	d					18 42			19 42							20 42			21 42						
Merthyr Tydfil	d	17 38												19 38						21 38					
Pentre-bach	d	17 42												19 42						21 42					
Troed Y Rhiw	d	17 45												19 45						21 45					
Merthyr Vale	a	17 48												19 48						21 48					
	d	17 50												19 50						21 50					
Quakers Yard	d	17 55												19 55						21 55					
Aberdare	d			17 53				18 54							19 53			20 53							
Cwmbach	d			17 56				18 57							19 56			20 56							
Fernhill	d			18 00				19 01							20 00			21 00							
Mountain Ash	a			18 05				19 05							20 04			21 04							
	d			18 05				19 06							20 05			21 04							
Penrhiwceiber	d			18 09				19 10							20 09			21 08							
Abercynon	d	18 00		18 15				19 16						20 00	20 15			21 15		22 00					
Pontypridd 3	a	18 08		18 24		18 49		19 24	19 49					20 08	20 24	20 49		21 23	21 49	22 08					
	d	18 09		18 24		18 49		19 24	19 49					20 09	20 24	20 49		21 24	21 49	22 09					
Trefforest	d	18 12		18 27		18 52		19 27	19 52					20 12	20 27	20 52		21 27	21 52	22 12					
Trefforest Estate	d																								
Taffs Well	d	18 20		18 34		18 59		19 34	19 59					20 20	20 34	20 59		21 34	21 59	22 20					
Radyr 3	a	18 23		18 38		19 03		19 38	20 03					20 23	20 38	21 03		21 38	22 03	22 23					
	d	18 23		18 38		19 03		19 38	20 03					20 23	20 38	21 03		21 38	22 03	22 23					
Danescourt	d																								
Fairwater	d																								
Waun-gron Park	d																								
Ninian Park	d																								
Llandaf	d	18 26		18 41		19 06		19 41	20 06					20 26	20 41	21 06		21 41	22 06	22 26					
Cathays	d	18 31		18 46		19 10		19 46	20 10					20 31	20 46	21 10		21 46	22 10	22 31					
Rhymney 3	d				18 11					19 22															
Pontlottyn	d				18 14					19 25															
Tir-phil	d				18 19					19 30															
Brithdir	d				18 21					19 32															
Bargoed	a				18 26					19 37															
	d				18 26					19 37															
Gilfach Fargoed	d				18 29					19 39															
Pengam	d				18 31					19 42															
Hengoed	d				18 35					19 45															
Ystrad Mynach	d				18 38					19 49															
Llanbradach	d				18 42					19 53															
Energlyn & Churchill Park	d				18 46					19 57															
Aber	d				18 48					19 59															
Caerphilly	d				18 52		19 10			20 03	20 10						21 10								
Lisvane & Thornhill	d				18 56		19 14			20 08	20 14						21 14								
Llanishen	d				18 58		19 16			20 10	20 16						21 16								
Heath High Level	d				19 01		19 19			20 13	20 19						21 19								
Coryton	d																								
Whitchurch (Cardiff)	d																								
Rhiwbina	d																								
Birchgrove	d																								
Ty Glas	d																								
Heath Low Level	d																								
Cardiff Queen Street 3	a	18 35		18 50	19 07	19 15	19 25	19 50	20 15	20 20	20 25			20 35	20 50	21 15	21 25	21 50	22 15	22 35					
	d	18 36		18 51	19 08	19 16	19 26	19 51	20 15	20 21	20 26			20 36	20 51	21 16	21 26	21 51	22 16	22 36					
Cardiff Central 7	a	18 40		18 55	19 12	19 20	19 30	19 55	20 19	20 24	20 30			20 40	20 55	21 21	21 30	21 56	22 21	22 41					
	d	18 42		18 55	19 16	19 25		19 55		20 25		20 32		20 41	20 55	21 25			22 25						
Grangetown	d	18 46		18 59	19 20	19 29		19 59		20 29		20 36		20 45	20 59	21 29			22 29						
Dingle Road	d				19 24							20 41													
Penarth	a				19 30							20 46													
Cogan	d	18 50		19 03		19 33		20 03		20 33				20 48	21 03	21 33			22 33						
Eastbrook	d	18 52		19 05		19 35		20 05		20 35				20 51	21 05	21 35			22 35						
Dinas Powys	d	18 54		19 07		19 37		20 07		20 37				20 53	21 07	21 37			22 37						
Cadoxton	d	18 59		19 11		19 41		20 11		20 41				20 57	21 11	21 41			22 41						
Barry Docks	d	19 01		19 14		19 44		20 14		20 44				21 00	21 14	21 44			22 44						
Barry 3	d	19 06		19 18		19 48		20 18		20 48				21 05	21 18	21 48			22 48						
Barry Island	a			19 24		19 54		20 24		20 54					21 24	21 54			22 54						
Rhoose Cardiff Int Airport ✈	d	19 13												21 12											
Llantwit Major	d	19 23												21 22											
Bridgend	a	19 39												21 39											

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

18 May to 11 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

Miles	Miles	Miles	Miles	Miles			AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW
—	—	0	—	—	**Bridgend**	d													05 42						
—	—	9¼	—	—	Llantwit Major	d													05 56						
—	—	15¾	—	—	Rhoose Cardiff Int Airport ✈	d													06 06						
0	—	—	—	—	**Barry Island**	d		05 15						05 51								06 26			
0¾	—	19	—	—	**Barry** 3	d		05 19						05 55					06 15			06 30			
2	—	—	—	—	Barry Docks	d		05 22						05 58					06 18			06 33			
2¾	—	—	—	—	Cadoxton	d		05 25						06 01					06 21			06 36			
4¾	—	—	—	—	Dinas Powys	d		05 29						06 05					06 25			06 40			
5¾	—	—	—	—	Eastbrook	d		05 32						06 08					06 28			06 43			
6½	—	—	—	—	Cogan	d		05 34						06 10					06 30			06 45			
—	0	—	—	—	**Penarth**	d							06 02							06 32					07 02
—	0¼	—	—	—	Dingle Road	d							06 04							06 34					07 04
8¼	2¾	—	—	—	Grangetown	d		05 38					06 08	06 14					06 34	06 38		06 49			07 08
9¼	3¾	—	0	—	**Cardiff Central** 7	a		05 44					06 14	06 20					06 40	06 45		06 55			07 14
—	—	—	—	—		d	05 26	05 46	05 52		05 56	06 11	06 15	06 21	06 26		06 32	06 36	06 41	06 46	06 52	06 56	07 06	07 06	07 16
9¾	4¼	0½	—	—	**Cardiff Queen Street** 3	a	05 30	05 50	05 56		06 00	06 15	06 20	06 25	06 30		06 36	06 40	06 45	06 50	06 55	07 00	07 10		07 20
—	—	—	—	—		d	05 30	05 50	05 56		06 00	06 15	06 20	06 25	06 30		06 36	06 40	06 45	06 50	06 56	07 00	07 10		07 20
—	—	3	—	—	Heath Low Level	d			06 01					06 30							07 01				
—	4½	—	—	—	Ty Glas	d			06 03					06 33							07 04				
—	—	4¼	—	—	Birchgrove	d			06 05					06 34							07 05				
—	—	4¾	—	—	Rhiwbina	d			06 07					06 36							07 07				
—	—	5	—	—	Whitchurch (Cardiff)	d			06 08					06 38							07 09				
—	—	5½	—	—	**Coryton**	a			06 13					06 43							07 13				
—	6¾	—	—	—	Heath High Level	d		05 55					06 25							06 55					07 25
—	7¾	—	—	—	Llanishen	d		05 58					06 28							06 58					07 28
—	8¾	—	—	—	Lisvane & Thornhill	d		06 00					06 30							07 00					07 31
—	11¼	—	—	—	Caerphilly	d		06a08					06 36							07 06					07 37
—	12	—	—	—	Aber	d							06 38							07 08					07 39
—	12¾	—	—	—	Energlyn & Churchill Park	d																			07 42
—	14	—	—	—	Llanbradach	d							06 42							07 12					07 46
—	16¾	—	—	—	Ystrad Mynach	d							06 47							07 17					07 52
—	17¾	—	—	—	Hengoed	d							06 50							07 20					07 55
—	19½	—	—	—	Pengam	d							06 53							07 23					07 58
—	20½	—	—	—	Gilfach Fargoed	d																			
—	21	—	—	—	Bargoed	a							07 00							07 30					08 06
—	—	—	—	—		d																			
—	22½	—	—	—	Brithdir	d																			
—	23½	—	—	—	Tir-phil	d																			
—	26	—	—	—	Pontlottyn	d																			
—	27	—	—	—	**Rhymney** 3	a																			
10½	—	—	—	—	Cathays	d	05 33				06 03	06 18			06 33		06 38	06 43	06 48			07 03	07 12		
13	—	—	—	—	Llandaf	d	05 37				06 07	06 22			06 37		06 43	06 47	06 52			07 07	07 17		
—	—	—	1	—	Ninian Park	d																		07 10	
—	—	—	2½	—	Waun-gron Park	d																		07 13	
—	—	—	2¾	—	Fairwater	d																		07 15	
—	—	—	3¼	—	Danescourt	d																		07 17	
14	—	—	4¾	—	Radyr 3	a	05 41				06 11	06 26			06 41		06 47	06 50	06 56			07 11	07 20	07 24	
—	—	—	—	—		d	05 41				06 11	06 26			06 41			06 50	06 56			07 11	07 20		
16	—	—	—	—	Taffs Well	d	05 45				06 15	06 30			06 45			06 54	07 00			07 15	07 24		
18¼	—	—	—	—	Trefforest Estate	d	05 49				06 19				06 49							07 19			
20¾	—	—	—	—	Trefforest	d	05 53				06 23	06 37			06 53			07 01	07 07			07 23	07 31		
21¾	—	0	—	0	**Pontypridd** 3	a	05 57				06 28	06 41			06 58			07 05	07 11			07 28	07 35		
—	—	—	—	—		d	06 00			06 14	06 28	06 42			06 58			07 05	07 12			07 28	07 35		
—	—	3¼	—	3¼	Abercynon	d	06 07			06 21	06 35	06 49			07 05				07 19			07 35			
—	—	—	—	6	Penrhiwceiber	d				06 26		06 55							07 25						
—	—	—	—	7¼	Mountain Ash	a				06 32		07 00							07 30						
—	—	—	—	—		d				06 33		07 03							07 33						
—	—	—	—	8¼	Fernhill	d				06 36		07 06							07 36						
—	—	—	—	9½	Cwmbach	d				06 40		07 10							07 40						
—	—	—	—	11	**Aberdare**	a				06 46		07 16							07 46						
—	—	4¾	—	—	Quakers Yard	d	06 11				06 39				07 09							07 39			
—	—	7	—	—	Merthyr Vale	a	06 16				06 44				07 14							07 44			
—	—	—	—	—		d	06 17				06 47				07 17							07 47			
—	—	8¾	—	—	Troed Y Rhiw	d	06 21				06 51				07 21							07 51			
—	—	10	—	—	Pentre-bach	d	06 24				06 54				07 24							07 54			
—	—	11½	—	—	**Merthyr Tydfil**	a	06 31				07 01				07 31							08 01			
23½	—	—	—	—	Trehafod	d												07 10					07 40		
24¾	—	—	—	—	Porth	a												07 13					07 43		
—	—	—	—	—		d												07 14					07 44		
26¼	—	—	—	—	Dinas Rhondda	d												07 18					07 48		
26¾	—	—	—	—	Tonypandy	d												07 20					07 50		
27¾	—	—	—	—	Llwynypia	d												07 22					07 52		
29	—	—	—	—	Ystrad Rhondda	a												07 25					07 55		
—	—	—	—	—		d												07 29					07 59		
29½	—	—	—	—	Ton Pentre	d												07 31					08 02		
30¾	—	—	—	—	Treorchy	d												07 34					08 06		
31¾	—	—	—	—	Ynyswen	d												07 37					08 09		
32¼	—	—	—	—	**Treherbert**	a												07 43					08 13		

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

18 May to 11 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

			AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW A	AW B	AW
Bridgend	d								06 42																
Llantwit Major	d								06 56																
Rhoose Cardiff Int Airport ✈	d								07 06																
Barry Island	d				06 56								07 26					07 41			07 56				
Barry 3	d				07 00				07 15				07 30					07 45			08 00				
Barry Docks	d				07 03				07 18				07 33					07 48			08 03				
Cadoxton	d				07 06				07 21				07 36					07 51			08 06				
Dinas Powys	d				07 10				07 25				07 40					07 55			08 10				
Eastbrook	d				07 13				07 28				07 43					07 58			08 13				
Cogan	d				07 15				07 30				07 45					08 00			08 15				
Penarth	d					07 18				07 34					07 47				08 03				08 18	08 18	
Dingle Road	d					07 20				07 36					07 49				08 05				08 20	08 20	
Grangetown	d				07 19	07 24			07 34	07 40			07 49		07 54			08 04	08 09		08 19		08 24	08 24	
Cardiff Central 7	a				07 25	07 30			07 40	07 46			07 55		08 01			08 10	08 15		08 25		08 30	08 30	
	d		07 16	07 21	07 26	07 31	07 35	07 36	07 41	07 46	07 51		07 56	07 57	08 01	08 05	08 06	08 11	08 16	08 21	08 26		08 31	08 31	08 35
Cardiff Queen Street 3	a			07 25	07 30	07 35	07 39		07 45	07 50	07 56		08 00		08 05	08 09		08 15	08 20	08 25	08 30		08 35	08 35	08 39
	d			07 26	07 30	07 35	07 39		07 45	07 50	07 56		08 01		08 05	08 09		08 15	08 20	08 25	08 30		08 35	08 35	08 39
Heath Low Level	d			07 31							08 01									08 30					
Ty Glas	d			07 34							08 03									08 33					
Birchgrove	d			07 35							08 05									08 34					
Rhiwbina	d			07 37							08 07									08 36					
Whitchurch (Cardiff)	d			07 39							08 08									08 38					
Coryton	a			07 43							08 13									08 43					
Heath High Level	d					07 40				07 55					08 10				08 25				08 40	08 40	
Llanishen	d					07 43				07 58					08 13				08 28				08 43	08 43	
Lisvane & Thornhill	d					07 45				08 00					08 16				08 30				08 45	08 46	
Caerphilly	d					07 51				08 06					08 22				08 37				08 51	08 53	
Aber	d					07 53				08 08					08 24				08 39				08 53	08 55	
Energlyn & Churchill Park	d														08 27				08 41						
Llanbradach	d					07 57				08 12					08 31				08 45				08 57	09 00	
Ystrad Mynach	d					08 02				08 17					08 37				08 50				09 02	09 06	
Hengoed	d					08 05				08 20					08 40				08 53				09 05	09 09	
Pengam	d					08 08				08 23					08 44				08 56				09 08	09 13	
Gilfach Fargoed	d														08 47										
Bargoed	a					08 14				08 31					08 52				09 02				09 15	09 20	
	d					08 14													09 02						
Brithdir	d					08 18													09 05						
Tir-phil	d					08 21													09 08						
Pontlottyn	d					08 25													09 13						
Rhymney 3	a					08 31													09 18						
Cathays	d				07 33		07 42		07 48				08 03			08 12		08 18			08 33				08 42
Llandaf	d				07 37		07 46		07 52				08 08			08 16		08 22			08 37				08 46
Ninian Park	d							07 40									08 10								
Waun-gron Park	d							07 43									08 13								
Fairwater	d							07 45									08 15								
Danescourt	d							07 47									08 17								
Radyr 3	a		07 29		07 41		07 50	07 54	07 56				08 12	08 10		08 20	08 24	08 26			08 41				08 50
	d		07 29		07 41		07 50		07 56				08 12			08 20		08 26			08 41				08 50
Taffs Well	d		07 33		07 45		07 54		08 00				08 16			08 24		08 30			08 45				08 54
Trefforest Estate	d				07 49								08 20								08 49				
Trefforest	d		07 40		07 53		08 01		08 07				08 24			08 31		08 37			08 53				09 01
Pontypridd 3	a		07 44		07 57		08 05		08 11				08 29			08 35		08 41			08 58				09 05
	d		07 44		07 58		08 05		08 12				08 29			08 35		08 42			08 58				09 05
Abercynon	d		07 51		08 05				08 19				08 36					08 49			09 05				
Penrhiwceiber	d		07 57						08 25									08 55							
Mountain Ash	a		08 01						08 30									09 00							
	d		08 03						08 33									09 03							
Fernhill	d		08 06						08 36									09 06							
Cwmbach	d		08 10						08 40									09 10							
Aberdare	a		08 16						08 46									09 16							
Quakers Yard	d				08 09								08 40								09 09				
Merthyr Vale	a				08 14								08 45								09 14				
	d				08 17								08 47								09 17				
Troed Y Rhiw	d				08 21								08 51								09 21				
Pentre-bach	d				08 24								08 54								09 24				
Merthyr Tydfil	a				08 31								09 01								09 31				
Trehafod	d						08 10									08 40									09 10
Porth	a						08 13									08 43									09 13
	d						08 14									08 44									09 14
Dinas Rhondda	d						08 18									08 48									09 18
Tonypandy	d						08 20									08 50									09 20
Llwynypia	d						08 22									08 52									09 22
Ystrad Rhondda	a						08 25									08 55									09 25
	d						08 29									08 59									09 29
Ton Pentre	d						08 31									09 01									09 31
Treorchy	d						08 34									09 04									09 34
Ynyswen	d						08 37									09 07									09 37
Treherbert	a						08 42									09 12									09 42

A until 11 September **B** from 14 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

18 May to 11 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW A	AW B	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW A		AW B	AW	AW	AW	AW A	AW B	AW
Bridgend	d			07 42																		08 42			
Llantwit Major	d			07 56																		08 56			
Rhoose Cardiff Int Airport ✈	d			08 06																		09 06			
Barry Island	d								08 26				08 41			08 56									
Barry 3	d		08 13	08 21					08 30				08 45			09 00						09 15			
Barry Docks	d		08 16	08 24					08 33				08 48			09 03						09 18			
Cadoxton	d		08 19	08 27					08 36				08 51			09 06						09 21			
Dinas Powys	d		08 23						08 40				08 55			09 10						09 25			
Eastbrook	d		08 26						08 43				08 58			09 13						09 28			
Cogan	d		08 29						08 45				09 00			09 15						09 30			
Penarth	d				08 33	08 33				08 48							09 18		09 18				09 33	09 33	
Dingle Road	d				08 35	08 35				08 50							09 20		09 20				09 35	09 35	
Grangetown	d				08 39	08 39			08 49	08 54			09 04			09 19	09 24		09 24			09 34	09 39	09 39	
Cardiff Central 7	a		08 40	08 41	08 45	08 45			08 55	09 00			09 10			09 25	09 30		09 30			09 40	09 45	09 45	
	d	08 37		08 42	08 46	08 46	08 51		08 56	09 01	09 05	09 06	09 11	09 16	09 21	09 26	09 31		09 31	09 35	09 36	09 41	09 46	09 46	09 51
Cardiff Queen Street 3	a			08 46	08 50	08 50	08 55		09 00	09 05	09 09		09 15	09 20	09 25	09 30	09 35		09 35	09 39		09 45	09 50	09 50	09 55
	d			08 46	08 50	08 50	08 55		09 00	09 05	09 09		09 15	09 20	09 25	09 30	09 35		09 35	09 39		09 45	09 50	09 50	09 55
Heath Low Level	d						09 00								09 30										10 00
Ty Glas	d						09 03								09 33										10 03
Birchgrove	d						09 04								09 34										10 04
Rhiwbina	d						09 06								09 36										10 06
Whitchurch (Cardiff)	d						09 08								09 38										10 08
Coryton	a						09 13								09 43										10 13
Heath High Level	d				08 55	08 55				09 10				09 25			09 40		09 40				09 55	09 55	
Llanishen	d				08 58	08 58				09 13				09 28			09 43		09 43				09 58	09 58	
Lisvane & Thornhill	d				09 00	09 01				09 16				09 30			09 45		09 46				10 00	10 01	
Caerphilly	d				09 06	09 07				09 22				09 37			09 51		09 53				10 06	10 07	
Aber	d				09 08	09 09				09 24				09 39			09 53		09 55				10 08	10 09	
Energlyn & Churchill Park	d									09 27				09 41											
Llanbradach	d				09 12	09 14				09 31				09 45			09 57		10 00				10 12	10 14	
Ystrad Mynach	d				09 17	09a21				09 37				09 50			10 02		10 06				10 17	10a21	
Hengoed	d				09 20					09 40				09 53			10 05		10 09				10 20		
Pengam	d				09 23					09 44				09 56			10 08		10 13				10 23		
Gilfach Fargoed	d									09 47															
Bargoed	a				09 30					09 52				10 02			10 15		10 20				10 30		
	d													10 02											
Brithdir	d													10 05											
Tir-phil	d													10 08											
Pontlottyn	d													10 13											
Rhymney 3	a													10 18											
Cathays	d			08 48					09 03		09 12		09 18			09 33				09 42		09 48			
Llandaf	d			08 53					09 07		09 16		09 22			09 37				09 46		09 52			
Ninian Park	d	08 41										09 11									09 40				
Waun-gron Park	d	08 44										09 14									09 43				
Fairwater	d	08 46										09 16									09 45				
Danescourt	d	08 48										09 18									09 47				
Radyr 3	a	08 54		08 56					09 11		09 20	09 24	09 26			09 41				09 50	09 54	09 56			
	d			08 56					09 11		09 20		09 26			09 41				09 50		09 56			
Taffs Well	d			09 00					09 15		09 24		09 30			09 45				09 54		10 00			
Trefforest Estate	d								09 19							09 49									
Trefforest	d			09 07					09 23		09 31		09 37			09 53				10 01		10 07			
Pontypridd 3	a			09 11					09 28		09 35		09 41			09 58				10 05		10 10			
	d			09 12					09 28		09 35		09 42			09 58				10 05		10 12			
Abercynon	d			09 19					09 35				09 49			10 05						10 19			
Penrhiwceiber	d			09 25									09 55									10 25			
Mountain Ash	a			09 30									10 00									10 30			
	d			09 33									10 03									10 33			
Fernhill	d			09 36									10 06									10 36			
Cwmbach	d			09 40									10 10									10 40			
Aberdare	a			09 46									10 16									10 46			
Quakers Yard	d								09 39							10 09									
Merthyr Vale	a								09 44							10 14									
	d								09 47							10 17									
Troed Y Rhiw	d								09 51							10 21									
Pentre-bach	d								09 54							10 24									
Merthyr Tydfil	a								10 01							10 31									
Trehafod	d										09 40									10 10					
Porth	a										09 43									10 13					
	d										09 44									10 14					
Dinas Rhondda	d										09 48									10 18					
Tonypandy	d										09 50									10 20					
Llwynypia	d										09 52									10 22					
Ystrad Rhondda	a										09 55									10 25					
	d										09 59									10 29					
Ton Pentre	d										10 01									10 31					
Treorchy	d										10 04									10 34					
Ynyswen	d										10 07									10 37					
Treherbert	a										10 12									10 42					

A until 11 September **B** from 14 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

18 May to 11 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW		AW A	AW B	AW A	AW B	AW	AW	AW	AW	AW		AW B	AW A	AW A	AW B	AW	AW	AW B	AW A	AW		AW
Bridgend	d																			09 42					
Llantwit Major	d																			09 56					
Rhoose Cardiff Int Airport ✈	d																			10 06					
Barry Island	d	09 27								09 41			09 56												
Barry 3	d	09 31								09 45			10 00							10 15					
Barry Docks	d	09 34								09 48			10 03							10 18					
Cadoxton	d	09 37								09 51			10 06							10 21					
Dinas Powys	d	09 41								09 55			10 10							10 25					
Eastbrook	d	09 44								09 58			10 13							10 28					
Cogan	d	09 46								10 00			10 15							10 30					
Penarth	d				09 47	09 47					10 03				10 18	10 18					10 33	10 33			
Dingle Road	d				09 49	09 49					10 05				10 20	10 20					10 35	10 35			
Grangetown	d	09 50			09 53	09 53	←			10 04	10 09		10 19		10 24	10 24				10 34	10 39	10 39			
Cardiff Central 7	a	09 56			09 58	10 00	09 58			10 10	10 16		10 25		10 30	10 30				10 41	10 45	10 45			
	d	09 56			10 05	10 01	10 05	10 05	10 06	10 11	10 16	10 21	10 26		10 31	10 31	10 31	10 35	10 36		10 46	10 46	10 51		10 55
Cardiff Queen Street 3	a	10 00			↳	10 05	10 09	10 09		10 15	10 20	10 25	10 30		10 35	10 35		10 39			10 50	10 50	10 55		
	d	10 00				10 05	10 09	10 09		10 15	10 20	10 25	10 30		10 35	10 35		10 39			10 50	10 50	10 55		
Heath Low Level	d											10 30											11 00		
Ty Glas	d											10 33											11 03		
Birchgrove	d											10 34											11 04		
Rhiwbina	d											10 36											11 06		
Whitchurch (Cardiff)	d											10 38											11 08		
Coryton	a											10 43											11 13		
Heath High Level	d					10 10					10 25				10 40	10 40					10 55	10 55			
Llanishen	d					10 13					10 28				10 43	10 43					10 58	10 58			
Lisvane & Thornhill	d					10 16					10 30				10 45	10 46					11 00	11 01			
Caerphilly	d					10 22					10 37				10 51	10 53					11 06	11 07			
Aber	d					10 24					10 39				10 53	10 55					11 08	11 09			
Energlyn & Churchill Park	d					10 27					10 41														
Llanbradach	d					10 31					10 45				10 57	11 00					11 12	11 14			
Ystrad Mynach	d					10 37					10 50				11 02	11 06					11 17	11a21			
Hengoed	d					10 40					10 53				11 05	11 09					11 20				
Pengam	d					10 44					10 56				11 08	11 13					11 23				
Gilfach Fargoed	d					10 47																			
Bargoed	a					10 52					11 02				11 15	11 20					11 30				
	d										11 02														
Brithdir	d										11 05														
Tir-phil	d										11 08														
Pontlottyn	d										11 13														
Rhymney 3	a										11 18														
Cathays	d	10 03					10 12	10 12		10 18			10 33					10 42							
Llandaf	d	10 07					10 16	10 16		10 22			10 37					10 46							
Ninian Park	d								10 10										10 41						
Waun-gron Park	d								10 13										10 44						
Fairwater	d								10 15										10 46						
Danescourt	d								10 17										10 48						
Radyr 3	a	10 11					10 20	10 20	10 24	10 26			10 41				10 42	10 50	10 54						11 08
	d	10 11					10 20	10 20		10 26			10 41				10 50	10 50							11 20
Taffs Well	d	10 15					10 24	10 24		10 30			10 45				10 54	10 54							↳
Trefforest Estate	d												10 49												
Trefforest	d	10 21					10 31	10 31		10 37			10 53				11 01	11 01							
Pontypridd 3	a	10 32					10 35	10 35		10 41			10 58				11 04	11 05							
	d		10 34				10 35	10 35		10 42			10 58				11 05	11 05							
Abercynon	d		10 40							10 49			11 05												
Penrhiwceiber	d									10 55															
Mountain Ash	a									11 00															
	d									11 03															
Fernhill	d									11 06															
Cwmbach	d									11 10															
Aberdare	a									11 16															
Quakers Yard	d		10 44										11 09												
Merthyr Vale	a		10 49										11 14												
	d		10 51										11 17												
Troed Y Rhiw	d		10 55										11 21												
Pentre-bach	d		10 58										11 24												
Merthyr Tydfil	a		11 06										11 31												
Trehafod	d						10 40	10 40									11 10	11 10							
Porth	a						10 43	10 43									11 13	11 13							
	d						10 44	10 44									11 14	11 14							
Dinas Rhondda	d						10 48	10 48									11 18	11 18							
Tonypandy	d						10 50	10 50									11 20	11 20							
Llwynypia	d						10 52	10 52									11 22	11 22							
Ystrad Rhondda	a						10 55	10 55									11 25	11 25							
	d						10 59	10 59									11 29	11 29							
Ton Pentre	d						11 01	11 01									11 31	11 31							
Treorchy	d						11 04	11 04									11 34	11 34							
Ynyswen	d						11 07	11 07									11 37	11 37							
Treherbert	a						11 12	11 12									11 42	11 42							

A from 14 September **B** until 11 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

18 May to 11 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW	AW	AW	AW	AW		AW A	AW B	AW	AW	AW	AW A	AW B	AW	AW		AW	AW	AW	AW	AW
Bridgend	d														10 42										
Llantwit Major	d														10 56										
Rhoose Cardiff Int Airport	✈ d														11 06										
Barry Island	d	10 26				10 41			10 56										11 26					11 41	
Barry 3	d	10 30				10 45			11 00						11 15				11 30					11 45	
Barry Docks	d	10 33				10 48			11 03						11 18				11 33					11 48	
Cadoxton	d	10 36				10 51			11 06						11 21				11 36					11 51	
Dinas Powys	d	10 40				10 55			11 10						11 25				11 40					11 55	
Eastbrook	d	10 43				10 58			11 13						11 28				11 43					11 58	
Cogan	d	10 45				11 00			11 15						11 30				11 45					12 00	
Penarth	d			10 48			11 03				11 18	11 18				11 33	11 33				11 48				12 03
Dingle Road	d			10 50			11 05				11 20	11 20				11 35	11 35				11 50				12 05
Grangetown	d	10 49		10 54		11 04	11 09		11 19		11 24	11 24			11 34	11 39	11 39		11 49		11 54			12 04	12 09
Cardiff Central 7	a	10 55		11 00		11 10	11 15		11 25		11 30	11 30			11 40	11 45	11 46		11 55		12 01			12 10	12 15
	d	10 56		11 01	11 07	11 11	11 16	11 21	11 26		11 31	11 31	11 35	11 36	11 41	11 46	11 46	11 51	11 56		12 01	12 05	12 06	12 11	12 16
Cardiff Queen Street 3	a	11 00		11 05		11 15	11 20	11 25	11 30		11 35	11 35	11 39		11 45	11 50	11 50	11 55	12 00		12 05	12 09		12 15	12 20
	d	11 00		11 05		11 15	11 20	11 25	11 30		11 35	11 35	11 39		11 45	11 50	11 51	11 55	12 00		12 05	12 09		12 15	12 20
Heath Low Level	d							11 30										12 00							
Ty Glas	d							11 33										12 03							
Birchgrove	d							11 34										12 04							
Rhiwbina	d							11 36										12 06							
Whitchurch (Cardiff)	d							11 38										12 08							
Coryton	a							11 43										12 13							
Heath High Level	d			11 10			11 25				11 40	11 40				11 55	11 55				12 10				12 25
Llanishen	d			11 13			11 28				11 43	11 43				11 58	11 58				12 13				12 28
Lisvane & Thornhill	d			11 16			11 30				11 45	11 46				12 00	12 01				12 16				12 30
Caerphilly	d			11 22			11 37				11 51	11 53				12 06	12 07				12 22				12 37
Aber	d			11 24			11 39				11 53	11 55				12 08	12 09				12 24				12 39
Energlyn & Churchill Park	d			11 27			11 41														12 27				12 41
Llanbradach	d			11 31			11 45				11 57	12 00				12 12	12 14				12 31				12 45
Ystrad Mynach	d			11 37			11 50				12 02	12 06				12 17	12a21				12 37				12 50
Hengoed	d			11 40			11 53				12 05	12 09				12 20					12 40				12 53
Pengam	d			11 44			11 56				12 08	12 13				12 23					12 44				12 56
Gilfach Fargoed	d			11 47																	12 47				
Bargoed	a			11 52			12 02				12 15	12 20				12 30					12 52				13 02
	d						12 02																		13 02
Brithdir	d						12 05																		13 05
Tir-phil	d						12 08																		13 08
Pontlottyn	d						12 13																		13 13
Rhymney 3	a						12 18																		13 18
Cathays	d	11 03				11 18			11 33				11 42		11 48				12 03			12 12		12 18	
Llandaf	d	11 07				11 22			11 37				11 46		11 52				12 07			12 16		12 22	
Ninian Park	d				11 11									11 41									12 10		
Waun-gron Park	d				11 14									11 44									12 13		
Fairwater	d				11 16									11 46									12 15		
Danescourt	d		↩		11 18									11 48									12 17		
Radyr 3	a	11 11	11 08		11 24	11 26			11 41				11 50	11 54	11 56				12 11			12 20	12 24	12 25	
	d	11 11	11 20			11 26			11 41				11 50		11 56				12 11			12 20		12 25	
Taffs Well	d	11 15	11 24			11 30			11 45				11 54		12 00				12 15			12 24		12 29	
Trefforest Estate	d	11 19							11 49										12 19						
Trefforest	d	11 23	11 31			11 37			11 53				12 01		12 07				12 23			12 31		12 36	
Pontypridd 3	a	11 28	11 34			11 41			11 58				12 05		12 11				12 28			12 35		12 42	
	d	11 28	11 35			11 42			11 58				12 05		12 12				12 28			12 35			
Abercynon	d	11 35				11 49			12 05						12 20				12 35						
Penrhiwceiber	d					11 55									12 26										
Mountain Ash	a					12 00									12 31										
	d					12 03									12 33										
Fernhill	d					12 06									12 36										
Cwmbach	d					12 10									12 40										
Aberdare	a					12 16									12 46										
Quakers Yard	d	11 39							12 09										12 39						
Merthyr Vale	a	11 44							12 14										12 44						
	d	11 47							12 17										12 47						
Troed Y Rhiw	d	11 51							12 21										12 51						
Pentre-bach	d	11 54							12 24										12 54						
Merthyr Tydfil	a	12 01							12 31										13 01						
Trehafod	d		11 40										12 10									12 40			
Porth	a		11 43										12 13									12 43			
	d		11 44										12 14									12 44			
Dinas Rhondda	d		11 48										12 18									12 48			
Tonypandy	d		11 50										12 20									12 50			
Llwynypia	d		11 52										12 22									12 52			
Ystrad Rhondda	a		11 55										12 25									12 55			
	d		11 59										12 29									12 59			
Ton Pentre	d		12 01										12 31									13 01			
Treorchy	d		12 04										12 34									13 04			
Ynyswen	d		12 07										12 37									13 07			
Treherbert	a		12 12										12 42									13 12			

A until 11 September **B** from 14 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

18 May to 11 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW A	AW B		AW	AW	AW	AW	AW A	AW B	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW A	AW B	AW
Bridgend	d								11 42																
Llantwit Major	d								11 56																
Rhoose Cardiff Int Airport ✈	d								12 06																
Barry Island	d		11 56											12 26					12 41			12 56			
Barry 3	d		12 00						12 15					12 30					12 45			13 00			
Barry Docks	d		12 03						12 18					12 33					12 48			13 03			
Cadoxton	d		12 06						12 21					12 36					12 51			13 06			
Dinas Powys	d		12 10						12 25					12 40					12 55			13 10			
Eastbrook	d		12 13						12 28					12 43					12 58			13 13			
Cogan	d		12 15						12 30					12 45					13 00			13 15			
Penarth	d			12 18	12 18						12 33	12 33			12 48					13 03			13 18	13 18	
Dingle Road	d			12 20	12 20						12 35	12 35			12 50					13 05			13 20	13 20	
Grangetown	d		12 19	12 24	12 24				12 34		12 39	12 39		12 49	12 54				13 04	13 09		13 19	13 24	13 24	
Cardiff Central 7	a		12 25	12 30	12 30				12 41		12 45	12 45		12 55	13 00				13 10	13 16		13 25	13 30	13 30	
	d	12 21	12 26	12 31	12 31		12 35	12 36		12 41	12 46	12 46	12 51	12 56	13 01		13 05	13 06	13 11	13 16	13 21	13 26	13 31	13 31	13 35
Cardiff Queen Street 3	a	12 25	12 30	12 35	12 35		12 39			12 45	12 50	12 50	12 55	13 00	13 05		13 09		13 15	13 20	13 25	13 30	13 35	13 35	13 39
	d	12 25	12 30	12 35	12 35		12 39			12 45	12 50	12 50	12 55	13 00	13 05		13 09		13 15	13 20	13 25	13 30	13 35	13 35	13 39
Heath Low Level	d	12 30											13 00								13 30				
Ty Glas	d	12 33											13 03								13 33				
Birchgrove	d	12 34											13 04								13 34				
Rhiwbina	d	12 36											13 06								13 36				
Whitchurch (Cardiff)	d	12 38											13 08								13 38				
Coryton	a	12 43											13 13								13 43				
Heath High Level	d			12 40	12 40						12 55	12 55			13 10					13 25			13 40	13 40	
Llanishen	d			12 43	12 43						12 58	12 58			13 13					13 28			13 43	13 43	
Lisvane & Thornhill	d			12 45	12 46						13 00	13 01			13 16					13 30			13 45	13 46	
Caerphilly	d			12 51	12 53						13 06	13 07			13 22					13 37			13 51	13 53	
Aber	d			12 53	12 55						13 08	13 09			13 24					13 39			13 53	13 55	
Energlyn & Churchill Park	d														13 27					13 41					
Llanbradach	d			12 57	13 00						13 12	13 14			13 31					13 45			13 57	14 00	
Ystrad Mynach	d			13 02	13 06						13 17	13a21			13 37					13 50			14 02	14 06	
Hengoed	d			13 05	13 09						13 20				13 40					13 53			14 05	14 09	
Pengam	d			13 08	13 13						13 23				13 44					13 56			14 08	14 13	
Gilfach Fargoed	d														13 47										
Bargoed	a			13 15	13 20						13 30				13 52					14 02			14 15	14 20	
	d																			14 02					
Brithdir	d																			14 05					
Tir-phil	d																			14 08					
Pontlottyn	d																			14 13					
Rhymney 3	a																			14 18					
Cathays	d		12 33				12 42			12 48				13 03			13 12		13 18			13 33			13 42
Llandaf	d		12 37				12 46			12 52				13 07			13 16		13 22			13 37			13 46
Ninian Park	d							12 40										13 10							
Waun-gron Park	d							12 43										13 13							
Fairwater	d							12 45										13 15							
Danescourt	d							12 47										13 17							
Radyr 3	a		12 41				12 50	12 54		12 56				13 11			13 20	13 24	13 26			13 41			13 50
	d		12 41				12 50			12 56				13 11			13 20		13 26			13 41			13 50
Taffs Well	d		12 45				12 54			13 00				13 15			13 24		13 30			13 45			13 54
Trefforest Estate	d		12 49											13 19								13 49			
Trefforest	d		12 53				13 01			13 07				13 23			13 31		13 37			13 53			14 01
Pontypridd 3	a		12 58				13 05			13 11				13 28			13 35		13 41			13 58			14 05
	d		12 58				13 05			13 12				13 28			13 35		13 42			13 58			14 05
Abercynon	d		13 05							13 19				13 35					13 49			14 05			
Penrhiwceiber	d									13 25									13 55						
Mountain Ash	a									13 30									14 00						
	d									13 33									14 03						
Fernhill	d									13 36									14 06						
Cwmbach	d									13 40									14 10						
Aberdare	a									13 46									14 16						
Quakers Yard	d		13 09											13 39								14 09			
Merthyr Vale	a		13 14											13 44								14 14			
	d		13 17											13 47								14 17			
Troed Y Rhiw	d		13 21											13 51								14 21			
Pentre-bach	d		13 24											13 54								14 24			
Merthyr Tydfil	a		13 31											14 01								14 31			
Trehafod	d						13 10										13 40								14 10
Porth	a						13 13										13 43								14 13
	d						13 14										13 44								14 14
Dinas Rhondda	d						13 18										13 48								14 18
Tonypandy	d						13 20										13 50								14 20
Llwynypia	d						13 22										13 52								14 22
Ystrad Rhondda	a						13 25										13 55								14 25
	d						13 29										13 59								14 29
Ton Pentre	d						13 31										14 01								14 31
Treorchy	d						13 34										14 04								14 34
Ynyswen	d						13 37										14 07								14 37
Treherbert	a						13 40										14 12								14 42

A until 11 September **B** from 14 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

18 May to 11 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

			AW	AW	AW A	AW B	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW A	AW B	AW	AW	AW		AW A	AW B	AW
Bridgend	d			12 42																	13 42				
Llantwit Major	d			12 56																	13 56				
Rhoose Cardiff Int Airport ✈	d			13 06																	14 06				
Barry Island	d							13 26								13 56									
Barry 3	d			13 15				13 30								14 00					14 15				
Barry Docks	d			13 18				13 33								14 03					14 18				
Cadoxton	d			13 21				13 36								14 06					14 21				
Dinas Powys	d			13 25				13 40								14 10					14 25				
Eastbrook	d			13 28				13 43								14 13					14 28				
Cogan	d			13 30				13 45								14 15					14 30				
Penarth	d				13 33	13 33			13 48					14 03			14 18	14 18					14 33	14 33	
Dingle Road	d				13 35	13 35			13 50					14 05			14 20	14 20					14 35	14 35	
Grangetown	d			13 34	13 39	13 39		13 49	13 54					14 09		14 19	14 24	14 24					14 39	14 39	
Cardiff Central 7	a			13 40	13 45	13 45		13 55	14 00					14 15		14 25	14 30	14 30			14 38		14 45	14 45	
	d		13 36	13 41	13 46	13 46	13 51	13 56	14 01	14 05	14 06		14 13	14 16	14 21	14 26	14 31	14 31	14 35	14 36	14 42		14 46	14 46	14 51
Cardiff Queen Street 3	a			13 45	13 50	13 50	13 55	14 00	14 05	14 09			14 16	14 20	14 25	14 30	14 35	14 35	14 39		14 46		14 49	14 50	14 55
	d			13 45	13 50	13 50	13 55	14 00	14 05	14 09			14 17	14 20	14 25	14 30	14 35	14 35	14 39		14 46		14 50	14 50	14 55
Heath Low Level	d						14 00								14 30										15 00
Ty Glas	d						14 03								14 33										15 03
Birchgrove	d						14 04								14 34										15 04
Rhiwbina	d						14 06								14 36										15 06
Whitchurch (Cardiff)	d						14 08								14 38										15 08
Coryton	a						14 13								14 43										15 13
Heath High Level	d				13 55	13 55			14 10					14 25			14 40	14 40					14 55	14 55	
Llanishen	d				13 58	13 58			14 13					14 28			14 43	14 43					14 58	14 58	
Lisvane & Thornhill	d				14 00	14 01			14 16					14 30			14 45	14 46					15 00	15 01	
Caerphilly	d				14 06	14 07			14 22					14 37			14 51	14 53					15 06	15 07	
Aber	d				14 08	14 09			14 24					14 39			14 53	14 55					15 08	15 09	
Energlyn & Churchill Park	d								14 27					14 41											
Llanbradach	d				14 12	14 14			14 31					14 45			14 57	15 00					15 12	15 14	
Ystrad Mynach	d				14 17	14a21			14 37					14 50			15 02	15 06					15 17	15a21	
Hengoed	d				14 20				14 40					14 53			15 05	15 09					15 20		
Pengam	d				14 23				14 44					14 56			15 08	15 13					15 23		
Gilfach Fargoed	d								14 47																
Bargoed	a				14 30				14 52					15 02			15 15	15 20					15 31		
	d													15 02											
Brithdir	d													15 05											
Tir-phil	d													15 08											
Pontlottyn	d													15 13											
Rhymney 3	a													15 18											
Cathays	d			13 48				14 03		14 12			14 19			14 33			14 42		14 48				
Llandaf	d			13 52				14 07		14 16			14 24			14 37			14 46		14 53				
Ninian Park	d		13 40								14 10									14 40					
Waun-gron Park	d		13 43								14 13									14 43					
Fairwater	d		13 45								14 15									14 45					
Danescourt	d		13 47								14 17									14 47					
Radyr 3	a		13 54	13 56				14 11		14 20	14 24		14 28			14 41			14 50	14 54	14 57				
	d			13 56				14 11		14 20			14 28			14 41			14 50		14 57				
Taffs Well	d			14 00				14 15		14 24			14 32			14 45			14 54		15 01				
Trefforest Estate	d							14 19								14 49									
Trefforest	d			14 07				14 23		14 31			14 39			14 53			15 01		15 08				
Pontypridd 3	a			14 11				14 28		14 35			14 43			14 58			15 05		15 12				
	d			14 12				14 28		14 35			14 43			14 58			15 05		15 12				
Abercynon	d			14 19				14 35					14 50			15 05					15 19				
Penrhiwceiber	d			14 25									14 56								15 25				
Mountain Ash	a			14 30									15 01								15 31				
	d			14 33									15 03								15 33				
Fernhill	d			14 36									15 06								15 36				
Cwmbach	d			14 40									15 10								15 40				
Aberdare	a			14 46									15 16								15 46				
Quakers Yard	d							14 39								15 09									
Merthyr Vale	a							14 44								15 14									
	d							14 47								15 17									
Troed Y Rhiw	d							14 51								15 21									
Pentre-bach	d							14 54								15 24									
Merthyr Tydfil	a							15 01								15 31									
Trehafod	d									14 40									15 10						
Porth	a									14 43									15 13						
	d									14 44									15 14						
Dinas Rhondda	d									14 48									15 18						
Tonypandy	d									14 50									15 20						
Llwynypia	d									14 52									15 22						
Ystrad Rhondda	a									14 55									15 25						
	d									14 59									15 29						
Ton Pentre	d									15 01									15 31						
Treorchy	d									15 04									15 34						
Ynyswen	d									15 07									15 37						
Treherbert	a									15 12									15 40						

A until 11 September **B** from 14 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

18 May to 11 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW
Bridgend	d														14 42										
Llantwit Major	d														14 56										
Rhoose Cardiff Int Airport ✈	d														15 06										
Barry Island	d		14 26				14 41				14 56								15 26				15 41		
Barry 3	d		14 30				14 45				15 00				15 15				15 30				15 45		
Barry Docks	d		14 33				14 48				15 04				15 18				15 33				15 48		
Cadoxton	d		14 36				14 51				15 09				15 21				15 36				15 51		
Dinas Powys	d		14 40				14 55				15 13				15 25				15 40				15 55		
Eastbrook	d		14 43				14 58				15 15				15 28				15 43				15 58		
Cogan	d		14 45				15 00				15 17				15 30				15 45				16 00		
Penarth	d								15 03			15 18				15 33				15 48				16 03	
Dingle Road	d								15 05			15 20				15 35				15 50				16 05	
Grangetown	d		14 49				15 04		15 09		15 21	15 24			15 34	15 39			15 49	15 54			16 04	16 09	
Cardiff Central 7	a		14 55				15 10		15 15		15 26	15 30			15 40	15 45			15 55	16 00			16 10	16 15	
	d	14 52	14 56		15 01	15 07	15 11		15 16	15 21	15 26	15 31	15 35	15 36	15 41	15 46	15 51		15 56	16 01	16 05	16 06	16 11	16 16	16 21
Cardiff Queen Street 3	a		15 00		15 05		15 15		15 20	15 25	15 30	15 35	15 39		15 45	15 50	15 55		16 00	16 05	16 09		16 15	16 20	16 25
	d		15 00		15 05		15 15		15 20	15 25	15 30	15 35	15 39		15 45	15 50	15 55		16 00	16 05	16 09		16 15	16 20	16 25
Heath Low Level	d									15 30							16 00								16 30
Ty Glas	d									15 33							16 03								16 33
Birchgrove	d									15 34							16 04								16 34
Rhiwbina	d									15 36							16 06								16 36
Whitchurch (Cardiff)	d									15 38							16 08								16 38
Coryton	a									15 43							16 13								16 43
Heath High Level	d				15 10				15 25			15 40				15 55				16 10				16 25	
Llanishen	d				15 13				15 28			15 43				15 58				16 13				16 28	
Lisvane & Thornhill	d				15 16				15 30			15 45				16 00				16 16				16 30	
Caerphilly	d				15 22				15 37			15 51				16 06				16 22				16 37	
Aber	d				15 24				15 39			15 53				16 08				16 24				16 39	
Energlyn & Churchill Park	d				15 27				15 41											16 27				16 41	
Llanbradach	d				15 31				15 45			15 57				16 12				16 31				16 45	
Ystrad Mynach	d				15 37				15 50			16 02				16 17				16 37				16 50	
Hengoed	d				15 40				15 53			16 05				16 20				16 40				16 53	
Pengam	d				15 44				15 56			16 08				16 23				16 44				16 56	
Gilfach Fargoed	d				15 47															16 47					
Bargoed	a				15 52				16 02			16 15				16 30				16 52				17 02	
	d								16 02															17 02	
Brithdir	d								16 05															17 05	
Tir-phil	d								16 08															17 08	
Pontlottyn	d								16 13															17 13	
Rhymney 3	a								16 20															17 18	
Cathays	d		15 03				15 18				15 33		15 42		15 48				16 03		16 12		16 18		
Llandaf	d		15 07				15 22				15 37		15 46		15 52				16 07		16 16		16 22		
Ninian Park	d					15 11								15 40								16 11			
Waun-gron Park	d					15 14								15 43								16 14			
Fairwater	d					15 16								15 45								16 16			
Danescourt	d			↩		15 18								15 47								16 18			
Radyr 3	a	15 07	15 11	15 07		15 24	15 26				15 41		15 50	15 54	15 56				16 11		16 20	16 24	16 26		
	d	15 20	15 11	15 20			15 26				15 41		15 50		15 56				16 11		16 20		16 26		
Taffs Well	d	↳	15 15	15 24			15 30				15 45		15 54		16 00				16 15		16 24		16 30		
Trefforest Estate	d		15 19								15 49								16 19						
Trefforest	d		15 23	15 31			15 37				15 53		16 01		16 07				16 23		16 31		16 37		
Pontypridd 3	a		15 28	15 34			15 41				15 58		16 05		16 11				16 28		16 35		16 41		
	d		15 28	15 35			15 42				15 58		16 05		16 12				16 28		16 35		16 42		
Abercynon	d		15 35				15 49				16 05				16 19				16 35				16 49		
Penrhiwceiber	d						15 55								16 25								16 55		
Mountain Ash	a						16 00								16 30								17 00		
	d						16 03								16 33								17 03		
Fernhill	d						16 06								16 36								17 06		
Cwmbach	d						16 10								16 40								17 10		
Aberdare	a						16 16								16 46								17 16		
Quakers Yard	d		15 39								16 09								16 39						
Merthyr Vale	a		15 44								16 14								16 44						
	d		15 47								16 17								16 47						
Troed Y Rhiw	d		15 51								16 21								16 51						
Pentre-bach	d		15 54								16 24								16 54						
Merthyr Tydfil	a		16 01								16 31								17 01						
Trehafod	d			15 40									16 10								16 40				
Porth	a			15 43									16 13								16 43				
	d			15 44									16 14								16 44				
Dinas Rhondda	d			15 48									16 18								16 48				
Tonypandy	d			15 50									16 20								16 50				
Llwynypia	d			15 52									16 22								16 52				
Ystrad Rhondda	a			15 55									16 25								16 55				
	d			15 59									16 29								16 59				
Ton Pentre	d			16 01									16 31								17 01				
Treorchy	d			16 04									16 34								17 04				
Ynyswen	d			16 07									16 37								17 07				
Treherbert	a			16 12									16 42								17 12				

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

18 May to 11 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW
Bridgend	d						15 42															16 42			
Llantwit Major	d						15 56															16 56			
Rhoose Cardiff Int Airport ✈	d						16 06															17 06			
Barry Island	d	15 56								16 26					16 41			16 56							
Barry 3	d	16 00					16 15			16 30					16 45			17 00				17 15			
Barry Docks	d	16 03					16 18			16 33					16 48			17 03				17 18			
Cadoxton	d	16 06					16 21			16 36					16 51			17 06				17 21			
Dinas Powys	d	16 10					16 25			16 40					16 55			17 10				17 25			
Eastbrook	d	16 13					16 28			16 43					16 58			17 13				17 28			
Cogan	d	16 15					16 30			16 45					17 00			17 15				17 30			
Penarth	d		16 18					16 33								17 03			17 18					17 33	
Dingle Road	d		16 20					16 35								17 05			17 20					17 35	
Grangetown	d	16 19	16 24				16 34	16 39		16 49					17 04	17 09		17 19	17 24			17 34	17 39		
Cardiff Central 7	a	16 25	16 30				16 40	16 45		16 55					17 10	17 15		17 25	17 30			17 40	17 45		
	d	16 26	16 31		16 35	16 36	16 41	16 46	16 51	16 56	17 01	17 05	17 06		17 11	17 16	17 21	17 26	17 31	17 35	17 36	17 41	17 46		17 51
Cardiff Queen Street 3	a	16 30	16 35		16 39		16 45	16 50	16 55	17 00	17 05	17 09			17 15	17 20	17 25	17 30	17 35	17 39		17 45	17 50		17 55
	d	16 30	16 35		16 39		16 45	16 50	16 55	17 00	17 05	17 09			17 15	17 20	17 25	17 30	17 35	17 39		17 45	17 50		17 55
Heath Low Level	d								17 00								17 30								18 00
Ty Glas	d								17 03								17 33								18 03
Birchgrove	d								17 04								17 34								18 04
Rhiwbina	d								17 06								17 36								18 06
Whitchurch (Cardiff)	d								17 08								17 38								18 08
Coryton	a								17 13								17 43								18 13
Heath High Level	d		16 40					16 55			17 10					17 25			17 40				17 55		
Llanishen	d		16 43					16 58			17 13					17 28			17 43				17 59		
Lisvane & Thornhill	d		16 45					17 00			17 15					17 31			17 45				18 02		
Caerphilly	d		16 51					17 06			17 22					17 37			17 52				18 08		
Aber	d		16 53					17 08			17 24					17 39			17 54				18 11		
Energlyn & Churchill Park	d										17 26					17 41			17 56				18 14		
Llanbradach	d		16 57					17 12			17 30					17 45			18 00				18 18		
Ystrad Mynach	d		17 02					17 17			17 35					17 50			18 05				18 23		
Hengoed	d		17 05					17 20			17 38					17 53			18 08				18 26		
Pengam	d		17 08					17 23			17 41					17 56			18 11				18 30		
Gilfach Fargoed	d										17 44								18 14				18 34		
Bargoed	a		17 15					17 30			17 49					18 03			18 18				18 38		
	d										17 49								18 18				18 38		
Brithdir	d										17 53								18 22				18 41		
Tir-phil	d										17 56								18 25				18 44		
Pontlottyn	d										18 00								18 29				18 49		
Rhymney 3	a										18 06								18 35				18 55		
Cathays	d	16 33			16 42		16 48			17 03		17 12			17 18			17 33		17 42		17 48			
Llandaf	d	16 37			16 46		16 52			17 07		17 16			17 22			17 37		17 46		17 52			
Ninian Park	d					16 40							17 10								17 40				
Waun-gron Park	d					16 43							17 13								17 43				
Fairwater	d					16 45							17 15								17 45				
Danescourt	d					16 47							17 17								17 47				
Radyr 3	a	16 41			16 50	16 56	16 56			17 11		17 20	17 24		17 26			17 41		17 50	17 54	17 56			
	d	16 41			16 50		16 56			17 11		17 20			17 26			17 41		17 50		17 56			
Taffs Well	d	16 45			16 54		17 00			17 15		17 24			17 30			17 45		17 54		18 00			
Trefforest Estate	d	16 49								17 19								17 49							
Trefforest	d	16 53			17 01		17 07			17 23		17 31			17 37			17 53		18 01		18 07			
Pontypridd 3	a	16 58			17 05		17 11			17 28		17 35			17 41			17 58		18 05		18 11			
	d	16 58			17 05		17 12			17 28		17 35			17 42			17 58		18 05		18 12			
Abercynon	d	17 05					17 19			17 35					17 49			18 05				18 19			
Penrhiwceiber	d						17 25								17 55							18 25			
Mountain Ash	a						17 30								18 00							18 30			
	d						17 33								18 03							18 33			
Fernhill	d						17 36								18 06							18 36			
Cwmbach	d						17 40								18 10							18 40			
Aberdare	a						17 46								18 16							18 46			
Quakers Yard	d	17 09								17 39								18 09							
Merthyr Vale	a	17 14								17 44								18 14							
	d	17 17								17 47								18 17							
Troed Y Rhiw	d	17 21								17 51								18 21							
Pentre-bach	d	17 24								17 54								18 24							
Merthyr Tydfil	a	17 31								18 01								18 31							
Trehafod	d				17 10							17 40								18 10					
Porth	a				17 13							17 43								18 13					
	d				17 14							17 44								18 14					
Dinas Rhondda	d				17 18							17 48								18 18					
Tonypandy	d				17 20							17 50								18 20					
Llwynypia	d				17 22							17 52								18 22					
Ystrad Rhondda	a				17 25							17 55								18 26					
	d				17 29							17 59								18 29					
Ton Pentre	d				17 31							18 01								18 31					
Treorchy	d				17 34							18 04								18 34					
Ynyswen	d				17 37							18 07								18 37					
Treherbert	a				17 42							18 12								18 42					

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

18 May to 11 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW
Bridgend	d													17 42											18 42
Llantwit Major	d													17 56											18 56
Rhoose Cardiff Int Airport ✈	d													18 06											19 06
Barry Island	d	17 26				17 41			17 56								18 26				18 41	18 56			
Barry 3	d	17 30				17 45			18 00					18 15			18 31				18 45	19 00			19 15
Barry Docks	d	17 33				17 48			18 03					18 18			18 34				18 48	19 03			19 18
Cadoxton	d	17 36				17 51			18 06					18 21			18 37				18 51	19 06			19 21
Dinas Powys	d	17 40				17 55			18 10					18 25			18 41				18 55	19 10			19 25
Eastbrook	d	17 43				17 58			18 13					18 28			18 43				18 58	19 13			19 28
Cogan	d	17 45				18 00			18 15					18 30			18 46				19 00	19 15			19 30
Penarth	d		17 48				18 03				18 18				18 33			18 48					18 18		
Dingle Road	d		17 50				18 05				18 20				18 35			18 50					19 20		
Grangetown	d	17 49	17 54			18 04	18 09		18 19		18 24			18 34	18 39		18 50	18 54			19 04	19 19	19 24		19 34
Cardiff Central 7	a	17 55	18 00			18 10	18 15		18 25		18 30			18 40	18 46		18 57	19 00			19 10	19 25	19 30		19 40
	d	17 56	18 01	18 05	18 06	18 11	18 16	18 21	18 26		18 31	18 35	18 36	18 42		18 51		19 01	19 05		19 11	19 26	19 31	19 36	19 43
Cardiff Queen Street 3	a	18 00	18 05	18 09		18 15	18 20	18 25	18 30		18 35	18 39		18 46		18 55		19 05	19 09		19 15	19 30	19 35		19 47
	d	18 00	18 05	18 09		18 15	18 20	18 25	18 30		18 35	18 39		18 46		18 56		19 05	19 09		19 15	19 30	19 36		19 47
Heath Low Level	d							18 30								19 01									
Ty Glas	d							18 33								19 03									
Birchgrove	d							18 34								19 05									
Rhiwbina	d							18 36								19 07									
Whitchurch (Cardiff)	d							18 38								19 08									
Coryton	a							18 43								19 13									
Heath High Level	d		18 10				18 25				18 40							19 10					19 40		
Llanishen	d		18 13				18 28				18 43							19 13					19 43		
Lisvane & Thornhill	d		18 15				18 30				18 45							19 15					19 46		
Caerphilly	d		18 21				18 36				18 52							19a23					19 52		
Aber	d		18 23				18 38				18 54												19 54		
Energlyn & Churchill Park	d						18 41				18 56												19 57		
Llanbradach	d		18 27				18 44				19 00												20 00		
Ystrad Mynach	d		18 32				18a52				19 05												20 06		
Hengoed	d		18 35								19 08												20 08		
Pengam	d		18 38								19 11												20 12		
Gilfach Fargoed	d		18 41								19 14												20 15		
Bargoed	a		18 47								19 19												20 19		
	d										19 19												20 19		
Brithdir	d										19 23												20 23		
Tir-phil	d										19 26												20 26		
Pontlottyn	d										19 30												20 30		
Rhymney 3	a										19 35												20 35		
Cathays	d	18 03		18 12		18 18			18 33			18 42		18 49					19 12		19 18	19 33			19 50
Llandaf	d	18 07		18 16		18 22			18 37			18 46		18 53					19 16		19 22	19 37			19 54
Ninian Park	d				18 10								18 40											19 40	
Waun-gron Park	d				18 13								18 43											19 43	
Fairwater	d				18 15								18 45											19 45	
Danescourt	d				18 17								18 47											19 47	
Radyr 3	a	18 11		18 20	18 24	18 26			18 41			18 50	18 54	18 57					19 20		19 26	19 41		19 54	19 58
	d	18 11		18 20		18 26			18 41			18 50		18 57					19 20		19 26	19 41			19 58
Taffs Well	d	18 15		18 24		18 30			18 45			18 54		19 01					19 24		19 30	19 45			20 02
Trefforest Estate	d	18 19							18 49													19 49			
Trefforest	d	18 23		18 31		18 37			18 53			19 01		19 08					19 31		19 37	19 53			20 09
Pontypridd 3	a	18 28		18 35		18 41			18 58			19 05		19 12					19 35		19 41	19 58			20 13
	d	18 28		18 35		18 42			18 58			19 05		19 13					19 35		19 42	19 58			20 13
Abercynon	d	18 35				18 49			19 05					19 20							19 53	20 05			20 21
Penrhiwceiber	d					18 55								19 25							19 59				20 27
Mountain Ash	a					19 00								19 30							20 04				20 32
	d					19 03								19 30							20 04				20 33
Fernhill	d					19 06								19 32							20 06				20 36
Cwmbach	d					19 10								19 43							20 10				20 40
Aberdare	a					19 16								19 47							20 16				20 46
Quakers Yard	d	18 39							19 09													20 09			
Merthyr Vale	a	18 44							19 14													20 14			
	d	18 47							19 17													20 15			
Troed Y Rhiw	d	18 51							19 21													20 19			
Pentre-bach	d	18 54							19 24													20 22			
Merthyr Tydfil	a	19 01							19 31													20 30			
Trehafod	d			18 40								19 10							19 40						
Porth	a			18 43								19 13							19 43						
	d			18 44								19 14							19 44						
Dinas Rhondda	d			18 48								19 18							19 48						
Tonypandy	d			18 50								19 20							19 50						
Llwynypia	d			18 52								19 22							19 52						
Ystrad Rhondda	a			18 55								19 25							19 55						
	d			18 59								19 29							19 59						
Ton Pentre	d			19 01								19 31							20 01						
Treorchy	d			19 04								19 34							20 04						
Ynyswen	d			19 07								19 37							20 07						
Treherbert	a			19 12								19 42							20 12						

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

18 May to 11 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d								19 42									20 42							21 42
Llantwit Major	d								19 56									20 56							21 56
Rhoose Cardiff Int Airport ✈	d								20 06									21 06							22 06
Barry Island	d		19 26		19 56								20 56									21 56			
Barry 3	d		19 30		20 00				20 15				21 00					21 15				22 00			22 15
Barry Docks	d		19 33		20 03				20 18				21 03					21 18				22 03			22 18
Cadoxton	d		19 36		20 06				20 21				21 06					21 21				22 06			22 21
Dinas Powys	d		19 40		20 10				20 25				21 10					21 25				22 10			22 25
Eastbrook	d		19 43		20 13				20 28				21 13					21 28				22 13			22 28
Cogan	d		19 45		20 15				20 30				21 15					21 30				22 15			22 30
Penarth	d			19 48			20 18				20 48						21 24		21 48				22 20		
Dingle Road	d			19 50			20 20				20 50						21 26		21 50				22 22		
Grangetown	d		19 49	19 54	20 19		20 24		20 34		20 54		21 19				21 30	21 34	21 54			22 19	22 26		22 34
Cardiff Central 7	a		19 55	20 00	20 26		20 31		20 40		21 00		21 25				21 41	21 43	22 00			22 25	22 33		22 40
	d	19 51	20 01	20 06	20 27		20 31	20 36	20 41	20 52	21 01	21 05	21 27	21 32	21 36			21 43	22 01	22 06	22 21	22 26		22 35	22 41
Cardiff Queen Street 3	a	19 55	20 05	20 10	20 31		20 35		20 45	20 56	21 05	21 09	21 31	21 36				21 47	22 05	22 10	22 25	22 30		22 39	22 45
	d	19 55	20 05	20 10	20 31		20 35		20 45	20 56	21 05	21 09	21 31	21 36				21 47	22 05	22 10	22 25	22 30		22 39	22 45
Heath Low Level	d	20 00								21 01											22 30				
Ty Glas	d	20 03								21 03											22 33				
Birchgrove	d	20 04								21 05											22 34				
Rhiwbina	d	20 06								21 07											22 36				
Whitchurch (Cardiff)	d	20 08								21 08											22 38				
Coryton	a	20 13								21 13											22 43				
Heath High Level	d		20 10				20 40				21 11			21 41					22 10					22 44	
Llanishen	d		20 13				20 43				21 14			21 44					22 13					22 47	
Lisvane & Thornhill	d		20 16				20 45				21 16			21 46					22 15					22 49	
Caerphilly	d		20a24				20 51				21 22			21 53					22a23					22 56	
Aber	d						20 53				21 24			21 55										22 58	
Energlyn & Churchill Park	d						20 55				21 26			21 57										23 00	
Llanbradach	d						20 59				21 30			22 01										23 04	
Ystrad Mynach	d						21 04				21a38			22 06										23 09	
Hengoed	d						21 07							22 09										23 12	
Pengam	d						21 10							22 12										23 15	
Gilfach Fargoed	d						21 13							22 15										23 18	
Bargoed	a						21 18							22 20										23 23	
	d						21 18							22 20										23 23	
Brithdir	d						21 22							22 24										23 27	
Tir-phil	d						21 25							22 27										23 30	
Pontlottyn	d						21 29							22 31										23 34	
Rhymney 3	a						21 35							22 36										23 39	
Cathays	d			20 13	20 34				20 48			21 12	21 34					21 50		22 12		22 33			22 48
Llandaf	d			20 17	20 38				20 52			21 16	21 38					21 54		22 17		22 37			22 52
Ninian Park	d							20 40							21 40										
Waun-gron Park	d							20 43							21 43										
Fairwater	d							20 45							21 45										
Danescourt	d							20 47							21 47										
Radyr 3	a			20 20	20 42			20 54	20 56			21 20	21 42		21 54			21 58		22 20		22 41			22 56
	d			20 20	20 42				20 56			21 20	21 42					21 58		22 20		22 41			22 56
Taffs Well	d			20 24	20 46				21 00			21 24	21 46					22 02		22 24		22 45			23 00
Trefforest Estate	d				20 50								21 50									22 49			
Trefforest	d			20 31	20 54				21 07			21 31	21 54					22 09		22 31		22 53			23 07
Pontypridd 3	a			20 35	20 58				21 11			21 35	21 59					22 13		22 35		22 58			23 10
	d			20 35	20 59				21 12			21 35	21 59					22 14		22 35		22 58			23 11
Abercynon	d				21 06				21 19				22 06					22 21				23 05			23 18
Penrhiwceiber	d								21 25									22 27							23 24
Mountain Ash	a								21 29									22 31							23 28
	d								21 29									22 31							23 28
Fernhill	d								21 32									22 34							23 31
Cwmbach	d								21 36									22 38							23 35
Aberdare	a								21 42									22 44							23 43
Quakers Yard	d				21 10								22 10									23 09			
Merthyr Vale	a				21 15								22 15									23 14			
	d				21 16								22 16									23 15			
Troed Y Rhiw	d				21 20								22 20									23 19			
Pentre-bach	d				21 23								22 23									23 22			
Merthyr Tydfil	a				21 31								22 31									23 30			
Trehafod	d			20 40								21 40								22 40					
Porth	a			20 43								21 43								22 43					
	d			20 44								21 44								22 44					
Dinas Rhondda	d			20 48								21 48								22 48					
Tonypandy	d			20 50								21 50								22 50					
Llwynypia	d			20 52								21 52								22 52					
Ystrad Rhondda	a			20 55								21 55								22 55					
	d			20 59								21 59								22 59					
Ton Pentre	d			21 01								22 01								23 01					
Treorchy	d			21 04								22 04								23 04					
Ynyswen	d			21 07								22 07								23 07					
Treherbert	a			21 12								22 12								23 12					

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

18 May to 11 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

			AW	AW	AW	AW	AW	AW
Bridgend	d							22 42
Llantwit Major	d							22 57
Rhoose Cardiff Int Airport ✈	d							23 07
Barry Island	d					22 45		
Barry 3	d					22 49		23 16
Barry Docks	d					22 52		23 19
Cadoxton	d					22 55		23 22
Dinas Powys	d					22 59		23 26
Eastbrook	d					23 02		23 29
Cogan	d					23 04		23 32
Penarth	d				22 51		23 26	
Dingle Road	d				22 53		23 28	
Grangetown	d				22 57	23 08	23 32	23 36
Cardiff Central 7	a				23 03	23 14	23 41	23 44
	d		22 46	22 55	23 16	23 26		
Cardiff Queen Street 3	a		22 50		23 20	23 30		
	d		22 50		23 20	23 30		
Heath Low Level	d							
Ty Glas	d							
Birchgrove	d							
Rhiwbina	d							
Whitchurch (Cardiff)	d							
Coryton	a							
Heath High Level	d				23 25			
Llanishen	d				23 28			
Lisvane & Thornhill	d				23 30			
Caerphilly	d				23 36			
Aber	d				23 38			
Energlyn & Churchill Park	d				23 40			
Llanbradach	d				23 44			
Ystrad Mynach	d				23a52			
Hengoed	d							
Pengam	d							
Gilfach Fargoed	d							
Bargoed	a							
	d							
Brithdir	d							
Tir-phil	d							
Pontlottyn	d							
Rhymney 3	a							
Cathays	d		22 53			23 33		
Llandaf	d		22 57			23 37		
Ninian Park	d			22 59				
Waun-gron Park	d			23 02				
Fairwater	d			23 04				
Danescourt	d			23 06				
Radyr 3	a		23 00	23 13		23 41		
	d		23 00			23 41		
Taffs Well	d		23 04			23 45		
Trefforest Estate	d							
Trefforest	d		23 11			23 52		
Pontypridd 3	a		23 15			23 59		
	d		23 15					
Abercynon	d							
Penrhiwceiber	d							
Mountain Ash	a							
	d							
Fernhill	d							
Cwmbach	d							
Aberdare	a							
Quakers Yard	d							
Merthyr Vale	a							
	d							
Troed Y Rhiw	d							
Pentre-bach	d							
Merthyr Tydfil	a							
Trehafod	d		23 20					
Porth	a		23 23					
	d		23 24					
Dinas Rhondda	d		23 28					
Tonypandy	d		23 30					
Llwynypia	d		23 32					
Ystrad Rhondda	a		23 35					
	d		23 38					
Ton Pentre	d		23 40					
Treorchy	d		23 43					
Ynyswen	d		23 46					
Treherbert	a		23 52					

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

23 May to 12 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW
Bridgend	d												05 42											
Llantwit Major	d												05 56											
Rhoose Cardiff Int Airport ✈	d												06 06											
Barry Island	d		05 15					05 51								06 26							06 56	
Barry ■3	d		05 19					05 55					06 15			06 30							07 00	
Barry Docks	d		05 22					05 58					06 18			06 33							07 03	
Cadoxton	d		05 25					06 01					06 21			06 36							07 06	
Dinas Powys	d		05 29					06 05					06 25			06 40							07 10	
Eastbrook	d		05 32					06 08					06 28			06 43							07 13	
Cogan	d		05 34					06 10					06 30			06 45							07 15	
Penarth	d						06 02							06 32							07 02			07 18
Dingle Road	d						06 04							06 34							07 04			07 20
Grangetown	d		05 38				06 08	06 14					06 34	06 38		06 49					07 08		07 20	07 24
Cardiff Central ■7	a		05 44				06 14	06 20					06 40	06 45		06 55					07 14		07 26	07 30
	d	05 26	05 47 05 51		05 56	06 11	06 15	06 21	06 26		06 31	06 36	06 41	06 46	06 51	06 56	07 05	07 06	07 11		07 16	07 22	07 26	07 30
Cardiff Queen Street ■3	a	05 30	05 51 05 55		06 00	06 15	06 20	06 25	06 30		06 35	06 40	06 45	06 50	06 55	07 00	07 09		07 15		07 20	07 26	07 30	07 35
	d	05 30	05 51 05 56		06 00	06 15	06 20	06 25	06 30		06 36	06 40	06 45	06 50	06 55	07 00	07 09		07 15		07 20	07 26	07 30	07 35
Heath Low Level	d		06 01					06 30							07 00							07 31		
Ty Glas	d		06 04					06 33							07 03							07 34		
Birchgrove	d		06 05					06 34							07 04							07 35		
Rhiwbina	d		06 07					06 36							07 06							07 37		
Whitchurch (Cardiff)	d		06 09					06 38							07 08							07 39		
Coryton	a		06 13					06 43							07 13							07 43		
Heath High Level	d	05 56					06 25							06 55							07 25			07 40
Llanishen	d	05 59					06 28							06 58							07 28			07 43
Lisvane & Thornhill	d	06 01					06 30							07 00							07 31			07 45
Caerphilly	d	06a08					06 36							07 06							07 37			07 51
Aber	d						06 38							07 08							07 39			07 53
Energlyn & Churchill Park	d																				07 42			
Llanbradach	d						06 42							07 12							07 46			07 57
Ystrad Mynach	d						06 47							07 17							07 52			08 02
Hengoed	d						06 50							07 20							07 55			08 05
Pengam	d						06 53							07 23							07 58			08 08
Gilfach Fargoed	d																							
Bargoed	a						07 01							07 31							08 06			08 14
	d																							08 14
Brithdir	d																							08 18
Tir-phil	d																							08 21
Pontlottyn	d																							08 25
Rhymney ■3	a																							08 31
Cathays	d	05 33			06 03	06 18			06 33		06 38	06 43	06 48			07 03	07 12		07 18				07 33	
Llandaf	d	05 37			06 07	06 22			06 37			06 47	06 52			07 07	07 16		07 22				07 37	
Ninian Park	d																	07 10						
Waun-gron Park	d																	07 13						
Fairwater	d																	07 15						
Danescourt	d																	07 17						
Radyr ■3	a	05 41			06 11	06 26			06 41		06 45	06 50	06 56			07 11	07 20	07 24	07 26				07 41	
	d	05 41			06 11	06 26			06 41		06 45	06 50	06 56			07 11	07 20		07 26				07 41	
Taffs Well	d	05 45			06 15	06 30			06 45		06a50	06 54	07 00			07 15	07 24		07 30				07 45	
Trefforest Estate	d	05 49			06 19				06 49							07 19							07 49	
Trefforest	d	05 53			06 23	06 37			06 53			07 01	07 07			07 23	07 31		07 37				07 53	
Pontypridd ■3	a	05 57			06 28	06 41			06 58			07 05	07 11			07 28	07 35		07 41				07 58	
	d	06 00			06 28	06 42			06 58			07 05	07 12			07 28	07 35		07 42				07 58	
Abercynon	d	06 07		06 19	06 35	06 49			07 05				07 19			07 35			07 49				08 05	
Penrhiwceiber	d			06 24		06 55							07 25						07 55					
Mountain Ash	a			06 30		07 00							07 30						08 00					
	d			06 33		07 03							07 33						08 03					
Fernhill	d			06 36		07 06							07 36						08 06					
Cwmbach	d			06 40		07 10							07 40						08 10					
Aberdare	a			06 46		07 16							07 46						08 16					
Quakers Yard	d	06 11			06 39				07 09							07 39							08 09	
Merthyr Vale	a	06 16			06 44				07 14							07 44							08 14	
	d	06 17			06 47				07 17							07 47							08 17	
Troed Y Rhiw	d	06 21			06 51				07 21							07 51							08 21	
Pentre-bach	d	06 24			06 54				07 24							07 54							08 24	
Merthyr Tydfil	a	06 31			07 01				07 31							08 01							08 31	
Trehafod	d											07 10					07 40							
Porth	a											07 13					07 43							
	d											07 14					07 44							
Dinas Rhondda	d											07 18					07 48							
Tonypandy	d											07 20					07 50							
Llwynypia	d											07 22					07 52							
Ystrad Rhondda	a											07 25					07 55							
	d											07 29					07 59							
Ton Pentre	d											07 31					08 01							
Treorchy	d											07 34					08 04							
Ynyswen	d											07 37					08 07							
Treherbert	a											07 42					08 12							

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

23 May to 12 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW A		AW B	AW	AW	AW	AW A	AW B	AW	AW
Bridgend	d			06 42																	07 42				
Llantwit Major	d			06 56																	07 56				
Rhoose Cardiff Int Airport ✈	d			07 06																	08 06				
Barry Island	d							07 26				07 41			07 56										08 26
Barry 3	d			07 15				07 30				07 45			08 00						08 15				08 30
Barry Docks	d			07 18				07 33				07 48			08 03						08 18				08 33
Cadoxton	d			07 21				07 36				07 51			08 06						08 21				08 36
Dinas Powys	d			07 25				07 40				07 55			08 10						08 25				08 40
Eastbrook	d			07 28				07 43				07 58			08 13						08 28				08 43
Cogan	d			07 30				07 45				08 00			08 15						08 30				08 45
Penarth	d				07 34				07 47				08 03			08⟍18		08⟍18				08⟍33	08⟍33		
Dingle Road	d				07 36				07 49				08 05			08⟍20		08⟍20				08⟍35	08⟍35		
Grangetown	d			07 34	07 40			07 49	07 53			08 05	08 09		08 20	08⟍24		08⟍24			08 34	08⟍39	08⟍39		08 49
Cardiff Central 7	a			07 41	07 46			07 55	08 00			08 10	08 15		08 25	08⟍30		08⟍30			08 40	08⟍45	08⟍45		08 55
	d	07 35	07 36	07 41	07 46	07 51		07 56	08 01	08 05	08 06	08 11	08 16	08 21	08 26	08⟍31		08⟍31	08 35	08 36	08 41	08⟍46	08⟍46	08 51	08 56
Cardiff Queen Street 3	a	07 39		07 45	07 50	07 55		08 00	08 05	08 09		08 15	08 20	08 25	08 30	08⟍35		08⟍35	08 39		08 45	08⟍50	08⟍50	08 55	09 00
	d	07 39		07 45	07 50	07 55		08 00	08 05	08 09		08 15	08 20	08 25	08 30	08⟍35		08⟍35	08 39		08 45	08⟍50	08⟍50	08 55	09 00
Heath Low Level	d					08 00								08 30		⟍		⟍				⟍	⟍	09 00	
Ty Glas	d					08 03								08 33		⟍		⟍				⟍	⟍	09 03	
Birchgrove	d					08 04								08 34		⟍		⟍				⟍	⟍	09 04	
Rhiwbina	d					08 06								08 36		⟍		⟍				⟍	⟍	09 06	
Whitchurch (Cardiff)	d					08 08								08 38		⟍		⟍				⟍	⟍	09 08	
Coryton	a					08 13								08 43		⟍		⟍				⟍	⟍	09 13	
Heath High Level	d				07 55				08 10				08 25			08⟍40		08⟍40				08⟍55	08⟍55		
Llanishen	d				07 58				08 13				08 28			08⟍43		08⟍44				08⟍58	08⟍58		
Lisvane & Thornhill	d				08 00				08 16				08 30			08⟍45		08⟍47				09⟍00	09⟍01		
Caerphilly	d				08 06				08 22				08 37			08⟍51		08⟍53				09⟍06	09⟍07		
Aber	d				08 08				08 24				08 39			08⟍53		08⟍55				09⟍08	09⟍09		
Energlyn & Churchill Park	d								08 27				08 41			⟍		⟍				⟍	⟍		
Llanbradach	d				08 12				08 31				08 45			08⟍57		09⟍00				09⟍12	09⟍14		
Ystrad Mynach	d				08 17				08 37				08 50			09⟍02		09⟍06				09⟍17	09a21		
Hengoed	d				08 20				08 40				08 53			09⟍05		09⟍09				09⟍20			
Pengam	d				08 23				08 44				08 56			09⟍08		09⟍13				09⟍23			
Gilfach Fargoed	d								08 47							⟍		⟍				⟍			
Bargoed	a				08 31				08 52				09 02			09⟍15		09⟍20				09⟍30			
	d												09 02												
Brithdir	d												09 05												
Tir-phil	d												09 08												
Pontlottyn	d												09 13												
Rhymney 3	a												09 18												
Cathays	d	07 42		07 48				08 03		08 12		08 18			08 33				08 42		08 48				09 03
Llandaf	d	07 46		07 52				08 07		08 16		08 22			08 37				08 46		08 52				09 07
Ninian Park	d		07 40								08 10									08 40					
Waun-gron Park	d		07 43								08 13									08 43					
Fairwater	d		07 45								08 15									08 45					
Danescourt	d		07 47								08 17									08 47					
Radyr 3	a	07 50	07 54	07 56				08 11		08 20	08 24	08 26			08 41				08 50	08 54	08 56				09 11
	d	07 50		07 56				08 11		08 20		08 26			08 41				08 50		08 56				09 11
Taffs Well	d	07 54		08 00				08 15		08 24		08 30			08 45				08 54		09 00				09 15
Trefforest Estate	d							08 19							08 49										09 19
Trefforest	d	08 01		08 07				08 23		08 31		08 37			08 53				09 01		09 07				09 23
Pontypridd 3	a	08 05		08 11				08 28		08 35		08 41			08 58				09 05		09 11				09 28
	d	08 05		08 12				08 28		08 35		08 42			08 58				09 05		09 12				09 28
Abercynon	d			08 19				08 35				08 49			09 05						09 19				09 35
Penrhiwceiber	d			08 25								08 55									09 25				
Mountain Ash	a			08 30								09 00									09 30				
	d			08 33								09 03									09 33				
Fernhill	d			08 36								09 06									09 36				
Cwmbach	d			08 40								09 10									09 40				
Aberdare	a			08 46								09 16									09 46				
Quakers Yard	d							08 39							09 09										09 39
Merthyr Vale	a							08 44							09 14										09 44
	d							08 47							09 17										09 47
Troed Y Rhiw	d							08 51							09 21										09 51
Pentre-bach	d							08 54							09 24										09 54
Merthyr Tydfil	a							09 01							09 31										10 01
Trehafod	d	08 10								08 40									09 10						
Porth	a	08 13								08 43									09 13						
	d	08 14								08 44									09 14						
Dinas Rhondda	d	08 18								08 48									09 18						
Tonypandy	d	08 20								08 50									09 20						
Llwynypia	d	08 22								08 52									09 22						
Ystrad Rhondda	a	08 25								08 55									09 25						
	d	08 29								08 59									09 29						
Ton Pentre	d	08 31								09 01									09 31						
Treorchy	d	08 34								09 04									09 34						
Ynyswen	d	08 37								09 07									09 37						
Treherbert	a	08 42								09 12									09 42						

A until 12 September **B** from 19 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

23 May to 12 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW		AW	AW	AW	AW	AW	AW	AW A	AW B	AW		AW	AW	AW A	AW B	AW	AW	AW	AW	AW		AW	AW
Bridgend	d														08 42										
Llantwit Major	d														08 56										
Rhoose Cardiff Int Airport ✈	d														09 06										
Barry Island	d					08 41			08 56										09 27						09 41
Barry ■	d					08 45			09 00						09 15				09 31						09 45
Barry Docks	d					08 48			09 03						09 18				09 34						09 48
Cadoxton	d					08 51			09 06						09 21				09 37						09 51
Dinas Powys	d					08 55			09 10						09 25				09 41						09 55
Eastbrook	d					08 58			09 13						09 28				09 44						09 58
Cogan	d					09 00			09 15						09 30				09 46						10 00
Penarth	d	08 48								09 18	09 18					09 33	09 33					09 48			
Dingle Road	d	08 50								09 20	09 20					09 35	09 35					09 50			
Grangetown	d	08 54				09 04			09 19	09 24	09 24				09 34	09 39	09 39		09 50			09 54			10 04
Cardiff Central ■	a	09 00				09 10			09 25	09 30	09 30				09 40	09 45	09 45		09 56		10 00				10 10
	d	09 01		09 05	09 06	09 11	09 14	09 21	09 26	09 31	09 31	09 35		09 36	09 41	09 46	09 46	09 51	09 56		10 01	10 05		10 06	10 11
Cardiff Queen Street ■	a	09 05		09 09		09 15	09 18	09 25	09 30	09 35	09 35	09 39			09 45	09 49	09 50	09 55	10 00		10 05	10 09			10 15
	d	09 05		09 09		09 15	09 20	09 25	09 30	09 35	09 35	09 39			09 45	09 50	09 50	09 55	10 00		10 05	10 09			10 15
Heath Low Level	d							09 30										10 00							
Ty Glas	d							09 33										10 03							
Birchgrove	d							09 34										10 04							
Rhiwbina	d							09 36										10 06							
Whitchurch (Cardiff)	d							09 38										10 08							
Coryton	a							09 43										10 13							
Heath High Level	d	09 10					09 25			09 40	09 40					09 55	09 55				10 10				
Llanishen	d	09 13					09 28			09 43	09 43					09 58	09 58				10 13				
Lisvane & Thornhill	d	09 16					09 30			09 45	09 46					10 00	10 01				10 16				
Caerphilly	d	09 22					09 37			09 51	09 53					10 06	10 07				10 22				
Aber	d	09 24					09 39			09 53	09 55					10 08	10 09				10 24				
Energlyn & Churchill Park	d	09 27					09 41														10 27				
Llanbradach	d	09 31					09 45			09 57	10 00					10 12	10 14				10 31				
Ystrad Mynach	d	09 38					09 50			10 02	10 06					10 17	10a21				10 37				
Hengoed	d	09 40					09 53			10 05	10 09					10 20					10 40				
Pengam	d	09 44					09 56			10 08	10 13					10 23					10 44				
Gilfach Fargoed	d	09 47																			10 47				
Bargoed	a	09 52					10 02			10 15	10 20					10 30					10 52				
	d						10 02																		
Brithdir	d						10 05																		
Tir-phil	d						10 08																		
Pontlottyn	d						10 13																		
Rhymney ■	a						10 18																		
Cathays	d			09 12		09 18			09 33			09 42			09 48				10 03			10 12			10 18
Llandaf	d			09 16		09 22			09 37			09 46			09 52				10 07			10 16			10 22
Ninian Park	d				09 10									09 40										10 10	
Waun-gron Park	d				09 13									09 43										10 13	
Fairwater	d				09 15									09 45										10 15	
Danescourt	d				09 17									09 47										10 17	
Radyr ■	a			09 20	09 24	09 26			09 41			09 50		09 54	09 56				10 11			10 20		10 24	10 26
	d			09 20		09 26			09 41			09 50			09 56				10 11			10 20			10 26
Taffs Well	d			09 24		09 30			09 45			09 54			10 00				10 15			10 24			10 30
Trefforest Estate	d								09 49																
Trefforest	d			09 31		09 37			09 53			10 01			10 07				10 21			10 31			10 37
Pontypridd ■	a			09 35		09 41			09 58			10 05			10 11				10 32			10 35			10 41
	d			09 35		09 42			09 58			10 05			10 12					10 34		10 35			10 42
Abercynon	d					09 49			10 05						10 19					10 40					10 49
Penrhiwceiber	d					09 55									10 25										10 55
Mountain Ash	a					10 00									10 30										11 00
	d					10 03									10 33										11 03
Fernhill	d					10 06									10 36										11 06
Cwmbach	d					10 10									10 40										11 10
Aberdare	a					10 16									10 46										11 16
Quakers Yard	d								10 09											10 44					
Merthyr Vale	a								10 14											10 49					
	d								10 17											10 51					
Troed Y Rhiw	d								10 21											10 55					
Pentre-bach	d								10 24											10 58					
Merthyr Tydfil	a								10 31											11 06					
Trehafod	d			09 40								10 10										10 40			
Porth	a			09 43								10 13										10 43			
	d			09 44								10 14										10 44			
Dinas Rhondda	d			09 48								10 18										10 48			
Tonypandy	d			09 50								10 20										10 50			
Llwynypia	d			09 52								10 22										10 52			
Ystrad Rhondda	a			09 55								10 25										10 55			
	d			09 59								10 29										10 59			
Ton Pentre	d			10 01								10 31										11 01			
Treorchy	d			10 04								10 34										11 04			
Ynyswen	d			10 07								10 37										11 07			
Treherbert	a			10 12								10 42										11 12			

A until 12 September **B** from 19 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

23 May to 12 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW A	AW B	AW	AW		AW	AW A	AW B	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW A	AW B
Bridgend	d									09 42															
Llantwit Major	d									09 56															
Rhoose Cardiff Int Airport ✈	d									10 06															
Barry Island	d			09 56											10 26					10 41			10 56		
Barry 3	d			10 00						10 15					10 30					10 45			11 00		
Barry Docks	d			10 03						10 18					10 33					10 48			11 03		
Cadoxton	d			10 06						10 21					10 36					10 51			11 06		
Dinas Powys	d			10 10						10 25					10 40					10 55			11 10		
Eastbrook	d			10 13						10 28					10 43					10 58			11 13		
Cogan	d			10 15						10 30					10 45					11 00			11 15		
Penarth	d	10 03			10 18	10 18					10 33	10 33					10 48				11 04			11 18	11 18
Dingle Road	d	10 05			10 20	10 20					10 35	10 35					10 50				11 06			11 20	11 20
Grangetown	d	10 09		10 19	10 24	10 24				10 34	10 40	10 39			10 49		10 54			11 04	11 10		11 19	11 24	11 24
Cardiff Central 7	a	10 15		10 25	10 30	10 30				10 42	10 45	10 45			10 55		11 00			11 11	11 16		11 25	11 30	11 30
	d	10 16	10 21	10 26	10 31	10 31	10 35	10 36			10 46	10 46	10 51	10 51	10 56		11 01	11 08		11 11	11 16	11 21	11 26	11 31	11 31
Cardiff Queen Street 3	a	10 20	10 25	10 30	10 35	10 35	10 39				10 50	10 50	10 55		11 00		11 05			11 15	11 20	11 25	11 30	11 35	11 35
	d	10 20	10 25	10 30	10 35	10 35	10 39				10 50	10 50	10 55		11 00		11 05			11 15	11 20	11 25	11 30	11 35	11 35
Heath Low Level	d		10 30										11 00									11 30			
Ty Glas	d		10 33										11 03									11 33			
Birchgrove	d		10 34										11 04									11 34			
Rhiwbina	d		10 36										11 06									11 36			
Whitchurch (Cardiff)	d		10 38										11 08									11 38			
Coryton	a		10 43										11 13									11 43			
Heath High Level	d	10 25			10 40	10 40					10 55	10 55					11 10				11 25			11 40	11 40
Llanishen	d	10 28			10 43	10 43					10 58	10 58					11 13				11 28			11 43	11 43
Lisvane & Thornhill	d	10 30			10 45	10 46					11 00	11 01					11 16				11 30			11 45	11 46
Caerphilly	d	10 37			10 51	10 53					11 06	11 07					11 22				11 37			11 51	11 53
Aber	d	10 39			10 53	10 55					11 08	11 09					11 24				11 39			11 53	11 55
Energlyn & Churchill Park	d	10 41															11 27				11 41				
Llanbradach	d	10 45			10 57	11 00					11 12	11 14					11 31				11 45			11 57	12 00
Ystrad Mynach	d	10 50			11 02	11 06					11 17	11a21					11 37				11 50			12 02	12 06
Hengoed	d	10 53			11 05	11 09					11 20						11 40				11 53			12 05	12 09
Pengam	d	10 56			11 08	11 13					11 23						11 44				11 56			12 08	12 13
Gilfach Fargoed	d																11 47								
Bargoed	a	11 02			11 15	11 20					11 30						11 52				12 02			12 15	12 20
	d	11 02																			12 02				
Brithdir	d	11 05																			12 05				
Tir-phil	d	11 08																			12 08				
Pontlottyn	d	11 13																			12 13				
Rhymney 3	a	11 18																			12 18				
Cathays	d			10 33			10 42								11 03					11 18			11 33		
Llandaf	d			10 37			10 46								11 07					11 22			11 37		
Ninian Park	d							10 41										11 12							
Waun-gron Park	d							10 44										11 15							
Fairwater	d							10 46										11 17							
Danescourt	d							10 48								←		11 19							
Radyr 3	a			10 41			10 50	10 54						11 04	11 11	11 04		11 26		11 26			11 41		
	d			10 41			10 50							11 20	11 11	11 20				11 26			11 41		
Taffs Well	d			10 45			10 54							↳	11 15	11 24				11 30			11 45		
Trefforest Estate	d			10 49											11 19								11 49		
Trefforest	d			10 53			11 01								11 23	11 31				11 37			11 53		
Pontypridd 3	a			10 58			11 05								11 28	11 34				11 41			11 58		
	d			10 58			11 05								11 28	11 35				11 42			11 58		
Abercynon	d			11 05											11 35					11 49			12 05		
Penrhiwceiber	d																			11 55					
Mountain Ash	a																			12 00					
	d																			12 03					
Fernhill	d																			12 06					
Cwmbach	d																			12 10					
Aberdare	a																			12 16					
Quakers Yard	d			11 09											11 39								12 09		
Merthyr Vale	a			11 14											11 44								12 14		
	d			11 17											11 47								12 17		
Troed Y Rhiw	d			11 21											11 51								12 21		
Pentre-bach	d			11 24											11 54								12 24		
Merthyr Tydfil	a			11 31											12 01								12 31		
Trehafod	d						11 10									11 40									
Porth	a						11 13									11 43									
	d						11 14									11 44									
Dinas Rhondda	d						11 18									11 48									
Tonypandy	d						11 20									11 50									
Llwynypia	d						11 22									11 52									
Ystrad Rhondda	a						11 25									11 55									
	d						11 29									11 59									
Ton Pentre	d						11 31									12 01									
Treorchy	d						11 34									12 04									
Ynyswen	d						11 37									12 07									
Treherbert	a						11 42									12 12									

A until 12 September **B** from 19 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

23 May to 12 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW		AW A	AW B	AW	AW	AW	AW	AW	AW	AW		AW	AW B	AW	AW B	AW A	AW B	AW A	AW	AW	
Bridgend	d			10 42																				11 42	
Llantwit Major	d			10 56																				11 56	
Rhoose Cardiff Int Airport ✈	d			11 06																				12 06	
Barry Island	d								11 26				11 41					11 56							
Barry ■	d			11 15					11 30				11 45					12 00						12 15	
Barry Docks	d			11 18					11 33				11 48					12 03						12 18	
Cadoxton	d			11 21					11 36				11 51					12 06						12 21	
Dinas Powys	d			11 25					11 40				11 55					12 10						12 25	
Eastbrook	d			11 28					11 43				11 58					12 13						12 28	
Cogan	d			11 30					11 45				12 00					12 15						12 30	
Penarth	d					11 33	11 33			11 48				12 03						12 18	12 18				
Dingle Road	d					11 35	11 35			11 50				12 05						12 20	12 20				
Grangetown	d			11 34		11 39	11 39		11 49	11 54			12 05	12 09				12 19		12 24	12 24			12 34	
Cardiff Central ■	a			11 40		11 45	11 45		11 55	12 01			12 10	12 15				12 25		12 30	12 30			12 40	
	d	11 35	11 36	11 41		11 46	11 46	11 51	11 56	12 01	12 05	12 06	12 11	12 16		12 21	12 26	12 26		12 31	12 31	12 35	12 36	12 41	
Cardiff Queen Street ■	a	11 39		11 45		11 50	11 50	11 55	12 00	12 05	12 09		12 15	12 20		12 24		12 30		12 35	12 35	12 39		12 45	
	d	11 39		11 45		11 50	11 50	11 55	12 00	12 05	12 09		12 15	12 20		12 25		12 30		12 35	12 35	12 39		12 45	
Heath Low Level	d							12 00								12 30									
Ty Glas	d							12 03								12 33									
Birchgrove	d							12 04								12 34									
Rhiwbina	d							12 06								12 36									
Whitchurch (Cardiff)	d							12 08								12 38									
Coryton	a							12 13								12 43									
Heath High Level	d					11 55	11 55			12 10				12 25						12 40	12 40				
Llanishen	d					11 58	11 58			12 13				12 28						12 43	12 43				
Lisvane & Thornhill	d					12 00	12 01			12 16				12 30						12 45	12 46				
Caerphilly	d					12 06	12 07			12 22				12 37						12 51	12 53				
Aber	d					12 08	12 09			12 24				12 39						12 53	12 55				
Energlyn & Churchill Park	d									12 27				12 41											
Llanbradach	d					12 12	12 14			12 31				12 45						12 57	13 00				
Ystrad Mynach	d					12 17	12a21			12 37				12 50						13 02	13 06				
Hengoed	d					12 20				12 40				12 53						13 05	13 09				
Pengam	d					12 23				12 44				12 56						13 08	13 13				
Gilfach Fargoed	d									12 47															
Bargoed	a					12 30				12 52				13 02						13 15	13 20				
	d													13 02											
Brithdir	d													13 05											
Tir-phil	d													13 08											
Pontlottyn	d													13 13											
Rhymney ■	a													13 18											
Cathays	d	11 42		11 48					12 03		12 12		12 18					12 33				12 42		12 48	
Llandaf	d	11 46		11 52					12 07		12 16		12 22					12 37				12 46		12 52	
Ninian Park	d		11 41									12 10											12 40		
Waun-gron Park	d		11 44									12 13											12 43		
Fairwater	d		11 46									12 15											12 45		
Danescourt	d		11 48									12 17							←				12 47		
Radyr ■	a	11 50	11 54	11 56					12 11		12 20	12 24	12 25				12 37	12 41	12 37			12 50	12 54	12 56	
	d	11 50		11 56					12 11		12 20		12 25				12 50	12 41	12 50			12 50		12 56	
Taffs Well	d	11 54		12 00					12 15		12 24		12 29				↳	12 45	12 54			12 54		13 00	
Trefforest Estate	d								12 19									12 49							
Trefforest	d	12 01		12 07					12 23		12 31		12 36					12 53	13 01			13 01		13 07	
Pontypridd ■	a	12 05		12 11					12 28		12 35		12 42					12 58	13 04			13 05		13 11	
	d	12 05		12 12					12 28		12 35							12 58	13 05			13 05		13 12	
Abercynon	d			12 20					12 35									13 05						13 19	
Penrhiwceiber	d			12 26																				13 25	
Mountain Ash	a			12 31																				13 30	
	d			12 33																				13 33	
Fernhill	d			12 36																				13 36	
Cwmbach	d			12 40																				13 40	
Aberdare	a			12 46																				13 46	
Quakers Yard	d								12 39									13 09							
Merthyr Vale	a								12 44									13 14							
	d								12 47									13 17							
Troed Y Rhiw	d								12 51									13 21							
Pentre-bach	d								12 54									13 24							
Merthyr Tydfil	a								13 01									13 31							
Trehafod	d	12 10									12 40								13 10			13 10			
Porth	a	12 13									12 43								13 13			13 13			
	d	12 14									12 44								13 14			13 14			
Dinas Rhondda	d	12 18									12 48								13 18			13 18			
Tonypandy	d	12 20									12 50								13 20			13 20			
Llwynypia	d	12 22									12 52								13 22			13 22			
Ystrad Rhondda	a	12 25									12 55								13 25			13 25			
	d	12 29									12 59								13 29			13 29			
Ton Pentre	d	12 31									13 01								13 31			13 31			
Treorchy	d	12 34									13 04								13 34			13 34			
Ynyswen	d	12 37									13 07								13 37			13 37			
Treherbert	a	12 42									13 12								13 42			13 42			

A until 12 September **B** from 19 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

23 May to 12 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW A	AW B	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW A	AW B	AW	AW	AW	AW A	AW B		AW	AW	AW	AW
Bridgend	d																	12 42							
Llantwit Major	d																	12 56							
Rhoose Cardiff Int Airport ✈	d																	13 06							
Barry Island	d				12 26				12 41				12 56										13 26		
Barry 3	d				12 30				12 45				13 00					13 15					13 31		
Barry Docks	d				12 33				12 48				13 03					13 18					13 34		
Cadoxton	d				12 36				12 51				13 06					13 21					13 37		
Dinas Powys	d				12 40				12 55				13 10					13 25					13 41		
Eastbrook	d				12 43				12 58				13 13					13 28					13 43		
Cogan	d				12 45				13 00				13 15					13 30					13 46		
Penarth	d	12⟩33	12⟩33			12 48				13 03				13⟨18	13⟨18				13⟩33	13⟩33				13 48	
Dingle Road	d	12⟩35	12⟩35			12 50				13 05				13⟨20	13⟨20				13⟩35	13⟩35				13 50	
Grangetown	d	12⟩39	12⟩39		12 49	12 54			13 04	13 09			13 20	13⟨24	13⟨24			13 34	13⟩39	13⟩39			13 50	13 54	
Cardiff Central 7	a	12⟩45	12⟩45		12 55	13 00			13 10	13 16			13 25	13⟨30	13⟨30			13 40	13⟩45	13⟩45			13 56	14 00	
	d	12⟩46	12⟩46	12 51	12 56	13 01	13 05	13 06	13 11	13 16		13 21	13 26	13⟨31	13⟨31	13 35	13 36	13 41	13⟩46	13⟩46		13 51	13 56	14 01	14 05
Cardiff Queen Street 3	a	12⟩50	12⟩50	12 55	13 00	13 05	13 09		13 15	13 20		13 25	13 30	13⟨35	13⟨35	13 39		13 45	13⟩50	13⟩50		13 55	14 00	14 05	14 09
	d	12⟩50	12⟩50	12 55	13 00	13 05	13 09		13 15	13 20		13 25	13 30	13⟨35	13⟨35	13 39		13 45	13⟩50	13⟩50		13 55	14 00	14 05	14 09
Heath Low Level	d	⟩	⟩	13 00								13 30		⟨	⟨				⟩	⟩		14 00			
Ty Glas	d	⟩	⟩	13 03								13 33		⟨	⟨				⟩	⟩		14 03			
Birchgrove	d	⟩	⟩	13 04								13 34		⟨	⟨				⟩	⟩		14 04			
Rhiwbina	d	⟩	⟩	13 06								13 36		⟨	⟨				⟩	⟩		14 06			
Whitchurch (Cardiff)	d	⟩	⟩	13 08								13 38		⟨	⟨				⟩	⟩		14 08			
Coryton	a	⟩	⟩	13 13								13 43		⟨	⟨				⟩	⟩		14 13			
Heath High Level	d	12⟩55	12⟩55			13 10				13 25				13⟨40	13⟨40				13⟩55	13⟩55				14 10	
Llanishen	d	12⟩58	12⟩58			13 13				13 28				13⟨43	13⟨43				13⟩58	13⟩58				14 13	
Lisvane & Thornhill	d	13⟩00	13⟩01			13 16				13 30				13⟨45	13⟨46				14⟩00	14⟩01				14 16	
Caerphilly	d	13⟩06	13⟩07			13 22				13 37				13⟨51	13⟨53				14⟩06	14⟩07				14 22	
Aber	d	13⟩08	13⟩09			13 24				13 39				13⟨53	13⟨55				14⟩08	14⟩09				14 24	
Energlyn & Churchill Park	d	⟩	⟩			13 27				13 41				⟨	⟨				⟩	⟩				14 27	
Llanbradach	d	13⟩12	13⟩14			13 31				13 45				13⟨57	14⟩00				14⟩12	14⟩14				14 31	
Ystrad Mynach	d	13⟩17	13a21			13 37				13 50				14⟨02	14⟨06				14⟩17	14a21				14 37	
Hengoed	d	13⟩20				13 40				13 53				14⟨05	14⟨09				14⟩20					14 40	
Pengam	d	13⟩23				13 44				13 56				14⟨08	14⟨13				14⟩23					14 44	
Gilfach Fargoed	d	⟩				13 47								⟨	⟨				⟩					14 47	
Bargoed	a	13⟩30				13 52				14 02				14⟨15	14⟨20				14⟩30					14 52	
	d									14 02															
Brithdir	d									14 05															
Tir-phil	d									14 08															
Pontlottyn	d									14 13															
Rhymney 3	a									14 18															
Cathays	d				13 03		13 12		13 18				13 33			13 42		13 48					14 03		14 12
Llandaf	d				13 07		13 16		13 22				13 37			13 46		13 52					14 07		14 16
Ninian Park	d							13 10									13 40								
Waun-gron Park	d							13 13									13 43								
Fairwater	d							13 15									13 45								
Danescourt	d							13 17									13 47								
Radyr 3	a				13 11		13 20	13 24	13 26				13 41			13 50	13 54	13 56					14 11		14 20
	d				13 11		13 20		13 26				13 41			13 50		13 56					14 11		14 20
Taffs Well	d				13 15		13 24		13 30				13 45			13 54		14 00					14 15		14 24
Trefforest Estate	d				13 19								13 49										14 19		
Trefforest	d				13 23		13 31		13 37				13 53			14 01		14 07					14 23		14 31
Pontypridd 3	a				13 28		13 35		13 41				13 58			14 05		14 11					14 28		14 35
	d				13 28		13 35		13 42				13 58			14 05		14 12					14 28		14 35
Abercynon	d				13 35				13 49				14 05					14 19					14 35		
Penrhiwceiber	d								13 55									14 25							
Mountain Ash	a								14 00									14 30							
	d								14 03									14 33							
Fernhill	d								14 06									14 36							
Cwmbach	d								14 10									14 40							
Aberdare	a								14 16									14 46							
Quakers Yard	d				13 39								14 09										14 39		
Merthyr Vale	a				13 44								14 14										14 44		
	d				13 47								14 17										14 47		
Troed Y Rhiw	d				13 51								14 21										14 51		
Pentre-bach	d				13 54								14 24										14 54		
Merthyr Tydfil	a				14 01								14 31										15 01		
Trehafod	d						13 40									14 10									14 40
Porth	a						13 43									14 13									14 43
	d						13 44									14 14									14 44
Dinas Rhondda	d						13 48									14 18									14 48
Tonypandy	d						13 50									14 20									14 50
Llwynypia	d						13 52									14 22									14 52
Ystrad Rhondda	a						13 55									14 25									14 55
	d						13 59									14 29									14 59
Ton Pentre	d						14 01									14 31									15 01
Treorchy	d						14 04									14 34									15 04
Ynyswen	d						14 07									14 37									15 07
Treherbert	a						14 12									14 42									15 12

A until 12 September **B** from 19 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

23 May to 12 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW	AW		AW A	AW B	AW	AW	AW	AW A	AW B	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d											13 42													
Llantwit Major	d											13 56													
Rhoose Cardiff Int Airport ✈	d											14 06													
Barry Island	d		13 41			13 56										14 26							14 41		
Barry 3	d		13 45			14 00						14 15				14 30							14 45		
Barry Docks	d		13 48			14 03						14 18				14 33							14 48		
Cadoxton	d		13 51			14 06						14 21				14 36							14 51		
Dinas Powys	d		13 55			14 10						14 25				14 40							14 55		
Eastbrook	d		13 58			14 13						14 28				14 43							14 58		
Cogan	d		14 00			14 15						14 30				14 45							15 00		
Penarth	d			14 03				14 18	14 18				14 33	14 33								14 48		15 03	
Dingle Road	d			14 05				14 20	14 20				14 35	14 35								14 50		15 05	
Grangetown	d		14 04	14 09		14 20		14 24	14 24			14 34	14 39	14 39		14 49						14 54		15 04	15 09
Cardiff Central 7	a		14 10	14 15		14 25		14 30	14 30			14 40	14 45	14 45		14 55						15 00		15 10	15 15
	d	14 06	14 11	14 16	14 21	14 26		14 31	14 31	14 35	14 36	14 41	14 46	14 46	14 51	14 56		14 57				15 01	15 06	15 11	15 16	15 21
Cardiff Queen Street 3	a		14 15	14 20	14 25	14 30		14 35	14 35	14 39		14 45	14 50	14 50	14 55	15 00						15 05		15 15	15 20	15 25
	d		14 15	14 20	14 25	14 30		14 35	14 35	14 39		14 45	14 50	14 50	14 55	15 00						15 05		15 15	15 20	15 25
Heath Low Level	d				14 30										15 00											15 30
Ty Glas	d				14 33										15 03											15 33
Birchgrove	d				14 34										15 04											15 34
Rhiwbina	d				14 36										15 06											15 36
Whitchurch (Cardiff)	d				14 38										15 08											15 38
Coryton	a				14 43										15 13											15 43
Heath High Level	d			14 25				14 40	14 40				14 55	14 55								15 10			15 25	
Llanishen	d			14 28				14 43	14 43				14 58	14 58								15 13			15 28	
Lisvane & Thornhill	d			14 30				14 45	14 46				15 00	15 01								15 16			15 30	
Caerphilly	d			14 37				14 51	14 53				15 06	15 07								15 22			15 37	
Aber	d			14 39				14 53	14 55				15 08	15 09								15 24			15 39	
Energlyn & Churchill Park	d			14 41																		15 27			15 41	
Llanbradach	d			14 45				14 57	15 00				15 12	15 14								15 31			15 45	
Ystrad Mynach	d			14 50				15 02	15 06				15 17	15a21								15 37			15 50	
Hengoed	d			14 53				15 05	15 09				15 20									15 40			15 53	
Pengam	d			14 56				15 08	15 13				15 23									15 44			15 56	
Gilfach Fargoed	d																					15 47				
Bargoed	a			15 02				15 15	15 20				15 30									15 53			16 02	
	d			15 02																					16 02	
Brithdir	d			15 05																					16 05	
Tir-phil	d			15 08																					16 08	
Pontlottyn	d			15 13																					16 13	
Rhymney 3	a			15 18																					16 18	
Cathays	d		14 18			14 33				14 42		14 48				15 03							15 18		
Llandaf	d		14 22			14 37				14 46		14 52				15 07							15 22		
Ninian Park	d	14 10									14 40											15 10			
Waun-gron Park	d	14 13									14 43											15 13			
Fairwater	d	14 15									14 45											15 15			
Danescourt	d	14 17									14 47								↽	↽		15 17			
Radyr 3	a	14 24	14 26			14 41				14 50	14 54	14 56				15 11		15 10	15 11	15 10		15 24	15 26		
	d		14 26			14 41				14 50		14 56				15 11		15 20	15 11	15 20			15 26		
Taffs Well	d		14 30			14 45				14 54		15 00				⇀		⇀	15 15	15 24			15 30		
Trefforest Estate	d					14 49													15 19						
Trefforest	d		14 37			14 53				15 01		15 07							15 23	15 31			15 37		
Pontypridd 3	a		14 41			14 58				15 05		15 11							15 28	15 34			15 41		
	d		14 42			14 58				15 05		15 12							15 28	15 35			15 42		
Abercynon	d		14 49			15 05						15 19							15 35				15 49		
Penrhiwceiber	d		14 55									15 25											15 55		
Mountain Ash	a		15 00									15 30											16 00		
	d		15 03									15 33											16 03		
Fernhill	d		15 06									15 36											16 06		
Cwmbach	d		15 10									15 40											16 10		
Aberdare	a		15 16									15 46											16 16		
Quakers Yard	d					15 09													15 39						
Merthyr Vale	a					15 14													15 44						
	d					15 17													15 47						
Troed Y Rhiw	d					15 21													15 51						
Pentre-bach	d					15 24													15 54						
Merthyr Tydfil	a					15 31													16 01						
Trehafod	d									15 10										15 40					
Porth	a									15 13										15 43					
	d									15 14										15 44					
Dinas Rhondda	d									15 18										15 48					
Tonypandy	d									15 20										15 50					
Llwynypia	d									15 22										15 52					
Ystrad Rhondda	a									15 25										15 55					
	d									15 29										15 59					
Ton Pentre	d									15 31										16 01					
Treorchy	d									15 34										16 04					
Ynyswen	d									15 37										16 07					
Treherbert	a									15 42										16 12					

A until 12 September **B** from 19 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

23 May to 12 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW
Bridgend	d						14 42															15 42			
Llantwit Major	d						14 56															15 56			
Rhoose Cardiff Int Airport ✈	d						15 06															16 06			
Barry Island	d	14 56								15 26					15 41			15 56							
Barry 3	d	15 00					15 15			15 30					15 45			16 00				16 15			
Barry Docks	d	15 03					15 18			15 33					15 48			16 03				16 18			
Cadoxton	d	15 06					15 21			15 36					15 51			16 06				16 21			
Dinas Powys	d	15 10					15 25			15 40					15 55			16 10				16 25			
Eastbrook	d	15 13					15 28			15 43					15 58			16 13				16 28			
Cogan	d	15 15					15 30			15 45					16 00			16 15				16 30			
Penarth	d			15 18				15 33			15 48					16 03			16 18					16 33	
Dingle Road	d			15 20				15 35			15 50					16 05			16 20					16 35	
Grangetown	d	15 19		15 24			15 34	15 39		15 49	15 54				16 04	16 09		16 19	16 24			16 34		16 39	
Cardiff Central 7	a	15 25		15 30			15 40	15 45		15 55	16 00				16 10	16 15		16 25	16 30			16 40		16 45	
	d	15 26		15 31	15 35	15 36	15 41	15 46	15 51	15 56	16 01	16 05		16 06	16 11	16 16	16 21	16 26	16 31	16 35	16 36	16 41		16 46	16 51
Cardiff Queen Street 3	a	15 30		15 35	15 39		15 45	15 50	15 55	16 00	16 05	16 09			16 15	16 20	16 25	16 30	16 35	16 39		16 45		16 50	16 55
	d	15 30		15 35	15 39		15 45	15 50	15 55	16 00	16 05	16 09			16 15	16 20	16 25	16 30	16 35	16 39		16 45		16 50	16 55
Heath Low Level	d								16 00								16 30								17 00
Ty Glas	d								16 03								16 33								17 03
Birchgrove	d								16 04								16 34								17 04
Rhiwbina	d								16 06								16 36								17 06
Whitchurch (Cardiff)	d								16 08								16 38								17 08
Coryton	a								16 13								16 43								17 13
Heath High Level	d			15 40				15 55			16 10					16 25			16 40					16 55	
Llanishen	d			15 43				15 58			16 13					16 28			16 43					16 58	
Lisvane & Thornhill	d			15 45				16 00			16 16					16 30			16 45					17 00	
Caerphilly	d			15 51				16 06			16 22					16 37			16 51					17 06	
Aber	d			15 53				16 08			16 24					16 39			16 53					17 08	
Energlyn & Churchill Park	d										16 27					16 41									
Llanbradach	d			15 57				16 12			16 31					16 45			16 57					17 12	
Ystrad Mynach	d			16 02				16 17			16 37					16 50			17 02					17 17	
Hengoed	d			16 05				16 20			16 40					16 53			17 05					17 20	
Pengam	d			16 08				16 23			16 44					16 56			17 08					17 23	
Gilfach Fargoed	d										16 47														
Bargoed	a			16 15				16 30			16 52					17 02			17 15					17 30	
	d															17 02									
Brithdir	d															17 05									
Tir-phil	d															17 08									
Pontlottyn	d															17 13									
Rhymney 3	a															17 20									
Cathays	d	15 33			15 42		15 48			16 03		16 12			16 18			16 33		16 42		16 48			
Llandaf	d	15 37			15 46		15 52			16 07		16 16			16 22			16 37		16 46		16 52			
Ninian Park	d					15 40								16 11							16 40				
Waun-gron Park	d					15 43								16 14							16 43				
Fairwater	d					15 45								16 16							16 45				
Danescourt	d					15 47								16 18							16 47				
Radyr 3	a	15 41			15 50	15 54	15 56			16 11		16 20		16 24	16 26			16 41		16 50	16 56	16 56			
	d	15 41			15 50		15 56			16 11		16 20			16 26			16 41		16 50		16 56			
Taffs Well	d	15 45			15 54		16 00			16 15		16 24			16 30			16 45		16 54		17 00			
Trefforest Estate	d	15 49								16 19								16 49							
Trefforest	d	15 53			16 01		16 07			16 23		16 31			16 37			16 53		17 01		17 07			
Pontypridd 3	a	15 58			16 05		16 11			16 28		16 35			16 41			16 58		17 05		17 11			
	d	15 58			16 05		16 12			16 28		16 35			16 42			16 58		17 05		17 12			
Abercynon	d	16 05					16 19			16 35					16 49			17 05				17 19			
Penrhiwceiber	d						16 25								16 55							17 25			
Mountain Ash	a						16 30								17 00							17 30			
	d						16 33								17 03							17 33			
Fernhill	d						16 36								17 06							17 36			
Cwmbach	d						16 40								17 10							17 40			
Aberdare	a						16 46								17 16							17 46			
Quakers Yard	d	16 09								16 39								17 09							
Merthyr Vale	a	16 14								16 44								17 14							
	d	16 17								16 47								17 17							
Troed Y Rhiw	d	16 21								16 51								17 21							
Pentre-bach	d	16 24								16 54								17 24							
Merthyr Tydfil	a	16 31								17 01								17 31							
Trehafod	d				16 10							16 40								17 10					
Porth	a				16 13							16 43								17 13					
	d				16 14							16 44								17 14					
Dinas Rhondda	d				16 18							16 48								17 18					
Tonypandy	d				16 20							16 50								17 20					
Llwynypia	d				16 22							16 52								17 22					
Ystrad Rhondda	a				16 25							16 55								17 25					
	d				16 29							16 59								17 29					
Ton Pentre	d				16 31							17 01								17 31					
Treorchy	d				16 34							17 04								17 34					
Ynyswen	d				16 37							17 07								17 37					
Treherbert	a				16 42							17 12								17 42					

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

23 May to 12 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW
Bridgend	d													16 42											
Llantwit Major	d													16 56											
Rhoose Cardiff Int Airport ✈	d													17 06											
Barry Island	d	16 26				16 41				16 56							17 26					17 41			17 56
Barry 3	d	16 30				16 45				17 00				17 15			17 30					17 45			18 00
Barry Docks	d	16 33				16 48				17 03				17 18			17 33					17 48			18 03
Cadoxton	d	16 36				16 51				17 06				17 21			17 36					17 51			18 06
Dinas Powys	d	16 40				16 55				17 10				17 25			17 40					17 55			18 10
Eastbrook	d	16 43				16 58				17 13				17 28			17 43					17 58			18 13
Cogan	d	16 45				17 00				17 15				17 30			17 45					18 00			18 15
Penarth	d						17 03				17 18				17 33			17 48					18 03		
Dingle Road	d						17 05				17 20				17 35			17 50					18 05		
Grangetown	d	16 49				17 04	17 09			17 19	17 24			17 34	17 39		17 49	17 54				18 04	18 09		18 19
Cardiff Central 7	a	16 55				17 10	17 15			17 25	17 30			17 40	17 45		17 55	18 00				18 10	18 15		18 25
	d	16 56	17 01	17 05	17 06	17 11	17 16	17 21		17 26	17 31	17 35	17 36	17 41	17 46	17 51	17 56	18 01		18 05	18 06	18 11	18 16	18 21	18 26
Cardiff Queen Street 3	a	17 00	17 05	17 09		17 15	17 20	17 25		17 30	17 35	17 39		17 45	17 50	17 55	18 00	18 05		18 09		18 15	18 20	18 25	18 30
	d	17 00	17 05	17 09		17 15	17 20	17 25		17 30	17 35	17 39		17 45	17 50	17 55	18 00	18 05		18 09		18 15	18 20	18 25	18 30
Heath Low Level	d							17 30								18 00								18 30	
Ty Glas	d							17 33								18 03								18 33	
Birchgrove	d							17 34								18 04								18 34	
Rhiwbina	d							17 36								18 06								18 36	
Whitchurch (Cardiff)	d							17 38								18 08								18 38	
Coryton	a							17 43								18 13								18 43	
Heath High Level	d		17 10				17 25				17 40				17 55			18 10					18 25		
Llanishen	d		17 13				17 28				17 43				17 59			18 13					18 28		
Lisvane & Thornhill	d		17 15				17 31				17 45				18 02			18 15					18 30		
Caerphilly	d		17 22				17 37				17 52				18 08			18 21					18 36		
Aber	d		17 24				17 39				17 54				18 11			18 23					18 38		
Energlyn & Churchill Park	d		17 26				17 41				17 56				18 14								18 41		
Llanbradach	d		17 30				17 45				18 00				18 18			18 27					18 44		
Ystrad Mynach	d		17 35				17 50				18 05				18 23			18 32					18a52		
Hengoed	d		17 38				17 53				18 08				18 26			18 35							
Pengam	d		17 41				17 56				18 11				18 30			18 38							
Gilfach Fargoed	d		17 44								18 14				18 34			18 41							
Bargoed	a		17 49				18 03				18 18				18 38			18 47							
	d		17 49								18 18				18 38										
Brithdir	d		17 53								18 22				18 41										
Tir-phil	d		17 56								18 25				18 44										
Pontlottyn	d		18 00								18 29				18 49										
Rhymney 3	a		18 06								18 35				18 56										
Cathays	d	17 03		17 12		17 18				17 33		17 42		17 48			18 03			18 12		18 18			18 33
Llandaf	d	17 07		17 16		17 22				17 37		17 46		17 52			18 07			18 16		18 22			18 37
Ninian Park	d				17 10								17 40								18 11				
Waun-gron Park	d				17 13								17 43								18 14				
Fairwater	d				17 15								17 45								18 16				
Danescourt	d				17 17								17 47								18 18				
Radyr 3	a	17 11		17 20	17 24	17 26				17 41		17 50	17 54	17 56			18 11			18 20	18 24	18 26			18 41
	d	17 11		17 20		17 26				17 41		17 50		17 56			18 11			18 20		18 26			18 41
Taffs Well	d	17 15		17 24		17 30				17 45		17 54		18 00			18 15			18 24		18 30			18 45
Trefforest Estate	d	17 19								17 49							18 19								18 49
Trefforest	d	17 23		17 31		17 37				17 53		18 01		18 07			18 23			18 31		18 37			18 53
Pontypridd 3	a	17 28		17 35		17 41				17 58		18 05		18 11			18 28			18 35		18 41			18 58
	d	17 28		17 35		17 42				17 58		18 05		18 12			18 28			18 35		18 42			18 58
Abercynon	d	17 35				17 49				18 05				18 19			18 35					18 49			19 05
Penrhiwceiber	d					17 55								18 25								18 55			
Mountain Ash	a					18 00								18 30								19 00			
	d					18 03								18 33								19 03			
Fernhill	d					18 06								18 36								19 06			
Cwmbach	d					18 10								18 40								19 10			
Aberdare	a					18 16								18 46								19 16			
Quakers Yard	d	17 39								18 09							18 39								19 09
Merthyr Vale	a	17 44								18 14							18 44								19 14
	d	17 47								18 17							18 47								19 17
Troed Y Rhiw	d	17 51								18 21							18 51								19 21
Pentre-bach	d	17 54								18 24							18 54								19 24
Merthyr Tydfil	a	18 01								18 31							19 01								19 31
Trehafod	d			17 40								18 10								18 40					
Porth	a			17 43								18 13								18 43					
	d			17 44								18 14								18 44					
Dinas Rhondda	d			17 48								18 18								18 48					
Tonypandy	d			17 50								18 20								18 50					
Llwynypia	d			17 52								18 22								18 52					
Ystrad Rhondda	a			17 55								18 25								18 55					
	d			17 59								18 29								18 59					
Ton Pentre	d			18 01								18 31								19 01					
Treorchy	d			18 04								18 34								19 04					
Ynyswen	d			18 07								18 37								19 07					
Treherbert	a			18 12								18 42								19 12					

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

23 May to 12 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW A	AW B	AW A	AW	AW
Bridgend	d					17 42											18 42							
Llantwit Major	d					17 56											18 56							
Rhoose Cardiff Int Airport ✈	d					18 06											19 06							
Barry Island	d								18 26			18 41	18 56						19 26				19 56	
Barry 3	d					18 15			18 31			18 45	19 00				19 15		19 30				20 00	
Barry Docks	d					18 18			18 34			18 48	19 03				19 18		19 33				20 03	
Cadoxton	d					18 21			18 37			18 51	19 06				19 21		19 36				20 06	
Dinas Powys	d					18 25			18 41			18 55	19 10				19 25		19 40				20 10	
Eastbrook	d					18 28			18 43			18 58	19 13				19 28		19 43				20 13	
Cogan	d					18 30			18 46			19 00	19 15				19 30		19 45				20 15	
Penarth	d	18 18					18 34			18 48				19 18						19 48	19 48			20 18
Dingle Road	d	18 20					18 36			18 50				19 20						19 50	19 50			20 20
Grangetown	d	18 24				18 34	18 40		18 50	18 54		19 04	19 19	19 24			19 34		19 49	19 54	19 54		20 19	20 24
Cardiff Central 7	a	18 30				18 40	18 47		18 57	19 00		19 10	19 25	19 30			19 40		19 55	19 59	20 00		20 25	20 30
	d	18 31	18 35	18 36		18 42		18 51		19 01	19 05	19 11	19 26	19 31		19 36	19 43	19 51	20 02		20 06	20 06	20 26	20 31
Cardiff Queen Street 3	a	18 35	18 39			18 46		18 55		19 05	19 09	19 15	19 30	19 35			19 47	19 54	20 06		20 10	20 10	20 30	20 35
	d	18 35	18 39			18 46		18 55		19 05	19 09	19 15	19 30	19 36			19 47	19 55	20 06		20 10	20 10	20 30	20 35
Heath Low Level	d							19 00										20 00						
Ty Glas	d							19 03										20 03						
Birchgrove	d							19 04										20 04						
Rhiwbina	d							19 06										20 06						
Whitchurch (Cardiff)	d							19 08										20 08						
Coryton	a							19 13										20 13						
Heath High Level	d	18 40								19 10				19 40					20 11					20 40
Llanishen	d	18 43								19 13				19 43					20 14					20 43
Lisvane & Thornhill	d	18 45								19 15				19 46					20 16					20 45
Caerphilly	d	18 52								19a23				19 52					20a24					20 51
Aber	d	18 54												19 54										20 53
Energlyn & Churchill Park	d	18 56												19 57										20 55
Llanbradach	d	19 00												20 00										20 59
Ystrad Mynach	d	19 05												20 06										21 04
Hengoed	d	19 08												20 08										21 07
Pengam	d	19 11												20 12										21 10
Gilfach Fargoed	d	19 14												20 15										21 13
Bargoed	a	19 19												20 19										21 18
	d	19 19												20 19										21 18
Brithdir	d	19 23												20 23										21 22
Tir-phil	d	19 26												20 26										21 25
Pontlottyn	d	19 30												20 30										21 29
Rhymney 3	a	19 36												20 35										21 35
Cathays	d		18 42			18 49					19 12	19 18	19 33				19 50				20 13	20 13	20 33	
Llandaf	d		18 46			18 53					19 16	19 22	19 37				19 54				20 17	20 17	20 37	
Ninian Park	d			18 40												19 40								
Waun-gron Park	d			18 43												19 43								
Fairwater	d			18 45												19 45								
Danescourt	d			18 47												19 47								
Radyr 3	a		18 50	18 54		18 57					19 20	19 26	19 41			19 54	19 58				20 20	20 20	20 41	
	d		18 50			18 57					19 20	19 26	19 41				19 58				20 20	20 20	20 41	
Taffs Well	d		18 54			19 01					19 24	19 30	19 45				20 02				20 24	20 24	20 45	
Trefforest Estate	d												19 49										20 49	
Trefforest	d		19 01			19 08					19 31	19 37	19 53				20 09				20 31	20 31	20 53	
Pontypridd 3	a		19 05			19 12					19 35	19 41	19 58				20 13				20 35	20 35	20 58	
	d		19 05			19 13					19 35	19 42	19 58				20 13				20 35	20 35	20 58	
Abercynon	d					19 20						19 50	20 05				20 21						21 05	
Penrhiwceiber	d					19 25						19 56					20 27							
Mountain Ash	a					19 30						20 02					20 32							
	d					19 30						20 03					20 33							
Fernhill	d					19 33						20 06					20 36							
Cwmbach	d					19 45						20 10					20 40							
Aberdare	a					19 50						20 16					20 46							
Quakers Yard	d												20 09										21 09	
Merthyr Vale	a												20 14										21 14	
	d												20 15										21 15	
Troed Y Rhiw	d												20 19										21 19	
Pentre-bach	d												20 22										21 22	
Merthyr Tydfil	a												20 30										21 30	
Trehafod	d		19 10								19 40										20 40	20 40		
Porth	a		19 13								19 43										20 43	20 43		
	d		19 14								19 44										20 44	20 44		
Dinas Rhondda	d		19 18								19 48										20 48	20 48		
Tonypandy	d		19 20								19 50										20 50	20 50		
Llwynypia	d		19 22								19 52										20 52	20 52		
Ystrad Rhondda	a		19 25								19 55										20 55	20 55		
	d		19 29								19 59										20 59	20 59		
Ton Pentre	d		19 31								20 01										21 01	21 01		
Treorchy	d		19 34								20 04										21 04	21 04		
Ynyswen	d		19 37								20 07										21 07	21 07		
Treherbert	a		19 42								20 12										21 12	21 12		

A from 8 August **B** until 1 August

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

23 May to 12 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW
Bridgend	d		19 42									20 42						21 42							22 42
Llantwit Major	d		19 56									20 56						21 56							22 56
Rhoose Cardiff Int Airport ✈	d		20 06									21 06						22 06							23 06
Barry Island	d						20 56									21 56							22 45		
Barry 3	d		20 15				21 00					21 15				22 00		22 15					22 49		23 15
Barry Docks	d		20 18				21 03					21 18				22 03		22 18					22 52		23 18
Cadoxton	d		20 21				21 06					21 21				22 06		22 21					22 55		23 21
Dinas Powys	d		20 25				21 10					21 25				22 10		22 25					22 59		23 25
Eastbrook	d		20 28				21 13					21 28				22 13		22 28					23 02		23 28
Cogan	d		20 30				21 15					21 30				22 15		22 30					23 04		23 32
Penarth	d				20 48					21 24			21 48				22 20					22 51		23 26	
Dingle Road	d				20 50					21 26			21 50				22 22					22 53		23 28	
Grangetown	d		20 34		20 54		21 19			21 30		21 34	21 54			22 19	22 26	22 34				22 57	23 08	23 32	23 36
Cardiff Central 7	a		20 40		21 00		21 26			21 38		21 40	22 00			22 25	22 35	22 40				23 03	23 14	23 38	23 42
	d	20 36	20 41	20 52	21 01	21 05	21 27	21 32	21 36			21 43	22 01	22 06	22 21	22 26	22 35	22 41	22 46	22 54		23 16	23 26		
Cardiff Queen Street 3	a		20 45	20 56	21 05	21 09	21 31	21 36				21 47	22 05	22 10	22 25	22 30	22 39	22 45	22 50			23 20	23 30		
	d		20 45	20 56	21 05	21 09	21 31	21 36				21 47	22 05	22 10	22 26	22 30	22 39	22 45	22 50			23 20	23 30		
Heath Low Level	d			21 01											22 31										
Ty Glas	d			21 03											22 33										
Birchgrove	d			21 05											22 35										
Rhiwbina	d			21 07											22 37										
Whitchurch (Cardiff)	d			21 08											22 38										
Coryton	a			21 13											22 43										
Heath High Level	d				21 11			21 41					22 10				22 44					23 25			
Llanishen	d				21 14			21 44					22 13				22 47					23 28			
Lisvane & Thornhill	d				21 16			21 46					22 15				22 49					23 30			
Caerphilly	d				21 22			21 53					22a23				22 56					23 36			
Aber	d				21 24			21 55									22 58					23 38			
Energlyn & Churchill Park	d				21 26			21 57									23 00					23 40			
Llanbradach	d				21 30			22 01									23 04					23 44			
Ystrad Mynach	d				21a38			22 06									23 09					23a52			
Hengoed	d							22 09									23 12								
Pengam	d							22 12									23 15								
Gilfach Fargoed	d							22 15									23 18								
Bargoed	a							22 20									23 23								
	d							22 20									23 23								
Brithdir	d							22 24									23 27								
Tir-phil	d							22 27									23 30								
Pontlottyn	d							22 31									23 34								
Rhymney 3	a							22 36									23 39								
Cathays	d		20 48			21 12	21 34					21 50		22 12		22 33		22 48	22 53				23 33		
Llandaf	d		20 52			21 16	21 38					21 54		22 17		22 37		22 52	22 57				23 37		
Ninian Park	d	20 40							21 40											22 58					
Waun-gron Park	d	20 43							21 43											23 01					
Fairwater	d	20 45							21 45											23 03					
Danescourt	d	20 47							21 47											23 05					
Radyr 3	a	20 54	20 56			21 20	21 42		21 54			21 57		22 20		22 41		22 55	23 00	23 12			23 41		
	d		20 56			21 20	21 42					21 58		22 20		22 41		22 55	23 00				23 41		
Taffs Well	d		21 00			21 24	21 46					22 02		22 24		22 45		22 59	23 04				23 45		
Trefforest Estate	d						21 50									22 49									
Trefforest	d		21 07			21 31	21 54					22 09		22 31		22 53		23 06	23 11				23 52		
Pontypridd 3	a		21 11			21 35	21 59					22 13		22 35		22 58		23 10	23 15				23 59		
	d		21 12			21 35	21 59					22 14		22 35		22 58		23 11	23 15						
Abercynon	d		21 19				22 06					22 21				23 05		23 18							
Penrhiwceiber	d		21 25									22 27						23 24							
Mountain Ash	a		21 29									22 30						23 28							
	d		21 29									22 31						23 28							
Fernhill	d		21 32									22 34						23 31							
Cwmbach	d		21 36									22 38						23 35							
Aberdare	a		21 43									22 44						23 43							
Quakers Yard	d						22 10									23 09									
Merthyr Vale	a						22 15									23 14									
	d						22 16									23 15									
Troed Y Rhiw	d						22 20									23 19									
Pentre-bach	d						22 23									23 22									
Merthyr Tydfil	a						22 31									23 30									
Trehafod	d					21 40								22 40					23 20						
Porth	a					21 43								22 43					23 23						
	d					21 44								22 44					23 24						
Dinas Rhondda	d					21 48								22 48					23 28						
Tonypandy	d					21 50								22 50					23 30						
Llwynypia	d					21 52								22 52					23 32						
Ystrad Rhondda	a					21 55								22 55					23 35						
	d					21 59								22 59					23 38						
Ton Pentre	d					22 01								23 01					23 40						
Treorchy	d					22 04								23 04					23 43						
Ynyswen	d					22 07								23 07					23 46						
Treherbert	a					22 12								23 12					23 52						

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Sundays

17 May to 6 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW
Bridgend	d															09 42									
Llantwit Major	d															09 56									
Rhoose Cardiff Int Airport ✈	d															10 06									
Barry Island	d							08 56		09 26				09 56			10 26					10 56			11 26
Barry ■	d							09 00		09 30				10 00		10 15	10 31					11 00			11 31
Barry Docks	d							09 03		09 33				10 03		10 18	10 34					11 03			11 34
Cadoxton	d							09 06		09 36				10 06		10 21	10 37					11 06			11 37
Dinas Powys	d							09 10		09 40				10 10		10 25	10 41					11 10			11 41
Eastbrook	d							09 13		09 43				10 13		10 28	10 43					11 13			11 43
Cogan	d							09 15		09 45				10 15		10 30	10 46					11 15			11 46
Penarth	d								09 33														11 32		
Dingle Road	d								09 35														11 34		
Grangetown	d							09 19	09 39	09 49				10 19		10 34	10 50					11 19	11 38		11 50
Cardiff Central 7	a							09 26	09 46	09 57				10 25		10 40	10 56					11 25	11 45		11 56
	d	08 26	08 41	08 54	09 00	09 05	09 35	09 41				10 00	10 05	10 26	10 35	10 41		11 00	11 05	11 35		11 41		12 00	12 05
Cardiff Queen Street ■	a	08 30	08 45	08 57	09 04	09 09	09 39	09 45				10 04	10 09	10 30	10 39	10 45		11 04	11 09	11 39		11 45		12 04	12 09
	d	08 31	08 46		09 04	09 09	09 39	09 46				10 04	10 09	10 30	10 39	10 46		11 04	11 09	11 39		11 46		12 04	12 09
Heath Low Level	d																								
Ty Glas	d																								
Birchgrove	d																								
Rhiwbina	d																								
Whitchurch (Cardiff)	d																								
Coryton	a																								
Heath High Level	d					09 14	09 44						10 14		10 44				11 14	11 44					12 14
Llanishen	d					09 17	09 47						10 17		10 47				11 17	11 47					12 17
Lisvane & Thornhill	d					09 19	09 49						10 19		10 49				11 19	11 49					12 19
Caerphilly	d					09 25	09a56						10 25		10a56				11 26	11a56					12 26
Aber	d					09 27							10 27						11 28						12 28
Energlyn & Churchill Park	d					09 29							10 29						11 30						12 30
Llanbradach	d					09 33							10 33						11 33						12 34
Ystrad Mynach	d					09 38							10 38						11 38						12 39
Hengoed	d					09 41							10 41						11 41						12 42
Pengam	d					09 44							10 44						11 44						12 45
Gilfach Fargoed	d					09 47							10 47						11 47						12 48
Bargoed	a					09 52							10 51						11 51						12 52
	d					09 52							10 51						11 51						12 52
Brithdir	d					09 56							10 55						11 55						12 56
Tir-phil	d					09 59							10 58						11 58						12 59
Pontlottyn	d					10 03							11 02						12 02						13 03
Rhymney ■	a					10 08							11 08						12 06						13 08
Cathays	d	08 33	08 48		09 07			09 48				10 07		10 33		10 48		11 07				11 48		12 07	
Llandaf	d	08 38	08 53		09 11			09 53				10 11		10 37		10 53		11 11				11 53		12 11	
Ninian Park	d																								
Waun-gron Park	d																								
Fairwater	d																								
Danescourt	d																								
Radyr ■	a	08 41	08 56		09 15			09 56				10 15		10 41		10 56		11 15				11 56		12 15	
	d	08 41	08 56		09 15			09 56				10 15		10 41		10 56		11 15				11 56		12 15	
Taffs Well	d	08 45	09 00		09 19			10 00				10 19		10 45		11 00		11 19				12 00		12 19	
Trefforest Estate	d																								
Trefforest	d	08 53	09 07		09 26			10 07				10 26		10 53		11 07		11 26				12 07		12 26	
Pontypridd ■	a	08 57	09 11		09 31			10 11				10 31		10 57		11 11		11 31				12 11		12 31	
	d	08 58	09 12		09 31			10 12				10 31		10 58		11 12		11 31				12 12		12 31	
Abercynon	d	09 05	09 19					10 19						11 05		11 19						12 19			
Penrhiwceiber	d		09 25					10 25								11 25						12 25			
Mountain Ash	a		09 29					10 29								11 29						12 29			
	d		09 30					10 30								11 30						12 30			
Fernhill	d		09 33					10 33								11 33						12 33			
Cwmbach	d		09 37					10 37								11 37						12 37			
Aberdare	a		09 43					10 43								11 43						12 43			
Quakers Yard	d	09 09												11 09											
Merthyr Vale	a	09 14												11 14											
	d	09 15												11 15											
Troed Y Rhiw	d	09 19												11 19											
Pentre-bach	d	09 22												11 22											
Merthyr Tydfil	a	09 30												11 30											
Trehafod	d				09 36							10 36						11 36						12 36	
Porth	a				09 39							10 39						11 39						12 39	
	d				09 40							10 40						11 40						12 40	
Dinas Rhondda	d				09 44							10 44						11 44						12 44	
Tonypandy	d				09 46							10 46						11 46						12 46	
Llwynypia	d				09 48							10 48						11 48						12 48	
Ystrad Rhondda	a				09 51							10 51						11 51						12 51	
	d				09 54							10 54						11 54						12 54	
Ton Pentre	d				09 56							10 56						11 56						12 56	
Treorchy	d				09 59							10 59						11 59						12 59	
Ynyswen	d				10 02							11 02						12 02						13 02	
Treherbert	a				10 07							11 07						12 07						13 07	

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Sundays

17 May to 6 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d			11 42												13 42									
Llantwit Major	d			11 56												13 56									
Rhoose Cardiff Int Airport ✈	d			12 06												14 06									
Barry Island	d	11 56			12 26					12 56			13 26	13 56				14 26			14 56				
Barry 3	d	12 00		12 15	12 31					13 00			13 30	14 00		14 15		14 31			15 00				
Barry Docks	d	12 03		12 18	12 34					13 03			13 33	14 03		14 18		14 34			15 03				
Cadoxton	d	12 06		12 21	12 37					13 06			13 36	14 06		14 21		14 37			15 06				
Dinas Powys	d	12 10		12 25	12 41					13 10			13 40	14 10		14 25		14 41			15 10				
Eastbrook	d	12 13		12 28	12 43					13 13			13 43	14 13		14 28		14 43			15 13				
Cogan	d	12 15		12 30	12 46					13 15			13 45	14 15		14 30		14 46			15 15				
Penarth	d										13 33													15 32	
Dingle Road	d										13 35													15 34	
Grangetown	d	12 19		12 34	12 50					13 19	13 39		13 49	14 19		14 34		14 50			15 19			15 38	
Cardiff Central 7	a	12 25		12 41	12 56					13 25	13 45		13 55	14 25		14 41		14 57			15 25			15 45	
	d	12 26	12 35			13 00		13 05	13 35	13 41		14 00	14 05	14 26	14 35				15 00	15 05	15 26	15 35	15 41		16 00
Cardiff Queen Street 3	a	12 30	12 39			13 04		13 09	13 39	13 45		14 04	14 09	14 30	14 39				15 04	15 09	15 30	15 39	15 45		16 04
	d	12 30	12 39			13 04		13 09	13 39	13 46		14 04	14 09	14 30	14 39				15 04	15 09	15 30	15 39	15 46		16 04
Heath Low Level	d																								
Ty Glas	d																								
Birchgrove	d																								
Rhiwbina	d																								
Whitchurch (Cardiff)	d																								
Coryton	a																								
Heath High Level	d		12 44					13 14	13 44				14 14		14 44					15 14		15 44			
Llanishen	d		12 47					13 17	13 47				14 17		14 47					15 17		15 47			
Lisvane & Thornhill	d		12 49					13 19	13 49				14 19		14 49					15 19		15 49			
Caerphilly	d		12a56					13 26	13a56				14 26		14a56					15 26		15a56			
Aber	d							13 28					14 28							15 28					
Energlyn & Churchill Park	d							13 30					14 30							15 30					
Llanbradach	d							13 33					14 34							15 33					
Ystrad Mynach	d							13 38					14 39							15 38					
Hengoed	d							13 41					14 42							15 41					
Pengam	d							13 44					14 45							15 44					
Gilfach Fargoed	d							13 47					14 48							15 47					
Bargoed	a							13 51					14 52							15 51					
	d							13 51					14 52							15 51					
Brithdir	d							13 55					14 56							15 55					
Tir-phil	d							13 58					14 59							15 58					
Pontlottyn	d							14 02					15 03							16 02					
Rhymney 3	a							14 08					15 07							16 07					
Cathays	d	12 33				13 07				13 48		14 07		14 33					15 07		15 33		15 48		16 07
Llandaf	d	12 37				13 11				13 53		14 11		14 37					15 11		15 37		15 53		16 11
Ninian Park	d																								
Waun-gron Park	d																								
Fairwater	d																								
Danescourt	d																								
Radyr 3	a	12 41				13 15				13 56		14 15		14 41					15 15		15 41		15 56		16 15
	d	12 41				13 15				13 56		14 15		14 41					15 15		15 41		15 56		16 15
Taffs Well	d	12 45				13 19				14 00		14 19		14 45					15 19		15 45		16 00		16 19
Trefforest Estate	d																								
Trefforest	d	12 53				13 26				14 07		14 26		14 53					15 26		15 53		16 07		16 26
Pontypridd 3	a	12 57				13 31				14 11		14 31		14 57					15 31		15 58		16 11		16 31
	d	12 58				13 31				14 12		14 31		14 58					15 31		15 58		16 12		16 31
Abercynon	d	13 05								14 19				15 05							16 05		16 19		
Penrhiwceiber	d									14 25													16 25		
Mountain Ash	a									14 29													16 29		
	d									14 30													16 30		
Fernhill	d									14 33													16 33		
Cwmbach	d									14 37													16 37		
Aberdare	a									14 43				15 09							16 09		16 43		
Quakers Yard	d	13 09												15 14							16 14				
Merthyr Vale	a	13 14												15 15							16 15				
	d	13 15												15 19							16 19				
Troed Y Rhiw	d	13 19												15 22							16 22				
Pentre-bach	d	13 22												15 30							16 29				
Merthyr Tydfil	a	13 30																							
Trehafod	d					13 36						14 36							15 36						16 36
Porth	a					13 39						14 39							15 39						16 39
	d					13 40						14 40							15 40						16 40
Dinas Rhondda	d					13 44						14 44							15 44						16 44
Tonypandy	d					13 46						14 46							15 46						16 46
Llwynypia	d					13 48						14 48							15 48						16 48
Ystrad Rhondda	a					13 51						14 51							15 51						16 51
	d					13 54						14 54							15 54						16 54
Ton Pentre	d					13 56						14 56							15 56						16 56
Treorchy	d					13 59						14 59							15 59						16 59
Ynyswen	d					14 02						15 02							16 02						17 02
Treherbert	a					14 07						15 07							16 07						17 07

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Sundays

17 May to 6 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW		AW	AW A
Bridgend	d					15 42												17 42							18 42
Llantwit Major	d					15 56												17 56							18 56
Rhoose Cardiff Int Airport	d					16 06												18 06							19 06
Barry Island	d	15 26		15 56				16 26			16 56				17 26	17 56			18 26					18 56	
Barry 3	d	15 31		16 00		16 15		16 31			17 00				17 31	18 00		18 15	18 31					19 00	19 15
Barry Docks	d	15 34		16 03		16 18		16 34			17 03				17 34	18 03		18 18	18 34					19 03	19 18
Cadoxton	d	15 37		16 06		16 21		16 37			17 06				17 37	18 06		18 21	18 37					19 06	19 21
Dinas Powys	d	15 41		16 10		16 25		16 41			17 10				17 41	18 10		18 25	18 41					19 10	19 25
Eastbrook	d	15 43		16 13		16 28		16 43			17 13				17 43	18 13		18 28	18 43					19 13	19 28
Cogan	d	15 46		16 15		16 30		16 46			17 15				17 46	18 15		18 30	18 46					19 15	19 30
Penarth	d						16 32					17 32													
Dingle Road	d						16 34					17 34													
Grangetown	d	15 50		16 19		16 34	16 38	16 50			17 19	17 38			17 50	18 19		18 34	18 50					19 19	19 34
Cardiff Central 7	a	15 56		16 25		16 40	16 44	16 56			17 25	17 44			17 56	18 25		18 40	18 56					19 25	19 41
	d	16 05		16 28	16 35	16 41	17 00		17 05	17 35	17 41			18 00	18 05	18 26	18 35	18 41		19 00	19 05	19 35		19 41	
Cardiff Queen Street 3	a	16 09		16 32	16 39	16 45	17 04		17 09	17 39	17 45			18 04	18 09	18 30	18 39	18 45		19 04	19 09	19 39		19 45	
	d	16 09		16 32	16 39	16 46	17 04		17 09	17 39	17 46			18 04	18 09	18 30	18 39	18 46		19 04	19 09	19 39		19 46	
Heath Low Level	d																								
Ty Glas	d																								
Birchgrove	d																								
Rhiwbina	d																								
Whitchurch (Cardiff)	d																								
Coryton	a																								
Heath High Level	d	16 14			16 44				17 14	17 44					18 14		18 44				19 14	19 44			
Llanishen	d	16 17			16 47				17 17	17 47					18 17		18 47				19 17	19 47			
Lisvane & Thornhill	d	16 19			16 49				17 19	17 49					18 19		18 49				19 19	19 49			
Caerphilly	d	16 26			16a56				17 26	17a56					18 26		18a56				19 25	19a56			
Aber	d	16 28							17 28						18 28						19 27				
Energlyn & Churchill Park	d	16 30							17 30						18 30						19 29				
Llanbradach	d	16 34							17 33						18 34						19 33				
Ystrad Mynach	d	16 39							17 38						18 39						19 38				
Hengoed	d	16 42							17 41						18 42						19 41				
Pengam	d	16 45							17 44						18 45						19 44				
Gilfach Fargoed	d	16 48							17 47						18 48						19 47				
Bargoed	a	16 52							17 51						18 52						19 51				
	d	16 52							17 51						18 52						19 51				
Brithdir	d	16 56							17 55						18 56						19 55				
Tir-phil	d	16 59							17 58						18 59						19 58				
Pontlottyn	d	17 03							18 02						19 03						20 02				
Rhymney 3	a	17 08							18 07						19 08						20 08				
Cathays	d			16 35		16 48	17 07				17 48			18 07		18 33		18 48		19 07				19 48	
Llandaf	d			16 39		16 53	17 11				17 53			18 11		18 37		18 53		19 11				19 53	
Ninian Park	d																								
Waun-gron Park	d																								
Fairwater	d																								
Danescourt	d																								
Radyr 3	a			16 43		16 56	17 15				17 56			18 15		18 41		18 56		19 15				19 56	
	d			16 43		16 56	17 15				17 56			18 15		18 41		18 56		19 15				19 56	
Taffs Well	d			16 47		17 00	17 19				18 00			18 19		18 45		19 00		19 19				20 00	
Trefforest Estate	d																								
Trefforest	d			16 55		17 07	17 26				18 07			18 26		18 53		19 07		19 26				20 07	
Pontypridd 3	a			16 59		17 11	17 31				18 11			18 31		18 57		19 11		19 31				20 11	
	d			17 00		17 12	17 31				18 12			18 31		18 58		19 12		19 31				20 12	
Abercynon	d			17 07		17 19					18 19					19 05		19 19						20 19	
Penrhiwceiber	d					17 25					18 25							19 25						20 25	
Mountain Ash	a					17 29					18 29							19 29						20 29	
	d					17 30					18 30							19 30						20 30	
Fernhill	d					17 33					18 33							19 33						20 33	
Cwmbach	d					17 37					18 37							19 37						20 37	
Aberdare	a					17 43					18 43							19 43						20 43	
Quakers Yard	d			17 11												19 09									
Merthyr Vale	a			17 16												19 14									
	d			17 17												19 15									
Troed Y Rhiw	d			17 21												19 19									
Pentre-bach	d			17 24												19 22									
Merthyr Tydfil	a			17 31												19 30									
Trehafod	d						17 36							18 36						19 36					
Porth	a						17 39							18 39						19 39					
	d						17 40							18 40						19 40					
Dinas Rhondda	d						17 44							18 44						19 44					
Tonypandy	d						17 46							18 46						19 46					
Llwynypia	d						17 48							18 48						19 48					
Ystrad Rhondda	a						17 51							18 51						19 51					
	d						17 54							18 54						19 54					
Ton Pentre	d						17 56							18 56						19 56					
Treorchy	d						17 59							18 59						19 59					
Ynyswen	d						18 02							19 02						20 02					
Treherbert	a						18 07							19 07						20 07					

A until 13 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Sundays

17 May to 6 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW A	AW B	AW	AW B	AW A	AW		AW	AW	AW	AW B	AW A	AW	AW	AW	AW		AW					
Bridgend	d										19 42							21 42							
Llantwit Major	d										19 56							21 56							
Rhoose Cardiff Int Airport ✈	d										20 06							22 06							
Barry Island	d		19 26	19 26				19 56				20 27			20 56	21 27	21 56			22 56					
Barry ■3	d		19 30	19 31				20 00			20 15	20 31			21 01	21 31	22 01	22 15		23 00					
Barry Docks	d		19 33	19 34				20 03			20 18	20 34			21 04	21 34	22 04	22 18		23 03					
Cadoxton	d		19 36	19 37				20 06			20 21	20 37			21 07	21 37	22 07	22 21		23 06					
Dinas Powys	d		19 40	19 41				20 10			20 25	20 41			21 11	21 41	22 11	22 25		23 10					
Eastbrook	d		19 43	19 43				20 13			20 28	20 44			21 13	21 44	22 13	22 28		23 13					
Cogan	d		19 45	19 46				20 15			20 30	20 46			21 16	21 46	22 16	22 30		23 15					
Penarth	d	19 32											20 52	20 52											
Dingle Road	d	19 34											20 54	20 54											
Grangetown	d	19 38	19 49	19 50		←		20 19			20 34	20 50	20 58	20 58	21 20	21 50	22 20	22 34		23 19					
Cardiff Central ■7	a	19 46	19 57	19 56		19 56		20 25			20 41	20 56	21 05	21 09	21 26	21 56	22 26	22 41		23 26					
	d			20 05	20 00	20 05	20 05	20 26		20 35		21 00	21 16	21 16		22 06									
Cardiff Queen Street ■3	a			→	20 04	20 09	20 09	20 30		20 39		21 04	21 20	21 20		22 10									
	d				20 04	20 09	20 09	20 30		20 39		21 04	21 20	21 20		22 10									
Heath Low Level	d																								
Ty Glas	d																								
Birchgrove	d																								
Rhiwbina	d																								
Whitchurch (Cardiff)	d																								
Coryton	a																								
Heath High Level	d					20 14	20 14			20 44			21 25	21 25											
Llanishen	d					20 17	20 17			20 47			21 28	21 28											
Lisvane & Thornhill	d					20 19	20 19			20 49			21 30	21 30											
Caerphilly	d					20 26	20 26			20a58			21 36	21 36											
Aber	d					20 28	20 28						21 38	21 38											
Energlyn & Churchill Park	d					20 30	20 30						21 40	21 40											
Llanbradach	d					20 34	20 34						21 44	21 44											
Ystrad Mynach	d					20 39	20 39						21 49	21 49											
Hengoed	d					20 42	20 42						21 52	21 52											
Pengam	d					20 45	20 45						21 55	21 55											
Gilfach Fargoed	d					20 48	20 48						21 58	21 58											
Bargoed	a					20 52	20 52						22 03	22 03											
	d					20 52	20 52						22 03	22 03											
Brithdir	d					20 56	20 56						22 07	22 07											
Tir-phil	d					20 59	20 59						22 10	22 10											
Pontlottyn	d					21 03	21 03						22 14	22 14											
Rhymney ■3	a					21 08	21 08						22 19	22 19											
Cathays	d				20 07			20 33				21 07				22 13									
Llandaf	d				20 11			20 37				21 11				22 17									
Ninian Park	d																								
Waun-gron Park	d																								
Fairwater	d																								
Danescourt	d																								
Radyr ■3	a				20 15			20 41				21 15				22 20									
	d				20 15			20 41				21 15				22 20									
Taffs Well	d				20 19			20 45				21 19				22 24									
Trefforest Estate	d																								
Trefforest	d				20 26			20 53				21 26				22 31									
Pontypridd ■3	a				20 31			20 58				21 31				22 36									
	d				20 31			20 58				21 31				22 36									
Abercynon	d							21 05																	
Penrhiwceiber	d																								
Mountain Ash	a																								
	d																								
Fernhill	d																								
Cwmbach	d																								
Aberdare	a																								
Quakers Yard	d							21 09																	
Merthyr Vale	a							21 14																	
	d							21 15																	
Troed Y Rhiw	d							21 19																	
Pentre-bach	d							21 22																	
Merthyr Tydfil	a							21 30																	
Trehafod	d				20 36							21 36				22 41									
Porth	a				20 39							21 39				22 44									
	d				20 40							21 40				22 45									
Dinas Rhondda	d				20 44							21 44				22 49									
Tonypandy	d				20 46							21 46				22 51									
Llwynypia	d				20 48							21 48				22 53									
Ystrad Rhondda	a				20 51							21 51				22 56									
	d				20 54							21 54				22 59									
Ton Pentre	d				20 56							21 56				23 01									
Treorchy	d				20 59							21 59				23 04									
Ynyswen	d				21 02							22 02				23 07									
Treherbert	a				21 07							22 07				23 13									

A until 13 September **B** from 20 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124